Bhaktyaloka



Srila Bhaktivinod Thakura

1,

Six Qualities that Enhance Bhakti

12. Sādhu-vṛtti - Following in the footsteps of the previous ācāryas

Sādhu-vrtti - Following in the footsteps of the previous ācāryas 14. One Should hove firm determination to attain ones joal Firm determination for one's attachment is described in the Caitanya-

caritāmṛta (Madhya 12.31) as follows:

kintu anurāgī lokera svabhāva eka haya ista nā pāile nija prāņa se chādaya

"Still, isn't it the nature of an attached man to give up his life if he does not attain his desired object?"

Sādhu-vṛtti - Following in the footsteps of the previous ācāryas 15. One should there others by their own 8005 example

Teaching others by one's good example is described in the Caitanyacaritāmṛta (Madhya 12.117) as follows:

> tumi bhāla kariyācha, śikhāha anyere ei-mata bhāla karma seho yena kare

The Lord would say, "You have done well. Please teach this to others so that they may act in the same way."

Sādhu-vṛtti - Following in the footsteps of the previous ācāryas 16. Sincere ensequor to reason D.S

<u>The need for care and eagerness in the execution of devotional service</u> is described in the Caitanya-caritāmṛta (Madhya 24.171) as follows:

yatnāgraha vinā bhakti nā janmāya preme

"Without sincere endeavor in devotional service, one cannot attain love of Godhead."

The need for giving up the association of logicians is described in the Caitanya-caritāmṛta (Madhya 12.183) as follows:

t<u>ārkika-śrg</u>āla-saṅge bheu-bheu kari sei mukhe ebe sadā kahi 'kṛṣṇa' 'hari

"In the association of the jackals known as logicians, I simply continued to bark a resounding 'bheu bheu.' Now, from the same mouth I am chanting the holy names 'Kṛṣṇa' and 'Hari.'

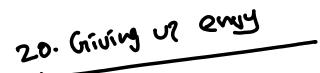
An example of unhappiness by seeing the distress of others is given in the Caitanya-caritāmṛta (Madhya 15.162-163) as follows:

jīvera duḥkha dekhi' mora hṛdaya bidare sarva-jīvera pāpa prabhu deha' mora śire jīvera pāpa lañā muñi karoṅ naraka bhoga sakala jīvera, prabhu, ghucāha bhava-roga

"My Lord, my heart breaks to see the sufferings of all the conditioned souls; therefore I request You to transfer the karma of their sinful lives upon my head. My dear Lord, let me suffer perpetually in a hellish condition, accepting all the sinful reactions of all living entities. Please finish their diseased material life." Sādhu-vṛtti - Following in the footsteps of the previous ācāryas 19. Cultur ring purity The need for a pure heart is described in the Caitanya-caritāmṛta (Madhya 15.274) as follows:

> sahaje nirmala ei 'brāhmaṇa'-hṛdaya kṛṣṇera vasite ei yogya-sthāna haya

"The heart of a brāhmaņa is by nature very clean; therefore it is a proper place for K<u>ṛṣṇa to sit.</u>"



One must give up envy, or the distress arising from seeing other's prosperity.

I<u>n the Caitanya-caritāmṛta (Madhya 15.275) this is described</u>as follows:

'<u>mātsarya'-caņdāla kene ihān vasāile</u> parama pavitra sthāna apavitra kaile

"Why have you allowed the caṇḍāla of jealousy to sit here also? In this way you have contaminated a most purified place, your heart."

Sādhu-vṛtti - Following in the footsteps of the previous ācāryas 21. One must be a Storiuch follower of Lord Caitanya.

