Śrīmad Bhagavad-gītā

With the Sārārtha-Varśinī commentary

by Śrīla Viśvanātha Cakravartī Ţhākura

Chapter 8

Attaining the Supreme

Tarak Brahma Yoga

Section – I

Krsna's answers to Arjuna's

questions (1-4)

8.1-2

<u>arjuna uvāca</u> <u>Jouebriem</u> (kim tad brahma kim adhyātman) (kim karma purusottama (adhibhūtam ca kim proktam adhidaivam kim ucyate) b) Oktober (11. bjahrster adhiyajsah katham ko'tra dehe 'smin madhusūdana c) kosti is prayāņa-kāle ca katham jseyo 'si niyatātmabhih e) costi is josti i adhyātmam), what is karma (kim karma), what is adhibhūta (adhibhūtam ca kim proktam) and what is adhidaiva (adhidaivam kim ucyate), O Supreme Person (purușottama)? Who is the adhiyajșa (adhiyajșah kah), and how is he known in the body (katham atra asmin dehe)? How are You to be known at the point of death (prayāņa-kāle ca katham jseyo 'si) by those with concentrated minds (nivatātmabhih)?

In the eighth chapter, the Lord speaks about pure bhakti and yoga-miśra-bhakti, in reply to Arjuna's questions.

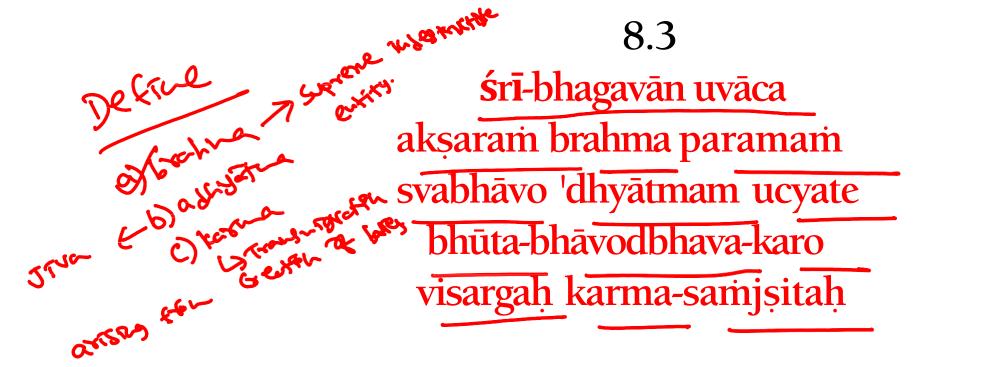
He also describes the two destinations of the yogīs.

At the end of the previous chapter, the Lord mentioned knowledge of seven items (Brahman, adhyātma, karma, adhibhūta, adhidaiva, adhiyajña, and Himself, Kṛṣṇa).

Wanting to know about these things, Arjuna asks questions about them in the first two verses of this chapter.

Who is the ruler of yajña in the body (atra dehe) and how should He be known in the body at the point of death?

The sentence is completed with the next line of verse 2.



The Supreme Personality of Godhead said: The Brahman is the supreme indestructible entity (akṣaram brahma paramam). Adhyātmā is the jva (svabhāvo adhyātmam ucyate). Karma refers to (karma-samjṣitaḥ) transmigration (visargaḥ) arising from the creation of bodies made of material elements (bhūta-bhāva udbhava- karo).

The Lord answers.

Brahman refers to the akṣara—that which does not get destroyed, that which is eternal and supreme.

The śruti says **etad vai tad akṣaram gārgi brāhmaṇā abhivadanti**: the knowers of Brahman call the Supreme Lord (tad) the indestructible (akṣaram). (Bṛhad Āraṇyaka Upaniṣad 3.8.8)

[Note: In verse 21 Viśvanatha says that the akṣara is Nārāyaṇa.]

Svabhāva means "that which produces one's self (svam bhāvayati), from imposition of a body."

In other words, it means the jīva, since it creates the body.

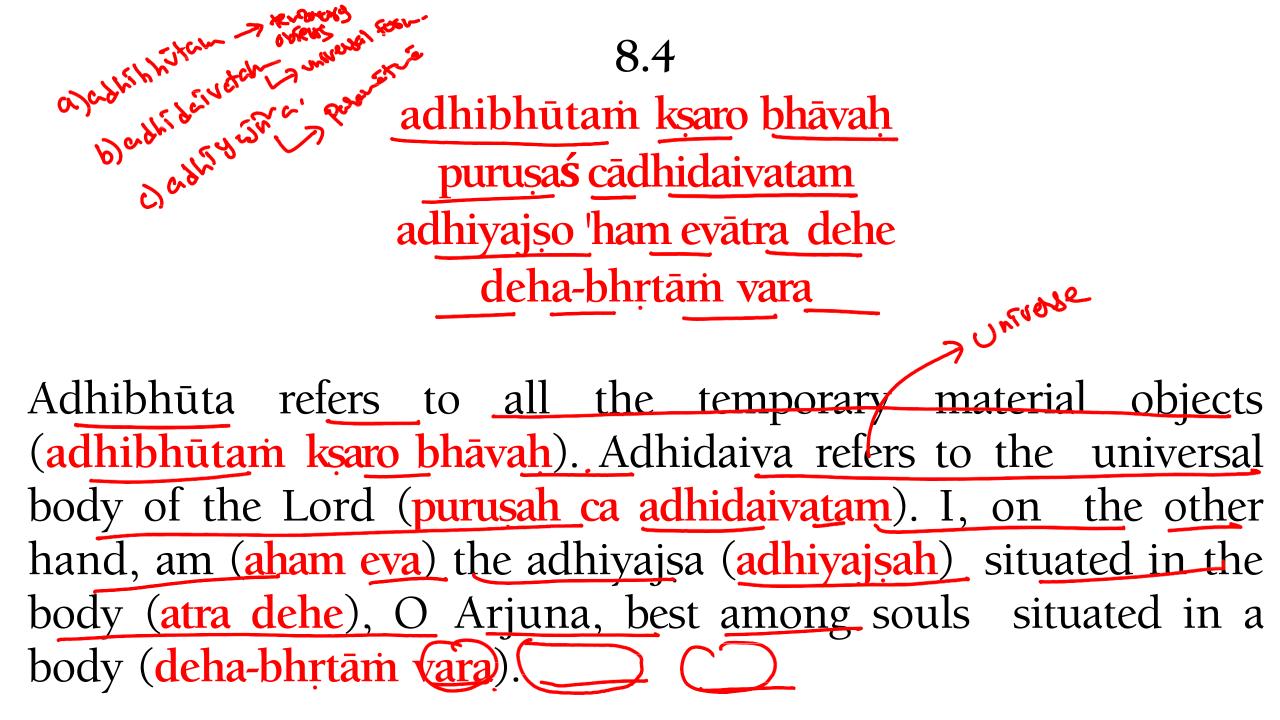
The jīva is called **adhyātma**.

