# Six Faults that Destroy Bhakti

# 2. Prayāsa – Over-Endeavoring

Jnāna-prayāsa is hostile to spiritual life; this is explained in the Vedic literature, Mundaka Upanisad (3.2.3), in the following words: Orall's generic office deviant philogophy urroug philosophy JY JP nāyam ātmā pravacanena labhyo sterne en en sis yam evaisa vrņute tena labhyas tasvaica ātrut na medhayā n<u>a bahunā śr</u>utena tasyaisa ātmā <u>vivrnute tanūm svām</u> & a mood of being the Servant -) Breeds source attitude "T<u>he Supreme Lord</u> (ayam ātmā) is not obtained (<u>na labhy</u>o) <u>by exper</u>t explanations (pravacanena), by vast intelligence (na medhayā), or even by much hearing (na bahunā śrutena). He is obtained (tena labhyas) only by one whom He Himself chooses (yam evaisa vrnute). To such a person (tasya), He (esa <u>atma</u>) manifests His own form (vivrnute tanum svam)."

Therefore devotion is the only way to attain the lotus feet of the Lord. In the Śrīmad-Bhāgavatam (10.14.3) Brahmā says to Lord Krsna:

jñāne prayāsam udapāsya namanta eva jīvanti san-mukharitām bhavadīya-vārtām sthāne sthitāḥ śruti-gatām tanu-vān-manobhir ye prāyaśo 'jita jito 'py asi tais tri-lokyām

Those who ve, even while remaining situated in their established social positions (sthāne sthitāḥ), throw away the process of speculative knowledge (jñāne prayāsam udapāsya) and with their body, words and mind (tanu-vān-manobhir) offer all respects (namanta eva) to descriptions of Your personality and activities (bhavadīya-vārtām), dedicating their lives to these narrations (jīvanti), which are vibrated by You personally and by Your pure devotees (san-mukharitām), certainly conquer Your Lordship (jito 'py asi), although You are otherwise unconquerable (prāyašo ajitah) by anyone within the three worlds (taih trilokyām).

In order to further clarify prayāsa, Lord Brahmā says: śreyaḥ-sṛtiṁ bhaktim udasya te vibho kliśyanti ye kevala-bodha-labdhaye teṣām asau kleśala eva śiṣyate nānyad yathā sthūla-tuṣāvaghātinām

"'My dear Lord (vibho), devotional service unto You (te bhaktim) is the only auspicious path (śreyah-srtim). If one gives it up (ye udasya) simply for speculative knowledge or the understanding that these living beings are spirit souls and the material world is false (kevala-bodha-labdhaye), he undergoes a great deal of trouble (kliśyanti) He only gains troublesome and inauspicious activities (asau kleśala eva śisyate). His endeavors are like beating a husk that is already devoid of rice. One's labor becomes fruitless (nānyad yathā sthūlatusāvaghātinām)."

The philosophy of monism does not originate in the Absolute Truth; it is only a demoniac provision. Jivant i San-mukenviten brownditte virtem Glorification of the knowledge of one's relationship with the Lord is often heard.

That knowledge is pure and spontaneous-there is no need of prayāsa.

The knowledge given in the Catuh-ślokī [the four main Bhāgavatam verses] is acintya bhedābheda, inconceivably, simultaneously one and different.

This knowledge is naturally dormant in the heart of the living entity.

The Lord is like a spiritual sun, and the living entities are like molecular particles of the sun's rays.

The living entity cannot remain in his constitutional form without being subordinate to the Lord, therefore servitorship of the Lord is his constitutional duty.

Cultivation of this constitutional duty is the nature of the living entity. This is the spontaneous-devoid of prayāsa-dharma, or duty, of the living entity.

Although in the conditioned state this dharma is almost dormant and is awakened by sādhana, or spiritual practice, still the prayāsa found in devotional practices is not like that found in the paths of karma and jñāna.

I<u>f one takes shelter of the holy name with some respect, then with</u>in a short time the obstacles due to ignorance are removed and one's constitutional happiness is reawakened.

But if one gives a place to jnāna-prayāsa, then he has to suffer more.

And if jnāna-prayāsa is renounced in the association of devotees, then that is a devotional endeavor.

The Lord says in the Bhagavad-gītā (12.2-5):

|| 12.2 || śrī-bhagavān uvāca mayy āveśya mano ye mām nitya-yuktā upāsate śraddhayā parayopetās te me yuktatamā matāh Hevores Mlekti The Lord said: I consider (me matāh) those who worship Me (ye mām upāsate), desiring to associate with Me constantly (nitya-yuktā), absorbing their minds in Me (mayy avesya manah), endowed faith beyond the gunas (<u>sraddhayā parayā upetāh</u>), to be the best knowers of yoga (te yuktatamāh).

#### || 12.3-4 ||

y<u>e tv akṣaram anirdeśyam avyaktam paryupāsa</u>te sarvatra-gam acintyam ca kūṭa-stham acalam dhruvam

sanniyamyendriya-grāmam sarvatra sama-buddhayah te prāpnuvanti mām eva sarva-bhūta-hite ratāķ

But those who (ye ty) worship (paryupāsate) the unnamed (anirdeśyam), formless entity (avyaktam), all-pervading in space and time, the inconceivable (sarvatra-gam acintyam ca), unchanging, eternal Brahman (kūța-stham acalam dhruvam aksaram), completely subduing their senses (sanniyamya indriya-grāmam), looking on all things equally (sarvatra sama-buddhayah), intent on the welfare of all (sarva-bhūta-hite ratāh), attain Me alone— in the form of impersonal Brahman (te prāpnuvanti mām eva).

|| 12.5 || kleśo 'dhikataras teṣām avyaktāsakta-cetasām avyaktā hi gatir duḥkham dehavadbhir avāpyate

Those who are attached to the impersonal realization (avyakta āsakta-cetasām) encounter extreme difficulties (kleśo adhikataras teṣām). The unmanifest goal (avyaktā hi gatir) brings suffering (duḥkham avāpyate) to those who have bodies (dehavadbhir).

In karma-prayāsa there is also no benefit.

In the First Canto of the Śrīmad-Bhāgavatam (1.2.8) it is said: dharmah svanusthitah pumsām viṣvaksena-kathāsu yaḥ notpādayed yadi ratim śrama eva hi kevalam

Varņāśrama-dharma of the human being (dharmah svanusthitah pumsām), which does not produce (yadi yah na utpādayed) attraction for topics of the Lord (visvaksena-kathāsu ratim), is only wasted effort (śrama eva hi kevalam).

Therefore karma-prayāsa is contrary to devotional principles in the same way as jnāna-prayāsa.

The conclusion is that karma-prayāsa and jnāna-prayāsa are very detrimental.

B<u>ut a devotee who desires to properly pass his life still accepts his</u> duties according to varnāśrama, as those duties are favorable to devotional service and counted as part of devotional service



The parinisthita devotees or devotees fully addicted to devotional service, perform pious activities that are not contrary to devotional principles only to attract people.



Jnāna-prayāsa and its resultant prayāsa for the liberation of merging with the Lord are extremely contrary to devotional principles.

If astānga-yoga-prayāsa aims at mystic powers and liberation, then it is also extremely contrary to devotional principles.

The rules for devotional practice and the knowledge of the living entities' relationship of simultaneous oneness and difference are most natural and therefore devoid of prayāsa.

This type of activity and knowledge is only accepted as a means.

If they are accepted as the goal, then they become the source of fault.