As described in the Caitanya-caritāmṛta (Madhya 16.148):

(prabhu lāgi' dharma-karma chāde bhakta-gaņa bhakta-dharma-hāni prabhura nā haya sahana

"All the devotees would abandon all kinds of duties for Śrī Caitanya Mahāprabhu's sake, yet the Lord did not like the devotees' giving up their promised duties." Sādhu-vṛtti - Following in the footsteps of the previous ācāryas 22. ône should be willing to give us onch material attachments

The need to completely abandon faults is described in the Caitanyacaritāmṛta (Madhya 20.91) as follows:

> se kene rākhibe tomāra śeṣa viṣaya-bhoga roga khaṇḍi' sad-vaidya nā rākhe śeṣa roga

"Why should Krsna allow you to maintain a last bit of material attachment? After vanquishing a disease, a good physician does not allow any of the disease to remain."

Sādhu-vṛtti - Following in the footsteps of the previous ācāryas 2.3-firm faith in the consciusions about studdhe bhekti

The devotee's faith in the conclusions of devotional service is described in the Caitanya-caritāmṛta (Madhya 22.62) as follows:

'śr<u>addhā'-śabde—viśvāsa kahe sudr</u>dha niścaya krsne bhakti kaile sarva-karma krta haya

"Śraddhā is confident, firm faith that by rendering transcendental loving service to Kṛṣṇa one automatically performs all subsidiary activities. Such faith is favorable to the discharge of devotional service." Sādhu-vṛtti - Following in the footsteps of the previous ācāryas 24. Endlewor to surrender fully rop:

The need for total surrender is described in the Caitanya-caritāmṛta (Madhya 22.102) as follows:

śaraņa lañā kare kṛṣṇe ātma-samarpaṇa kṛṣṇa tāre kare tat-kāle ātma-sama

"When a devotee thus fully surrenders unto Kṛṣṇa's lotus feet, Kṛṣṇa accepts him as one of His confidential associates.

Sādhu-vṛtti - Following in the footsteps of the previous ācāryas 25. Giving ut atleistic philosophics with rependence

On<u>e must give up atheistic philosophies with repentance as described</u> in the Caitanya-caritāmṛta (Madhya 25.43):

> paramārtha-vicāra gela, kari mātra 'vāda' kāhān mukti pāba, kāhān kṛṣṇera prasāda

"The atheists, headed by the Māyāvādī philosophers, do not care for lib<u>eration or Kṛṣṇa's mercy</u>. They simply continue to put forward false arguments and countertheories to atheistic philosophy, not considering or engaging in spiritual matters." Sādhu-vṛtti - Following in the footsteps of the previous ācāryas 26- Being mentical A devotee should always be neutral.

As described in the Caitanya-caritāmṛta (Antya 3.23):

'nirapekșa' nahile 'dharma' nā yāya rakșaņe

"Without being neutral one cannot protect religious principles."

27. Bewere of Jaismana ninde

The devotee should be afraid of insulting other Vaisnavas.

As stated in the Caitanya-caritāmṛta (Antya 3.164):

mahāntera apamāna ye deśa-grāme haya eka janāra doṣe saba deśa ujāḍaya

"Wherever an advanced devotee is insulted, for one man's fault the entire town or place is afflicted."

The devotees' duty is to practice forgiveness and show mercy.

A<u>s</u> stated in the Caitanya-caritāmṛta (Antya 3.213, 237) and the Caitanya-bhāgavata (CB Ādi-khaṇḍa 13.182):

bhakta-svabhāva,-ajña-doṣa kṣamā kare dīne dayā kare,-ei sādhu-svabhāva haya prabhu bole,-vipra saba danta parihari' bhaja giyā kṛṣṇa, sarvabhūte dayā kari'

"<u>A characteristic of a pure devotee is that he excuses any offense by an</u> ignorant rascal. It is a characteristic of all saintly persons to be kind toward the poor and fallen. The Lord said, 'O brāhmaņa! Give up all pride and serve Kṛṣṇa by showing mercy to all."

Sādhu-vṛtti - Following in the footsteps of the previous ācāryas 28. Preach Hannyh your example

The devotee's duty is to preach by setting a good example.

As explained in the Caitanya-caritāmṛta (Antya 4.103):

'ācāra', 'pracāra',—nāmera karaha 'dui' kārya tumi—sarva-guru, tumi jagatera ārya

"You simultaneously perform both duties in relation to the holy name by your personal behavior and by your preaching. Therefore you are the spiritual master of the entire world, for you are the most advanced devotee in the world."