Or the meaning of **svabhāva** can be "that which causes one to attain the Paramātmā (sva meaning the Lord in this case).

In this case adhyātma refers to the purified jīva, since only the pure jīva is qualified to attain Paramātmā.

The word karma refers to transmigration (visarga) of the jīva, the creation of bodies (bhāva) through the material elements (bhūta).

It is called karma because it is produced from actions.



The word **adhibhūta** refers to temporary objects (kṣaro bhāvaḥ) such as pots and cloth.

The word **adhidaiva** refers to the person representing the totality of the universe, understood from the derivation of the word adhidaiva as "He within whom all the devatās exist as His subjects".

In the body (atra), I, the Paramātmā, am the adhiyajña, the person who induces others to perform actions like yajña.

But why should the word **eva** (for emphasis) be used with aham, since the Paramātmā, antaryāmī, is only My expansion or amsa?

It is because this antaryāmī, though an amśa, is not different from Me, whereas the other items such as adhyātma (jīva) are different from Me.

O best person (vara), among those having bodies (dehabhṛtam), you are the best of all in this body, because you have a direct relationship with Me as friend.

Section – II

Remembering Krsna at the

time of death (5-8)

8.5

anta-kāle ca mām eva smaran muktvā kalevaram yah prayāti sa mad-bhāvam yāti nāsty atra samśayah

At the point of death (anta-kāle), he who (yaḥ) leaves the body (muktvā kalevaram prayāti) while knowing Me in truth (man eva smaran), attains a nature similar to Mine (sah mad-bhavan yāti). Of this (atra) there is no doubt (nāsty samśayaḥ). This verse answers the question "How are you to be known at the time of death?"

714

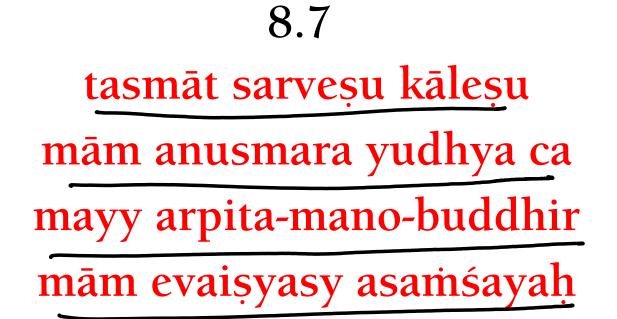
Smaran means remembering Me, knowing Me in truth, not like knowing pots or cloth. The method of knowing or remembering the Lord is now explained in fourteen verses.

8.6

yam yam vāpi smaran bhāvam tyajaty ante kalevaram tam tam evaiti kaunteya sadā tad-bhāva-bhāvitaḥ

Whatever one thinks of (yam yam vāpi smaran bhāvam) when leaving the body (tyajaty ante kalevaram), one attains a state similar (tam tam eva eti) to that object of constant thought (sadā tad-bhāva-bhāvitah), O son of Kuntī (kaunteya). This verse explains that just as, by remembering Me, one attains Me (stated in the previous verse), so by remembering something else, one attains that object.

Being influenced (bhāvitaḥ) by constant thoughts (bhāva) of that object, a person becomes similar to the object (bhāvitaḥ).



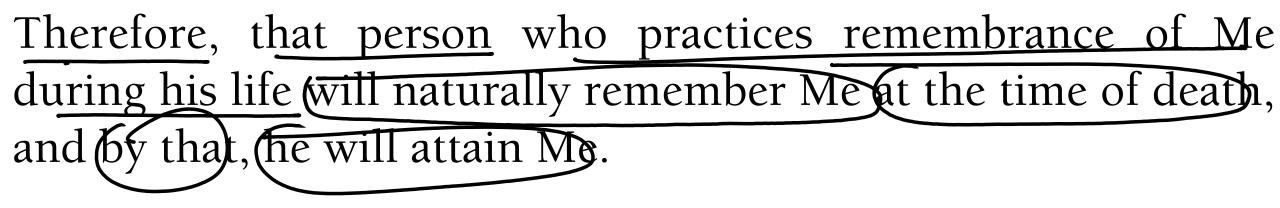
Therefore (tasmāt), at all times (sarveşu kāleşu) remembering Me, fight (mām anusmara yudhya ca). Without doubt (asamśayah), one whose intelligence and mind are offered to Me (mayy arpita-mano-buddhir) attains Me (mām eva eşyasy).

The mind creates the decision to think of Me.

The intelligence creates the determination to remain fixed in thinking of Me.

8.8 abhyāsa-yoga-yuktena cetasā nānya-gāminā paramam puruṣam divyam yāti pārthānucintayan

Continuously contemplating Me (anucintayan) with mind engaged in the practice of repeated remembrance (cetasā abhyāsa-yoga-yuktena), without deviation (na anya-gāminā), one attains the transcendental supreme person (paramam puruṣam divyam yāti).



Therefore, remembering Me by the mind is the highest yoga.

