Six Qualities that Enhance Bhakti

10. Tat-tat-karma-pravartana - Various activities favorable for devotional service

Topic - 12

Angas of Devotional Service

Angas of Devotional Service

hari-bhakti-vilāse 'syā bhakter aṅgāni lakṣaśaḥ | kintu tāni prasiddhāni nirdiśyante yathāmati

In the Hari-bhakti-vilāsa (hari-bhakti-vilāse) innumerable aṅgas of bhakti are mentioned (bhakter aṅgāni lakṣaśaḥ). Among those, the most famous ones (kintu tāni prasiddhāni) will be explained (nirdiśyante) to the best of my judgment (yathā mati).

1. guru-pādāśraya – Taking shelter of a guru

2. kṛṣṇa-dīkṣādi-śikṣaṇam – Taking Diksa and aquiring knowledge from him

3. viśrambhena guroh sevā – Service to guru with respect

4. sādhu-vartma anuvartanam – Following the rules of the scriptures as approved by the acaryas

5. sad-dharma-pṛcchā — Inquiry about the real duties of life

6. bhogādi-tyāgaḥ kṛṣṇasya hetave – Renunciation of enjoyment to gain Kṛṣṇa's mercy

7. nivāso dvārakā ādau vā gaṅgāder api sannidhau – Residing in Dvārakā or other holy places, or near the Gaṅgā

8. vyāvahāreṣu sarveṣu yāvad-arthānuvartitā – Accepting only what is necessary in dealing with the body

9. hari-vāsara-sammāno – Observing the Ekādaśī vrata

10.dhātry-aśvatthādi-gauravam – giving respect to the āmalakī, aśvattha and other items

eṣām atra daśāṅgānāṁ bhavet prārambha-rupatā

Preliminary bhakti (atra prārambha-rupatā) should consist of these ten aṅgas (eṣām daśa aṅgānāṁ bhavet).

11.sanga-tyāgo vidūreṇa bhagavad-vimukhair janaiḥ — Giving up the association of those opposed to the Lord

12.Śiṣyādy an-anubandhitvam – not being attached to making disciples

13.mahā ārambhādy-anudyamaḥ – not being enthusiastic for huge undertakings

14.bahu-grantha-kalābhyāsa-vyākhyā-vādavivarjanam — avoiding the study of useless books in order to earn a living or to defeat others in useless arguments

15.vyāvahāre 'py akārpaṇyam – not feeling miserable in any material circumstances

16.śokādy-avaśa-vartitā – not being subject to lamentation or other extreme emotions

17.anya-devān avajñā – not showing disrespect to devatās

18.bhūta anudvega-dāyitā – not giving disturbance to other living beings

19.sevā-nāma aparādhānām udbhava abhāvakāritā – not committing of sevā-aparādha or nāma-aparādha

20.kṛṣṇa-tad-bhakta-vidveṣa-vinindādyasahiṣṇutā – not tolerating the criticism of Kṛṣṇa and His devotees by those who hate them

vyatirekatayāmīṣām daśānām syād anuṣṭhitīḥ

These ten aṅgas should be observed (amīṣāṁ daśānāṁ anuṣṭhitīḥ syād) by avoidance (vyatirekatayā).

• These twenty angas serve as the door for entering bhakti.

• The first three angas — taking shelter of the feet of guru, receiving teachings after initiation, and serving the guru with respect — are said to be the principal ones.