Sādhu-vṛtti - Following in the footsteps of the previous ācāryas 29. follow wais nove etiquettes

The devotee's duty is to follow Vaisnava etiquette.

As stated in the Caitanya-caritāmṛta (Antya 4.130):

tathāpi bhakta-svabhāva—maryādā-rakṣaṇa maryādā-pālana haya sādhura bhūṣaṇa

"It is the characteristic of a devotee to observe and protect the Vaisnava etiquette. Maintenance of the Vaisnava etiquette is the ornament of a devotee."

30. Consider a vaissienes body to be spiritual

One should consider a Vaiṣṇava's body spiritual.

In the Caitanya-caritāmṛta (Antya 4.191) it is said:

prabhu kahe,—"vaiṣṇava-deha 'prākṛta' kabhu naya 'aprākṛta' deha bhaktera 'cid-ānanda-maya'"

Śr<u>ī</u> Caitanya Mahāprabhu said, "Th<u>e</u> body of a devotee is never material. It is <u>considered to be transcendental</u>, full of spiritual bliss."

Sādhu-vrtti - Following in the footsteps of the previous ācāryas 31. At some porch one should detach oneself from naterici regansibilitig 31. At some porch constitut in the association of varishaves & portion constitut in the association of varishaves

There is a need for worshiping Kṛṣṇa in a solitary place after completing one's activities of household life and sense gratification.

In the Caitanya-caritāmṛta (Antya 4.214-216) it is described:

ka-vatsara rūpa-gosāñira gaude vilamba haila kuțumbera 'sthiti'-artha vibhāga kari' dila gaude ye artha chila, tāhā ānāilā kuțumba-brāhmaṇa-devālaye bāṅți' dilā saba manaḥ-kathā gosāñi kari' nirvāhaṇa niścinta hañā śīghra āilā vṛndāvana

"Śr<u>īla Rūpa Gosvāmī was delayed in Bengal for a year because he was dividing</u> his money among his relatives to situate them in their proper positions. He collected whatever money he had accumulated in Bengal and divided it am<u>ong his relatives, the brāhmaņas, and the temples</u>. Thus after finishing all the tasks he had on his mind, he returned to Vrndāvana fully satisfied." Sādhu-vṛtti - Following in the footsteps of the previous ācāryas 32. Give ut desire for terre.

The devotee must give up the desire for fame.

As stated in the Caitanya-caritāmṛta (Antya 5.78):

m<u>ahānubhavera ei sahaja 'svabhāva' haya</u> āpanāra guņa nāhi āpane kahaya

"This is a natural characteristic of those advanced in devotional service. They do not personally speak of their own good qualities."

33. No attachient to worldly zerry

A devotee should have no faith in worldly poetry.

A<u>s described in the Caitanya-caritām</u>rta (Antya 5.107):

grāmya-kavira kavitva śunite haya 'duḥkha' vidagdha-ātmīya-vākya śunite haya 'sukha

"Hearing the poetry of a person who has no transcendental knowledge and who writes about the relationships between man and woman simply causes unhappiness, whereas hearing the words of a devotee fully absorbed in ecstatic love causes great happiness."

Sādhu-vŗtti - Following in the footsteps of the previous ācāryas 34. Never disabler fie order of the order of the seriester

It is an offense to disobey the order of the spiritual master.

The result is described in the Caitanya-caritāmṛta (Antya 8.99):

guru upekṣā kaile, aiche phala haya krame īśvara-paryanta aparādhe țhekaya

"If one's spiritual master rejects him, one becomes so fallen that he, like Rāmacandra Purī, commits offenses even to the Supreme Personality of Godhead." Sādhu-vṛtti - Following in the footsteps of the previous ācāryas 35. Give U? desire for literation 36.64 ur Prese of learning. A devotee should give up the desire for liberation and pride of learning.