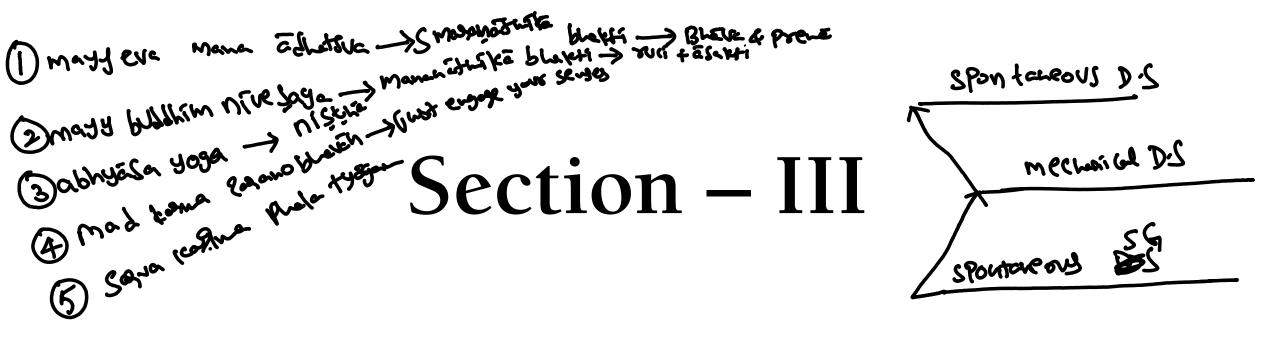
That is expressed in this verse.

Abhyāsa means to repeatedly remember Me.

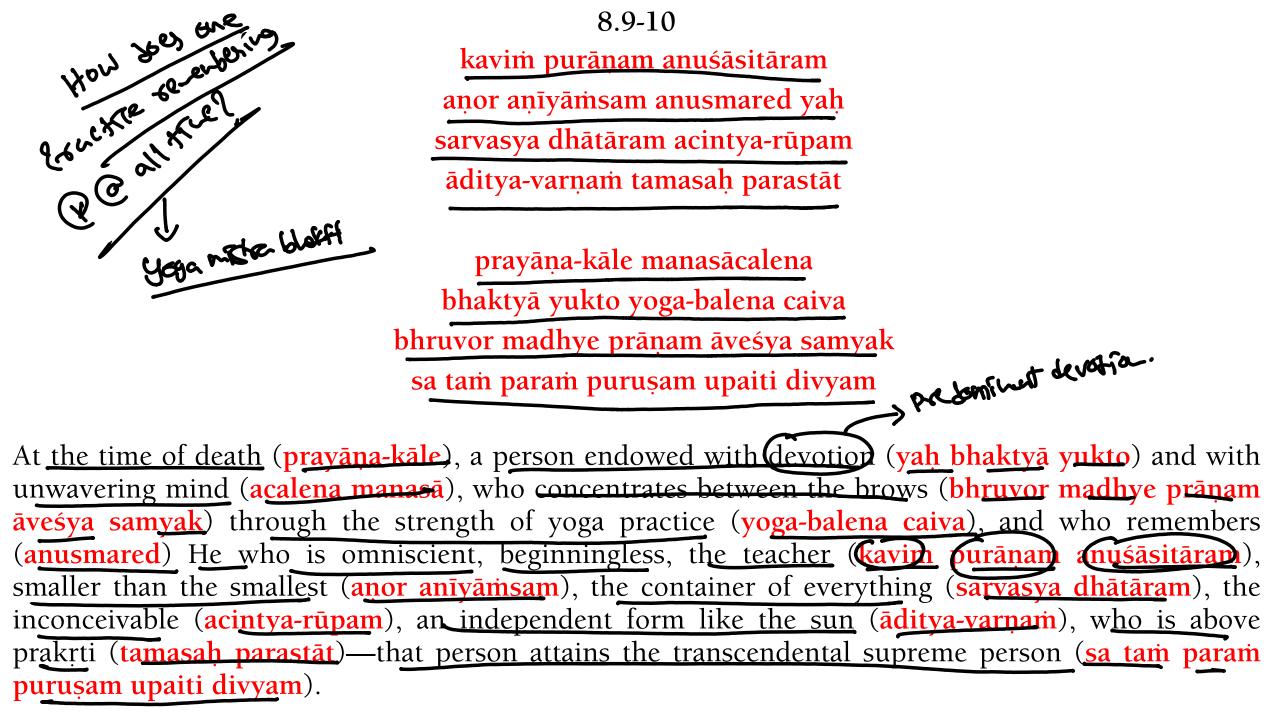
The mind should be engaged in this method (yoga) of repetition of remembering Me.

It should not wander to other objects of remembrance.

By this practice one will conquer of the nature of the mind.

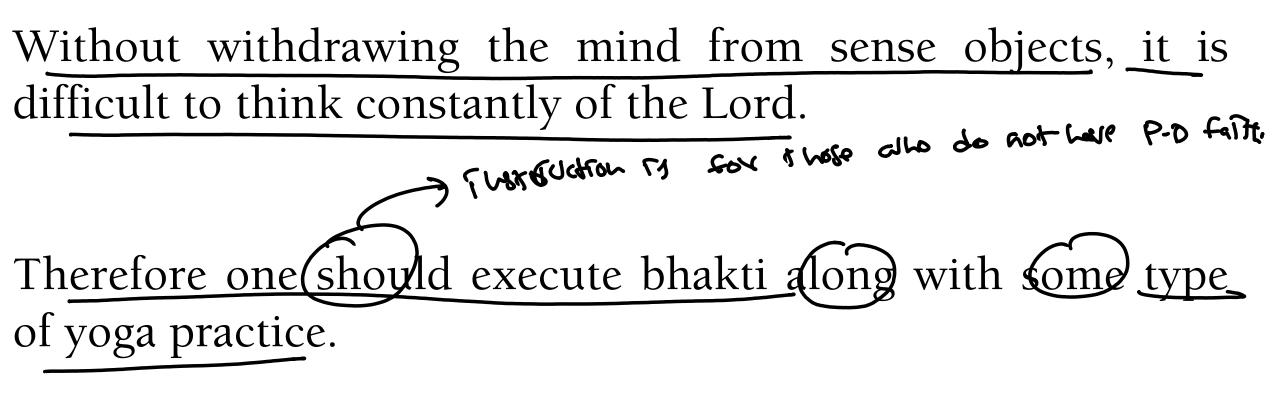


Remembering Krsna (9-13)



Without practice of yoga it is difficult to withdraw the mind

from sense objects.