- 1. marking the body with the Vaiṣṇava symbols
- 2. marking the body with the syllables of the Lord's names
- 3. wearing the garlands, flowers and sandalwood offered to the deity
- 4. dancing before the deity
- 5. offering respects on the ground

- 6. rising up to see the Lord
- 7. following behind the Lord's procession
- 8. going to the Lord's residence
- 9. circumambulating the Lord or His dhāma
- 10.performing arcana

11.performing menial service to the deity

12.singing for the deity

13.singing in a group

14.performing japa

15.offering words or sentiments

16.reciting prayers

17.tasting food offered to the Lord

18.tasting the foot water of the Lord

19.smelling the incense and flowers offered to the Lord

20.touching the deity

21.seeing the deity

22.seeing the ārātrika and festivals

23. hearing the name, form, qualities and pastimes of the Lord

24.accepting the mercy of the Lord

25.remembrance of the Lord

26.meditating on the Lord

27.acting as a servant of the Lord

28.thinking of the Lord as a friend

29.offering oneself to the Lord

30.offering the best items to the Lord

31.making full efforts for the Lord

32.surrendering to the Lord

33.serving tulasī

34.studying the scriptures

35. living in Mathurā

36. serving the devotees

37. holding festivals according one's means with the devotees

38. observing Kārtika vrata

39. observing Janmāṣṭamī and other special occasions

40. having faith and great affection for serving the deity

- 41. Relishing Bhāgavatam in association of devotees
- 42. Associating with like-minded, affectionate, superior devotees
- 43. Nāma-sankīrtana
- 44. Living in the area of Mathurā

Rupa Goswami's glorification of the last five items

durūhādbhuta-vīrye 'smin śraddhā dūre'stu pañcake | yatra svalpo'pi sambandhaḥ sad-dhiyām bhāva-janmane ||

The last five items (pañcake) have inconceivable and astonishing power (durūha adbhuta-vīrye). What to speak of having faith in these items (asmin śraddhā dūre astu), if there is just a little relationship with these items (yatra svalpah api sambandhaḥ), persons who are devoid of offenses (sad-dhiyām) can attain the level of bhāva (bhāva-janmane). (BRS)

Scriptural Proof for the 64 Angas of Devotional Service

1. Guru-pādāśrayah – Taking shelter of the Lotus feet of Guru

tasmād gurum prapadyeta jijnāsuḥ śreya uttamam | śābde pare ca niṣṇātam brahmaṇy upaśamāśrayam

Therefore (tasmād), any person who seriously desires real happiness (uttamam śreya jijñāsuḥ) must seek a spiritual master (gurum prapadyeta), who is conversant (niṣṇātam) with the bhakti scriptures (śābde), accomplished in hearing and chanting about the Lord (pare brahmaṇy), and fully tranquil (upaśama āśrayam). (SB 11.3.21)

One should surrender to a guru who is skilful (niṣnātam) in understanding the meaning of the Vedas (śabde) and other scriptures.

If he does not have this quality, the faith of the disciple will become weak, since he will not be able to destroy the doubts of the disappointed disciple.

He should be capable as well in realizing the Lord (pare).

Otherwise, his mercy will not bear results.

The position of being fixed in realization of the Lord is described: he is not under control of anger and greed (upaśamāśrayam).

Importance of Guru

|| 11.20.17 ||

nṛ-deham ādyam su-labham su-durlabham plavam su-kalpam guru-karṇadhāram mayānukūlena nabhasvateritam pumān bhavābdhim na taret sa ātma-hā

Having attained the human body (nr-deham), which is rarely attained (su-durlabham), but attained easily sometimes by good fortune (adyam su-labham), and which is like a wellconstructed boat (plavam su-kalpam), with the guru as the captain (guru-karnadhāram), pushed by the favorable wind of serving me (mayā anukūlena nabhasvatā īritam), a person who does not cross the ocean of material existence (pumān bhavābdhim na taret) is a killer of himself (sa ātma-hā).

