

Do I have a hearing problem?

No one has to purchase a tongue. We also have ears with which to hear the sound that the tongue vibrates. Therefore, we have all the instruments we need with us — a tongue and ears. We have only to chant Hare Kṛṣṇa and use our ears to hear this vibration, and all perfection will be there. We don't have to become highly educated scientists or philosophers. We have only to chant and hear. — The Path of Perfection



“You have to chant and hear. That is all.”

November 7, 1972. Rādhā-Dāmodara Temple, Vṛndāvana, India

Devotee: “Śrīla Prabhupāda, it's very difficult to control my mind when I chant. It wanders.”

Śrīla Prabhupāda: “So what is the controlling of mind? You have to chant and hear. That is all. You have to chant with your tongue, and the sound you hear. What is the question of mind?”

— Śrutakīrti Prabhu's *“What is the Difficulty?”*



In the beginning we were curious about how to chant. “What do you do when you chant, and what do you think?” Śrīla Prabhupāda said, “Two things. You don't do anything, and you don't think anything. You simply hear.”

— Malati Devī Dāśī in *“Memories”*, Vol. 1



Śrī Caitanya Mahāprabhu said, “According to the verdict of the *śāstras*, the process of hearing and chanting is the best means to attain loving service to Kṛṣṇa.

— CC Madhya 9.258



It is only by devotional service, beginning with hearing, that one can approach the Supreme Personality of Godhead. That is the only means to approach Him.

— CC Ādi 7.141



Simply hearing submissively will free one's heart from all the faults of ignorance, and thus one will achieve deep love for Kṛṣṇa. This is the path of peace.

— CC Ādi 1.107