The Lord here speaks of such bhakti mixed with astāngayoga (yoga-miśra-bhakti) in five verses.

The Lord is omniscient (kavi).

But though one may be omniscient, like Sanaka and others, one may not be eternal.

Therefore, the Lord is described as purāṇa, without beginning.

Though He is both omniscient and without beginning, this does not indicate that He becomes the instructor of bhakti as Paramātmā.

Th<u>erefore He is called anuśāsitāram</u>, th<u>e teacher</u>, w<u>ho by</u> His mercy gives instructions about devotion to Himself when He appears as Kṛṣṇa or Rāma. Though He is merciful, He is still a difficult object to know factually: compared to the smallest He is even smaller.

Then, is He like the jīva, the size of an atom?

No, He is also of the greatest size, spreading everywhere, since everything is contained within Him (sarvasya dhātāram).

Thus He is said to be inconceivable in form (acintyarūpam).

Though He appears of medium size, as a human being, His manifestation is independent of all others.

Thus He has a form (varna) which is like that of the sun (āditya), revealing both Himself and all others.

Thus, though He is the possessor of māyā-śakti (prakṛti), His form is transcendental to prakṛti or māyā (tamasaḥ parastāt).

At the time of death (prayāņa-kāle), with unwavering mind, engaged in bhakti with constant remembrance of Me as described above, the yogī attains Me.

How does he attain unwavering mind? He attains it through the strength of his practice of yoga (yoga-balena).

The yoga process is then described.

Fixing his prāņa in the ājñā-cakra (bhruvor madhye), he attains Me.

[Note: From verse 13 it seems that attaining the Lord means attaining His abode, attaining a distant relationship with the Lord.]

8.11

yad akṣaram veda-vido vadanti viśanti yad yatayo vīta-rāgāh yad icchanto brahmacaryam caranti tat te padam saṅgraheṇa pravakṣye

Along with the method (sangrahena), I will speak (te pravaksye) of the final goal (tat padam) which (yad) the knowers of the Veda (veda-vidah) call (vadanti) om (akṣaram), and which the sannyāsīs (yad yatayah) who have given up attachment (vīta-rāgāḥ) attain (viśanti). Desiring this (yad icchanto), they practice celibacy (brahmacaryam caranti). "Just by Your mentioning that the yogī should concentrate the prāṇa at the ājñā-cakra, I cannot understand this yoga.

What is the manner of doing this yoga?

What should be chanted?

Upon what should one meditate?

What is to be obtained by this yoga?

Briefly You should tell me." Krsna speaks three verses to answer him.

Please listen as I describe what will be factually attained (padam) along with the method of attainment (sangrahena)that Brahman which the knowers of the Veda call om (akṣara), which the sannāysīs attain.

[Note: Sangraha is analyzed as "the means by which something is completely (samyak) understood (grhyate)."]

8.12-13

sarva-dvārāņi samyamya mano hrdi nirudhya ca mūrdhny ādhāyātmanah prāņam āsthito yoga-dhāraņām

om ity ek<u>āksaram brahma</u> v<u>yāharan m</u>ām anusmaran

yah prayāti tyajan deham sa yāti paramām gatim

Apartyativa

Alickase He who leaves his body (yah prayāti tyajan deham) while withdrawing the senses from senses objects (sarva-dvārāņi samyamya), concentrating the mind in the heart (mano hrdi nirudhya ca), fixing the prana at the ajña-cakra (mūrdhny ādhāyātmanah prāņam āsthitah), completely absorbing his thoughts in <u>Me (yoga-dharan</u>ām), uttering "om" (om ity ekāksaram brahma vyāharan) and remembering Me constantly (mām anusmaran), attains My planet (sa yāti paramām gatim).

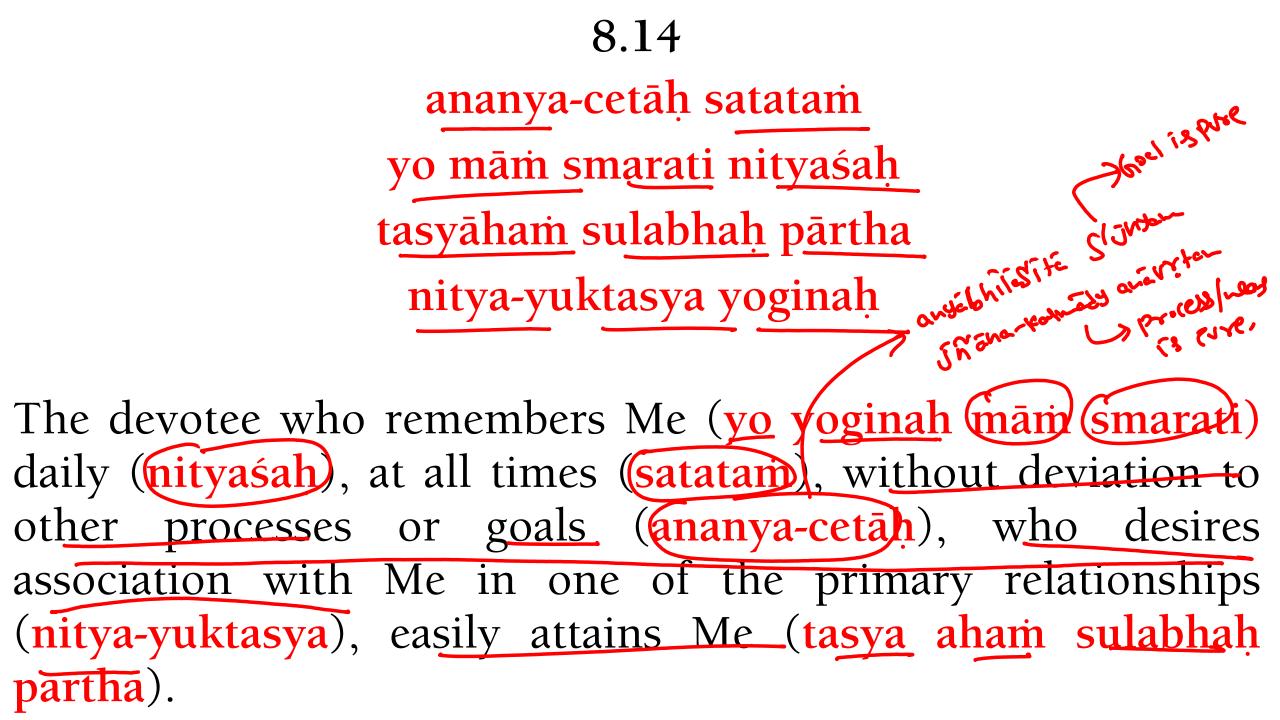
Withdrawing the openings of all the senses (sarva-dvārāņi) from the external objects; confining the mind to the heart, with no desire for other objects; fixing the prāņa between the brows (mūrdhni); and taking shelter of Me completely (yoga-dhāraṇām); uttering just one syllable, om, the form of Brahman; and meditating continuously upon Me (mām anusmaran) represented by om-giving up his body, he attains sālokyam (paramām gatim).