As described in the Caitanya-caritāmṛta (Antya 13.109-110):

rāmadāsa yadi prathama prabhure mililā mahāprabhu adhika tāṅre kṛpā nā karilā antare mumukṣu teṅho, vidyā-garvavān

"When Rāmadāsa Viśvāsa met Śrī Caitanya Mahāprabhu, the Lord did not sh<u>ow him any special mercy</u>, alth<u>ough this was their first meeting</u>. Within h<u>is hea</u>rt, Rāmadāsa Viśvāsa was an impersonalist who desired to merge into the existence of the Lord, and <u>he was very proud of his learning</u>." Sādhu-vṛtti - Following in the footsteps of the previous ācāryas 37. Culture huminity Humility is essential for a devotee.

In the Caitanya-caritāmṛta (Antya 20.28) it is described:

premera svabhāva—yāhān premera sambandha sei māne,—'kṛṣṇe mora nāhi prema-gandha'

"Wherever there is a relationship of love of Godhead, the natural symptoms are that the devotee does not think himself a devotee, but always thinks that he has not even a drop of love for Kṛṣṇa."

38. Give UP desire for conquest

A devotee should give up the desire for conquest.

As stated in the Caitanya-bhāgavata (CB Ādi-khaņda 13.173):

dig-vijaya kariba'-vidyāra kārya nahe īśvare bhajile, sei vidyā 'satya' kahe

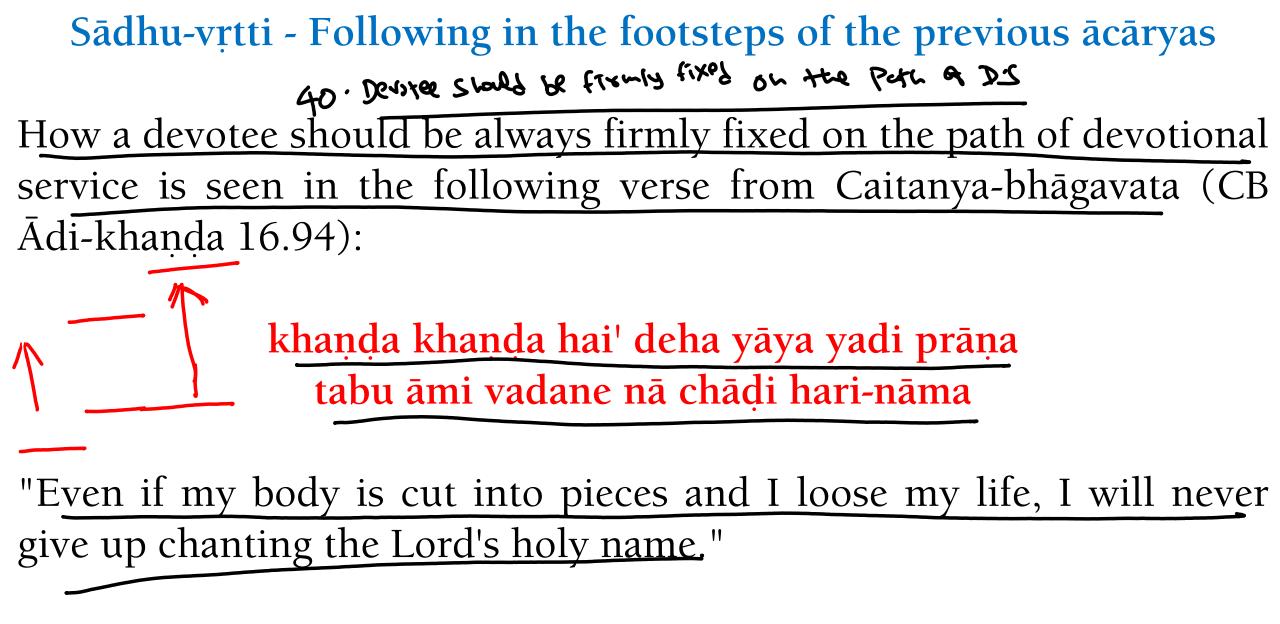
"Conquering the world by means of material education is not desirable. If one engages himself in devotional service, his education is perfected."