2. Śrī-kṛṣṇa-dīkṣādi-śikṣaṇam – Acquiring knowledge after initiation

tatra bhāgavatān dharmān śikṣed gurv-ātma-daivataḥ | amāyayānuvṛttyā yais tuṣyed ātmātma-do hariḥ

Accepting the bona fide spiritual master as one's life and soul and worshipable deity (gurv-ātma-daivataḥ), the disciple should learn from him (śikṣed) the process of pure bhakti (bhāgavatān dharmān) by sincere service (amāyayā anuvṛttyā). By that pure bhakti the Lord (yaih), the supreme soul (ātmā), will be satisfied (tuṣyed), and give Himself to that devotee (ātma-dah). (SB 11.3.22)

What is Diksa?

|| Bhakti Sandharba - 283|| divyam jñānam yato dadyāt kuryāt pāpasya sankṣayam tasmād dīkṣeti sā proktā deśikais tattva-kovidaiḥ

Dīkṣā is the process by which one can awaken his transcendental knowledge (divyam jñānam yato dadyāt) and vanquish all reactions caused by sinful activity (kuryāt pāpasya saṅkṣayam). A person expert in the study of the revealed scriptures (deśikais tattvakovidaih) knows this process as dīkṣā (dīkṣeti sā proktā).

Is Diksa Compulsory?

Can't I Progress in Bhakti Without Diksa?

|| Madhya 15.108 || dīkṣā-puraścaryā-vidhi apekṣā nā kare jihvā-sparśe ā-caṇḍāla sabāre uddhāre

One does not have to undergo (apekṣā nā kare) initiation or execute the activities required before initiation (dīkṣā-puraścaryā-vidhi). One simply has to vibrate the holy name with his lips (jihvāsparse). Thus even a man in the lowest class [caṇdāla] can be delivered (ā-caṇdāla sabāre uddhāre).

| Madhya 15.108 - Purport | vinaiva dīkṣām viprendra puraścaryām vinaiva hi vinaiva nyāsa-vidhinā japa-mātreṇa siddhi-dā

O best of the brāhmaṇas (viprendra), even without initiation (vinaiva dīkṣām), preliminary purification (puraścaryām vinaiva hi) or acceptance of the renounced order (vinaiva nyāsa-vidhinā), one can attain perfection in devotional service simply by chanting the Lord's holy name (japa-mātreņa siddhidā).

In other words, the chanting of the Hare Kṛṣṇa mahā-mantra is so powerful that it does not depend on official initiation, but if one is initiated and engages in pañcarātra-vidhi (Deity worship), his Kṛṣṇa consciousness will awaken very soon, and his identification with the material world will be vanquished.

The more one is freed from material identification, the more one can realize that the spirit soul is qualitatively as good as the Supreme Soul.

At such a time, when one is situated on the absolute platform, one can understand that the holy name of the Lord and the Lord Himself are identical.

At that stage of realization, the holy name of the Lord, the Hare Kṛṣṇa mantra, cannot be identified with any material sound.

If one accepts the Hare Kṛṣṇa mahā-mantra as a material vibration, he falls down.

One should worship and chant the holy name of the Lord by accepting it as the Lord Himself.

One should therefore be initiated properly according to revealed scriptures under the direction of a bona fide spiritual master.

3. Viśrambheṇa guroḥ sevā – Serving the guru with reverence

ācāryam mām vijānīyān nāvamanyeta karhicit | na martya-buddhyāsūyeta sarva-deva-mayo guruḥ

One should know the ācārya as Myself (ācāryam mām vijānīyān) and never disrespect him in any way (na avamanyeta karhicit). One should not envy him (na asūyeta), thinking him an ordinary man (martyabuddhyā), for he is the representative of all the demigods (sarva-deva-mayo guruḥ). (SB 11.17.27)

4. Sādhu-va<u>rtmānuvartanam</u> – Foll<u>owing the scrip</u>tural rules

sa mṛgyaḥ śreyasām hetuḥ panthāḥ santāpa-varjitaḥ | anavāptaśramam pūrve yena santaḥ pratasthire

One should follow (sah mṛgyaḥ) the scriptural rules (panthāh) which give the highest benefit (śreyaṣām hetuh) and are devoid of hardship (santāpa-varjitaḥ), by which the previous devotees easily progressed (yena pūrve santaḥ anavāpta śramam pratasthire). (Skandha Purana)