[Note: From this statement it would appear that this yoga-miśra-bhakta attains a similar state as the three types of sakāma-bhaktas mentioned in chapter 7.]

Section – IV

Pure Devotional Service

(14-16)



Having spoken of pradhānī bhūtā bhakti, bhakti mixed with karma, mentioned in ārto jijñāsur arthārthī (BG 7.16), and with desire for liberation in jarā-maraṇa-mokṣāya (BG 7.29), and also bhakti mixed with yoga in this chapter (verse 9-13), now the Lord speaks of kevalā bhakti, the best bhakti, devoid of any material tinge.

The mind of that devotee is free from performing other processes such as karma-yoga or jñāna-yoga, free from worship of other persons or devatās, and free from other goals, such as attainment of Svarga or moksa.

[Note: The jnana-misra-bhakta, referred to as the jnani in the enumeration of the four types does not have a desire for material results nor for liberation. Therefore he has not been mentioned in the previous sentence. However, the jñāna-miśra-bhakta retains some elements of the jñāna process while practicing bhakti and is thus distinguished from the kevala-bhakta who performs only bhakti.]

Thus he is called ananya-cetāḥ, with mind not thinking anything else except the Lord.

He remembers Me every day, (nityaśah), constantly (satatam), not depending upon appropriate time, place, person, or purity.

I can be easily attained (sulabhah) by that person, by that bhakti.

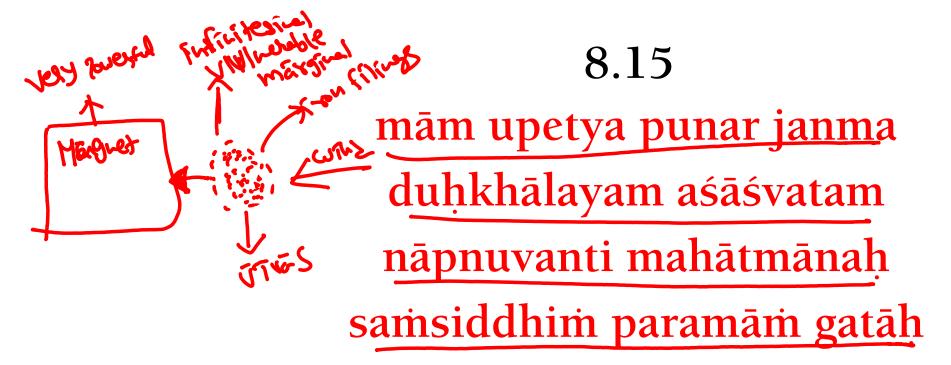
It is not mixed with the difficulties encountered in practicing yoga, jñāna or other processes.

He constantly desires association with Me (nity-yuktasya).

This grammatical form expresses desire in the future as well as the past.

Yoginah here refers to the person doing bhakti-yoga.

Or it can mean a person who has a relationship (yoga) with the Lord, in dāsya, sākhya or other relationships.



Attaining Me (mām upetya), those great souls (mahātmānaḥ) do not return (na punar āpnuvanti) to a birth which is full of suffering and temporary (duḥkhālayam (āsasvatam (janma), having attained the highest goal of personal service to Me (samsiddhim paramām gatāḥ). "What happens to that person who attains You?"

Attaining Me, they do not attain birth again which is full of suffering (duhkhālayam) and temporary, but attain a birth similar to Mine, which is full of joy, because it is eternal.

According to the Amara Kośa, śāśvata means certain, eternal, continual, everlasting.

When I take My birth, which is full of joy, spiritual, and eternal, in the house of Vasudeva, My devotees, being My eternal associates, will also take such birth, and not at other times (caused by karma).

Other devotees attain perfection, but those who exclusively think of Me (ananya-cetāḥ) attain the very highest perfection (paramāṁ saṁsiddhim)—a position as an assistant in My pastimes.

This indicates the observable superiority of the kevala-bhakta over all other types of devotees mentioned.

8.16

ā-brahma-bhuvanāl lokāh

punar āvartino 'rjuna

mām upetya tu kaunteya

punar janma na vidyate

O Arjuna (arjuna), all persons including the inhabitants of Brahmaloka (ā-brahma-bhuvanāl lokāh) take birth again (punar āvartinah). But having attained Me) O son of Kuntī (mām upetya tu kaunteya), a person does not take birth again (punar janma na vidyate).

All jīvas take rebirth even if they have great puņyas.

But My devotees do not take such rebirth.

Even the inhabitants of the planet of Brahmā (ā-brahmabhuvanāl lokāḥ) take rebirth.