A devotee should know the Lord is one without a second and understand His relationship with all living entities.

In the Caitanya-bhāgavata (CB Ādi-khanda 16.76-78, 80-81) it is said:

śuna, bāpa, sabārai ekai īśvara nāma-matra bheda kare hinduye yavane paramārthe 'eka' kahe korāņe purāņe eka śuddha nitya-vastu akhaņḍa avyaya paripūrņa hañā vaise sabāra hṛdaya se prabhura nāma-guṇa sakala jagate balena sakale mātra nija-śāstra mate ye īśvara, se punaḥ sabāra bhāva laya himsā karilei se, tāhāna himsā haya

"My dear Sir, there is only one God for all living entities. The difference between the Moslem God and the Hindu God is in name only. According to all scriptures-Koran or Purāna-God is one. He is the nondual, eternal, transcendental Absolute Truth, infallible and perfectly complete, and in that capacity He resides in everyone's heart. The Supreme Lord's transcendental name and qualities are glorified throughout the world according to the respective scriptures. The Lord accepts everyone's individual mood of surrender. By committing violence to others, you commit violence to Him."



41. Feeling merciful towards wrong Loens-

How a devotee should deal with an enemy is described in the Caitanya-bhāgavata (CB Ādi-khanḍa 16.113):

e saba jīvere kṛṣṇa! karaha prasāda mora drohe nahu e sabāra aparādha

"O Kṛṣṇa! Be merciful on these living entities! Forgive their offense of torturing me."

A devotee must give up the symptoms of pride such as desire for fame and cheating.

In the Caitanya-bhāgavata (CB Ādi-khanda 16.228-229) it is said:

bada loka kari' loka jānuka āmāre āpanāre prakatāi dharma-karma kare e sakala dāmbhikera krsne prīti nāi akaitava haile se kṛṣṇa-bhakti pāi

"He is presenting himself as a important person by imitating some religious sentiments. Actually this arrogant and deceitful brāhmaņa has no love for Kṛṣṇa. To achieve the devotional service of Lord Kṛṣṇa one has to be free from duplicity."

43. Grive U? Gete consciousness

A devotee must reject caste consciousness in his spiritual life.

In the Caitanya-bhāgavata (CB Ādi-khaņḍa 16.238-239) it is stated:

adhama kulete yadi viṣṇu-bhakti haya tathāpi se-i se pūjya-sarva-śāstre kaya uttama kulete janmi' śrī kṛṣṇe nā bhaje kule tāra ki karibe, narakete maje

"If a devotee of the Lord is born in a low-class family, he is still worthy of worship; that is the injunction of the scriptures. And if someone is born in a high-class family but does not worship the lotus feet of Śrī Kṛṣṇa, then his high birth is useless and he falls to hell."

44. Engaging in Congregational Charting

The benefits of loud congregational chanting of the holy names is described in the Caitanya-bhāgavata (CB Ādi-khaṇḍa 16.284-286) as follows:

japa karttā haite ucca-saṅkīrtana-kārī śata-guṇa adhika se purānete dhari śuna vipra! mana diyā ihāra kāraṇa japi' āpanāre sabe karaye poṣaṇa ucca kari' karile govinda saṅkīrtana jantu-mātra śuniñāi pāya vimocana

"The Purānas say that a person who chants the Lord's name loudly is a hundred times more pious that the person who chants to himself. O brāhmaņa, listen carefully to the reason behind this. One who chants softly liberates only himself, but one who loudly chants the names of Govinda liberates himself along with all living entities who hear him." Sādhu-vrtti - Following in the footsteps of the previous ācāryas 46. Be a Sāra grāhi & not a Briera vāhi

A devotee should not carry the burden of the scriptures like an ass; rather, he should understand their purport.