śruti-smṛti-purānādipañcarātra-vidhim vinā l aikāntikī harer bhaktir utpātāyaiva kalpate

Even if a person seems to have attained steadiness in practicing pure bhakti to the Lord (aikāntikī harer bhaktir), that bhakti is a misfortune (utpātāya eva kalpate) if it rejects the rules of śruti, smṛti, purāṇa and pañcarātra (śruti-smṛti-purāṇādi-pañcarātra-vidhim viṇā) due to lack of faith in them (implied). (Brahma-yāmala)

• This quotation shows the fault in not observing the rules of scripture.

• With the mention of śruti and other scriptures, it means that, among the scriptures, one should accept the Vaisnava scriptures, for one should accept only those things for which one is qualified and not other things.

• This is understood from the verse sve 'dhikāra (SB 11.21.2) previously quoted.

• "Bhakti without the rule of the scriptures (...vidhim vinā) means "bhakti with disregard for the rules because of having no faith in scriptures."

• It does not mean disregard because of fatigue or (unintentional) ignorance.

• This is understood from the verse "dhāvan nimīlya vā netre": "O King, one who accepts this process of devotional service to the Supreme Personality of Godhead will never blunder on his path in this world.

• Even while running with eyes closed (ignorant), he will never trip or fall." (SB 11.2.35)

• Aikāntikī in the verse means "even after having attained steadiness."

• Thus, even after attaining steadiness in the practice of bhakti, if it is executed without regard for scriptural rules because of no belief in scriptures, then it produces disaster.

avicārāt pratīyate |
vastutas tu tathā naiva
yad aśāstrīyatekṣyate

This type of bhakti (iyam bhaktih) appears to be pure (aikāntikī pratīyate) only because of misjudging the facts (avicārāt). Actually, it is not aikāntiki-bhakti at all (vastutah tu tathā na eva), because lack of scriptural obedience is seen in it (yad aśāstrīyatā īkṣyate).

• How could it be pure, aikāntikī-bhakti, if there is disregard for scriptures?

• On the other hand, if it is actually pure bhakti, then how can it produce misfortune?

• This verse answers.

• The devotion of Buddha, Dattātreya and others, whose philosophies completely reject the Vedic scriptures, appears to be aikāntiki-bhakti, but that is because of one's misjudgment only, for that "devotion" (yad) completely rejects the scriptures — the Vedas, its angas and scriptures following the Vedas.

• If that is so, then there can be no proper results, for according to the Vedānta: śāstra-yonitvāt: the Lord is known only through scriptures (Vedānta-sūtra 1.1.3).

- Therefore, if one disregards the Vedas and supporting scriptures attained through the beginningless authorized disciplic succession embodying the teachings of the Lord, who is the very source of Buddha and others, how can that bhakti be pure? This should be the meaning.
- Moreover, it is by the Vedic scriptures that one can understand that Buddha and others have the status of avatāras.

• Moreover, it is by the Vedic scriptures that we understand that Buddha preached atheistic scriptures in order to bewilder the asuras.

• There it is also explained that Buddha was only an aveśāvatāra.

• Thus, one should not take his teachings as authoritative.

5. sad-dharma-pṛcchā – Inquiry into bhakti

acirād eva sarvārthaḥ sidhyaty eṣām abhīpsitaḥ | sad-dharmasyāvabodhāya yeṣām nirbandhinī matiḥ

Those whose minds are attached (yeṣām nirbandhinī matiḥ) to understanding bhakti to the Lord (sad-dharmasya avabodhāya) quickly attain (acirād eva sidhyaty) all their desired goals (eṣām sarva abhīpsitaḥ arthaḥ). (Nāradīya Purāṇa)

| 4.34 | tad viddhi praṇipātena paripraśnena sevayā upadekṣyanti te jñānaṁ jñāninas tattva-darśinaḥ

Know this by surrender (tad viddhi praṇipātena), questioning and service (paripraśnena sevayā). The seers of truth (tattva-darśinaḥ), the jñānīs (te jñāninah), will teach you this knowledge (jñānam upadekṣyanti)

Baladeva

• The Lord now teaches knowledge of worshipping the Lord's svarūpa.