Section – V

Comparing the Material and

Spiritual Worlds (17-22)

8.17

<u>sahasra-yuga-paryantam</u> ahar yad brahmaņo viduķ rātrim yuga-sahasrāntām te 'ho-rātra-vido janāķ

Those who know (yad viduh) that a day of Brahmā (brahmaņo ahah) lasts one thousand cycles (sahasra-yugaparyantam), and also know that a night of Brahmā lasts one thousand yuga cycles (rātrim yuga-sahasrāntām) are knowers of the day and night of Brahma (te aho-rātra-vido janāh). It is said in Bhāgavatam:

amṛtam kṣemam abhayam tri-mūrdhno 'dhāyi mūrdhasu

Eternity, absence of sickness, and <u>absence of fear of</u> committing <u>offense</u> (amṛtaṁ kṣemam abhayaṁ) are fixed (adhāyi) in the spiritual world (tri-mūrdhnoh) situated above the three guṇas (mūrdhasu). SB 2.6.19

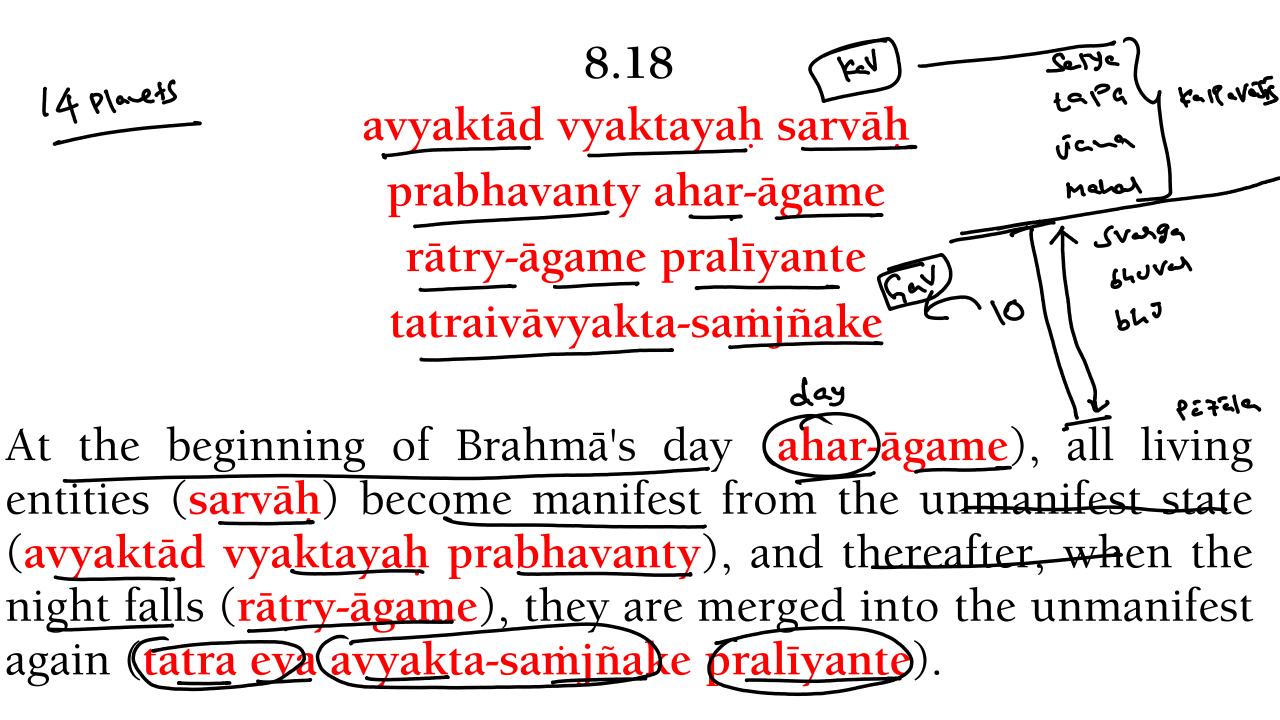
"But some say that there is fearlessness on Brahmaloka as well, and thus, it is not possible for the sannyāsī to die there, if they desire to stay there."

No, if even Brahmā, the master of that planet, must die, what can we say of others?

Those who are knowledgeable of scripture, who know that the day of Brahmā lasts a thousand yugas, also know that the night lasts a thousand yugas, because they are knowers of day and night. By such days, fortnights and months pass.

A hundred of such years make the life of Brahmā.

Then after that, Brahmā dies. However, a Brahmā who is a Vaiṣṇava attains liberation.



Those who are inferior, residing within the three planetary systems, perish day after day.

Madhusūdana Sarasvatī says: the word avyakta refers_to Brahmā in his sleeping state (not a total dissolution), since during the daily creation and dissolution of the universe, the elements remain intake Then from a sleeping state (avyaktāt), through Brahmā, the places of enjoyment in the form of bodies and objects of enjoyment manifest (vyaktayā), or become suitable for use.

At the coming of night, when Brahmā sleeps, everything disappears within him.

8.19

b<u>hūta-grāma</u>ḥ sa evāyam b<u>hūtvā b</u>h<u>ūtvā p</u>ralīyate rātry-āgame 'vaśaḥ pārtha prabhavaty ahar-āgame

In this way all the moving and non-moving entities (<u>sah bhūta-grāma</u>ḥ), having appeared (<u>bhūtvā bhūtvā</u>), disappear at the coming of night (<u>rātry-āgame pralīyate</u>), and reappear at the approach of day (<u>prabhavaty ahar-āgame</u>), under control of karma (<u>avaśah</u>).

Superior to the unmanifest state of Brahmā's night (tasmāt avyaktāt tu parah) is another unmanifest state which is eternal (anyah sanātanah avyaktah bhāvah), which is not destroyed (yah na vinaśyati) when everything else is destroyed (sarveşu bhūteşu naśyatsu).

Superior to that state of dissolution, to the Hiranyagarbha or brahma, superior to what has so far been described (parah tasmat avyaktat), is another state, the cause of Hiranyagarbha, which is indeed unmanifest (avyakta), and without beginning (sanātanah).

