

# OH NĀMA, YOU ARE EVERYTHING!

*na nāma-sadr̥śam jñānam na nāma-sadr̥śam vratam  
na nāma sadr̥śam dhyānam na nāma sadr̥śam phalam  
na nāma sadr̥śas tyago na nāma sadr̥śaḥ śamaḥ  
na nāma sadr̥śam punyaṁ na nāma sadr̥śī gatiḥ  
nāmaiva paramā muktir nāmaiva paramā gatiḥ  
nāmaiva paramā śāntir nāmaiva paramā sthitiḥ  
nāmaiva paramā bhaktir nāmaiva paramā matiḥ  
nāmaiva paramā prītir nāmaiva paramā smṛtiḥ  
nāmaiva kāraṇaṁ jantor nāmaiva prabhur eva ca  
nāmaiva paramārādhyaṁ nāmaiva paramo guru*

There is no knowledge, *vrata*, meditation, fruit, renunciation, sense control, pious act, or goal as great as that of Nāma. Nāma is the supreme liberation. Nāma alone is the supreme destination. Nāma is the supreme peace. Nāma is the supreme auspicious situation. Nāma is supreme devotion. Nāma is supreme intelligence. Nāma is supreme love and Nāma is the supreme remembrance. Nāma is the soul's reason for existence. Nāma is the Lord of the soul. Nāma is the most worshipable object. Nāma is the supreme *guru*.

— *Agni Purāṇa*, quoted in BVT's *Śrī Caitanya-śikṣāmṛta*,  
*Sixth Rainfall, Third Shower*.