• To attain this knowledge a person must take association with devotees.

• That he teaches in this verse.

Baladeva

• Praṇipāta means offering respects like dandavats.

• Sevā means serving these devotees like menial servants.

• Paripraśna means to ask various questions about the Lord's form, qualities and powers.

Baladeva

- "But they will not teach this, since they are indifferent to the world."
- "These men with knowledge, who understand their own ātmā and the Supreme ātmā, seeing your desire to know, indicated through your obeisances, questions and service, will teach such a person as you that knowledge of the Lord, for having seen the truth (tattva darśinaḥ), they are merciful and preach that knowledge."

• One has to approach a bona fide spiritual master to receive the knowledge.

• Such a spiritual master should be accepted in full surrender, and one should serve the spiritual master like a menial servant, without false prestige.

• Satisfaction of the self-realized spiritual master is the secret of advancement in spiritual life.

- Inquiries and submission constitute the proper combination for spiritual understanding.
- Unless there is submission and service, inquiries from the learned spiritual master will not be effective.
- One must be able to pass the test of the spiritual master, and when he sees the genuine desire of the disciple, he automatically blesses the disciple with genuine spiritual understanding.

• In this verse, both blind following and absurd inquiries are condemned.

• Not only should one hear submissively from the spiritual master, but one must also get a clear understanding from him, in submission and service and inquiries.

• A bona fide spiritual master is by nature very kind toward the disciple.

• Therefore when the student is submissive and is always ready to render service, the reciprocation of knowledge and inquiries becomes perfect.

6. kṛṣṇārthe bhogādi-tyāgo – Renouncing enjoyment for pleasing Kṛṣṇa

harim uddiśya bhogāni kāle tyaktavatas tava | visnu-loka-sthitā sampadalolā sā pratīkṣate

When you give up enjoyable objects (bhogāni tyaktavatas) at the time of enjoying (kāle), aiming at the pleasure of the Lord (harim uddiśya), the permanent wealth (alolā sampad) situated in Viṣṇu-loka (viṣnu-loka-sthitā) awaits you (pratīkṣate). (Padma Purāṇa)

7. dvārakādi-nivāso – Living in Dvārakā or other holy places

samvatsaram vā şaņmāsān māsam māsārdham eva vā | dvārakā-vāsinah sarve narā nāryaś caturbhujāh

Anyone who lives in Dvārakā (dvārakā-vāsinaḥ sarve) for one year, six months (saṃvatsaraṃ vā ṣad māsān), one month or even half a month (māsaṃ māsārdham eva vā), whether man or woman (narā nāryah), attains a fourhanded form in the spiritual sky (catur bhujāḥ). (Skanda Purāṇa)

7. dvārakādi-nivāso – Living in Dvārakā or other holy places - Ganga

yā vai lasac-chrī-tulasī-vimiśrakṛṣṇāṅghri-reṇv-abhyadhikāmbu-netrī | punāti seśān ubhayatra lokān kas tāṁ na seveta mariṣyamāṇaḥ

Who at the point of death (kah mariṣyamāṇaḥ) would not serve the Gaṅgā (tāṁ na seveta) who (yā), carrying water (ambu-netrī) made excellent (abhyadhika) by the dust of Kṛṣṇaʾs feet (kṛṣṇāṅghri-reṇu) mixed with beautiful tulasī (lasat-śrī-tulasī-vimiśra), purifies the worlds (punāti lokān) along with their leaders (sa īśān) inside and outside, above and below (ubhayatra)(SB 1.19.6)