8.21

avyakto 'kṣara ity uktas tam āhuḥ paramāṁ gatim yaṁ prāpya na nivartante tad dhāma paramaṁ mama

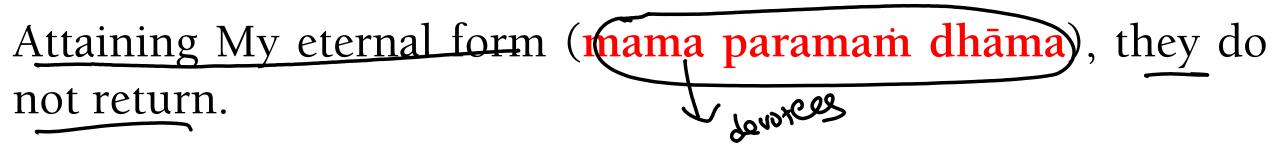
That which was described as eternal and unmanifest (avyaktah akṣarah ity uktah) is called the supreme goal (tam āhuḥ paramām gatim). Attaining that eternal form (yam mama paramam thāma prāpya), they do not return (na nivartante).

The word **avyakta** of the previous verse is explained.

That which is avyakta is without destruction (akṣara): (Nārāyaṇa.

As the śruti says, eko nārāyaņa āsīn na brahmā na ca śaṅkaraḥ: only Nārāyaṇa existed, and not Brahmā or Śiva.

[<u>Note</u>: eko ha vai nārāyaņa āsīn na brahmā neśāno is found in the Mahā Upaniṣad. The quotation is probably another version of the same passage.]



The word akṣara may also be interpreted as the impersonal Brahman, in which case dhāma paramam mama means "My form of light," since dhāma also means "light."

[<u>Note</u>: T<u>his would be the attainment for jñānīs and yogīs who al</u>so perform a small amount of bhakti without offense.]

8.22

puruṣaḥ sa paraḥ pārtha b<u>haktyā labhyas tv ananyayā</u> yasyāntaḥ-sthāni bhūtāni yena sarvam idaṁ tatam

That supreme person (<u>sah paraḥ purusa</u>ḥ), within whom exist all entities (yasya antaḥ-sthāni bhūtāni) and by which this <u>universe</u> is pervaded (<u>yena sarvam idam tatam</u>), is attained by pure ananyā bhakti (<u>ananyayā bhaktyā</u> (<u>u</u> labhyah), O son of Pṛthā (pārtha). That supreme person, who is just My amsa, cannot be known by other means, which have in them desires for karma-yoga or jñāna-yoga.

As I previously said, ananya-cetāh satatam.

Section – VI

Supremacy of Pure Devotion

in attaining Krsna (23-28)

8.23 <u>yatra kāle tv anāvŗttim</u> <u>āvŗttim caiva yoginah</u> p<u>rayātā yānti tam kālam</u> vakṣyāmi bharatarṣabha

O best of Bharata's lineage (bharatarsabha), I will now explain (vakṣyāmi) about the paths (vatra kale) by which the yogīs (yoginah) return or to not return (anavrttim avrttim caiva). "You have said in verse 21 that anyone who attains You does not come back, but You have not mentioned about any particular path that the devotee must traverse.

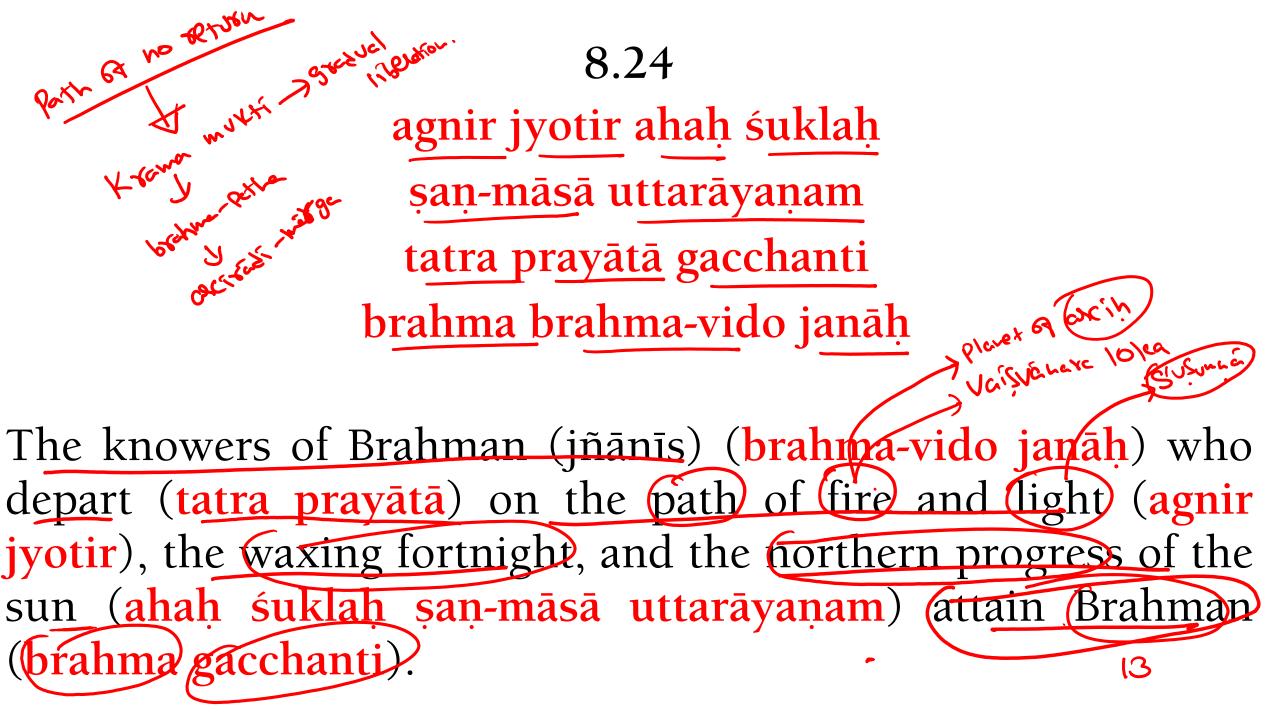
Since the devotee is beyond the gunas, his path is also beyond the gunas, not a sattvic path such as going through the sun planet.

But I am asking about the path taken by the yogīs, jñānīs and karmīs.

I will speak about the path (kālam) of return and no return that they traverse when they have died."

Note: Kāla usually means "time," but in this context means

ath."

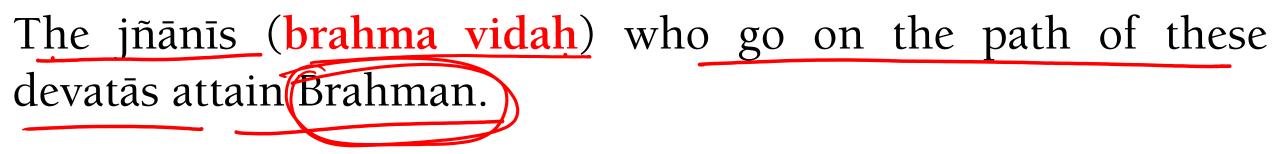




The words agnir jyotir (fire and light) indicate the presiding deity of the sun according to the śruti statement te rcisan abhisambhavanti: they go to the sun planet.

Aha indicates the deity of the day, and <u>sukla</u> indicates the deity of the fortnight of the waxing moon.

The six months of uttarāyaņa means the deity who presides over the uttarāyaņa.



As the śruti says:

te <u>'rcişam</u> abhi sambhavanti ar<u>cişo</u> 'rahna āpūryamāņapakṣam āpūryamāṇa-pakṣād yān ṣaṇ-māsānudannāditya eti mālebhyo deva-lokam

They reach the deity of fire. From there they go to the deity of the day, from there to the deity of the waxing fortnight, and from there to the uttarāyaṇa deity. Chāndogya Upaniṣad 5.10.2

8.25

dhūmo rātris tathā kṛṣṇaḥ ṣaṇ-māsā dakṣiṇāyanam tatra cāndramasaṁ jyotir

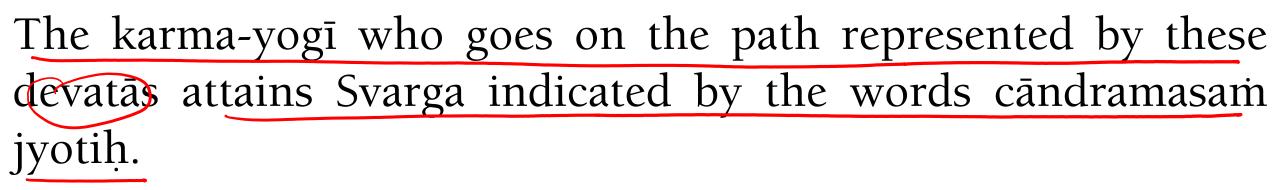
yogī prāpya nivartate

Departing on the path of moke, the night, the waning fortnight (dhūmo rātris tathā kṛṣṇah), the southern course of the sun (ṣaṇ-māsā dakṣiṇāyanam), and attaining Svargaloka (tatra cāndramasam jyotir prāpya), the karma-yogī returns (yogī nivartate).

This verse describes the path of return taken by the karmī.

Smoke indicates the deity of smoke, and similarly night indicates the deity of night.

Similarly there are the deity of the dark fortnight and the deity of the daksināyana.



Having enjoyed there, he returns.

8.26

śukla-kṛṣṇe gatī hy ete

jagatah śāśvate mate

ekayā yāty anāvrttim

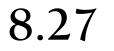
anyayāvartate punaķ

These two paths, of light and dark (ete śukla-kṛṣṇe gatī), are accepted in this world as being without beginning (jagataḥ śāśvate mate). By one path, one does not return (ekayā yāty anāvrttim), and by the other path, one returns (anyayāvartate punaḥ).

The Lord summarizes the two paths mentioned.

They are considered without beginning (<u>śāśvate</u>), since the transmigration of the jīvas is without beginning.

By the path of light one attains no return, and by the path of darkness, one takes birth again and again on the earth.



naite sṛtī pārtha jānan yogī muhyati kaścana tasmāt sarveṣu kāleṣu yoga-yukto bhavārjuna

The yogī who knows (yogī jānan) these two paths (ete srtī) is never bewildered (na muhyati kaścana). Therefore, at all times (tasmāt sarveşu kālesu) have a concentrated mind (yoga-yukto bhavā), Arjuna (arjuna). Knowledge of these two paths produces a sense of discrimination.

This verse praises such discrimination.

Therefore at all times you should have a concentrated mind (yoga-yuktah).

8.28

vedeșu yajñeșu tapaḥsu caiva dāneșu yat puṇya-phalaṁ pradiṣṭam atyeti tat sarvam idaṁ viditvā yogī paraṁ sthānam upaiti cādyam

Knowing this (idam viditvā), the yogī endowed with devotion (yogī) surpasses all the pious results (atyeti tat sarvam puņya-phalam) declared (pradistam) by studying the Vedas, performance of sacrifice (vedesu yajñesu), austerity and giving in charity (tapaḥsu dānesu). He attains the spiritual, eternal place (ādyam param sthānam upaiti). This verse relates the results of knowing what has been explained in this chapter.

Surpassing (atyeti) all the results of other processes, the yogi, possessing devotion, attains the best place, which is non-material (param) and eternal (ādyam).

Note: This seems to indicate that this verse refers to the yoga-miśrabhakta. A mere yogī without bhakti could not attain the place of the Lord or even liberation. A yogī with a small amount of bhakti could attain liberation. Such yogīs were described in chapter 6. A devotee with some mixture of yoga however attains salokya.] The superiority of the devotees has been previously stated.

It is made clear in this chapter.

As well, in this chapter, the supreme position of the ananyabhakta among all types of devotees has been indicated. Thus the commentary on the eighth chapter of the Gītā for the pleasure of the devotees has been completed by the mercy of the ācāryas.