T<u>he Caitanya-bhāgavata (CB Madhya-khaṇ</u>ḍa 1.158) confirms this in the following words:

ś<u>āstrera</u> nā jāne marma, adhyāpanā kare garddabhera prāya yena śāstra bahi' mare

"One who teaches the scriptures without knowing their purport is like an ass carrying the load of all the scriptures." Sādhu-vṛtti - Following in the footsteps of the previous ācāryas 46. Aubid activities devord of blacti

How a devotee should give up enviousness is explained in the Caitanya-bhāgavata (CB Madhya-khaņḍa 1.240) as follows:

b<u>hakti-hīna karma kona phala nāhi pāy</u>a sei karma bhakti-hīna-parahimsā yāya

"Activities that are devoid of bhakti produce no result. Such activities result in violence to others."

<u>A devotee should give up sevā-aparādhas, or offenses in serving the</u> Deity.

As stated in the Caitanya-bhāgavata (CB Madhya-khanda 5.121):

sevā-vigrahera prati anādara yā 'ra viṣṇu-sthāne aparādha sarvathā tāhāra

"One who has no respect for the Deity form of the Lord is constantly committing offenses at the lotus feet of Lord Viṣṇu."

48. Learn to see beyond the externals

If a person is internally situated as a Vaiṣṇava even though externally he maintains attachment for sense gratification, then he is counted as a devotee.

As described in the Caitanya-bhāgavata (CB Madhya-khaņda 7.22, 38):

viṣayīra prāya tāṅ 'ra paricchada saba cinite nā pāre keha tiṅho ye vaisnava āsiyā rahila navadvīpe gūḍharūpe parama bhogīra prāya sarvaloke dekhe

P<u>undarīka Vidyānidhi dressed like a materialistic</u>. N<u>o</u> one was able to recognise that he was a great Vaisnava. H<u>e</u> came to Nabadvīpa and remained there incognito. Everyone saw him as a grossly materialistic person.

49. Give us false prize due to malaral education.

A devotee should not maintain false pride due to material education and so on.

In the Caitanya-bhāgavata (CB Madhya-khaṇḍa 9.234) it is explained:

ki karibe vidyā, dhana, rūpa, yaśa, kule ahaṅkāra bāḍi' saba paḍaye nirmūle

"What is the use of education, wealth, beauty, fame, and high birth? They only increase one's pride to the point of his falldown." Sādhu-vṛtti - Following in the footsteps of the previous ācāryas 50. Being fixed in unis should remain fixed in the principles of Vaiṣṇavism, he should not support various opinions for social reasons.

As stated in the Caitanya-bhāgavata (CB Madhya-khaṇḍa 10.185, 188, 192):

kṣane dante tṛṇa laya, kṣane jāṭhi māre o khaḍa jāṭhiyā veṭā nā dekhibe more prabhu bale,-o veṭā yakhana yathā yāya sei mata kathā kahi' tathāi miśāya bhakti-sthāne uhāra haila aparādha etake uhāra haila daraśana bādha

"Sometimes he takes straw in his mouth, and sometimes he beats Me with a stick. Therefore he is not fit to see Me. The Lord continued: Wherever he goes, he mixes with those people and talks like them. He is an offender at the feet of Bhakti, that is why he is forbidden to see Me."

51. Never take sides against a vaismana

The fault of taking sides against a Vaiṣṇava is described in the Caitanya-bhāgavata (CB Madhya-khaṇḍa 13.160) as follows:

ye pāpi<u>s</u>tha eka vai<u>s</u>navera pak<u>s</u>a haya anya vai<u>s</u>ņavere ninde, sei yāya k<u>s</u>aya

"A sinful person who takes the side of one Vaiṣṇava and condemns another is vanquished."

A devotee should not commit sinful activities after accepting the holy name of the Lord.

As stated in the Caitanya-bhāgavata (CB Madhya-khanda 13.225):

prabhu bale,-torā āra nā karis pāpa jagāi mādhāi bale,-āra nāre bāpa

The Lord said, "Do not commit further sins. Jagai and Madhai replied: Never again, O Lord."

53. One Should never subordinate fre principal of Hotti to ordinar alloof from the rules and regulations is explained in the Caitanya-bhāgavata (CB Madhya-khaṇḍa 16.144, 147):

yata vidhi, niṣedha-sakalai bhakti dāsa ihāte yāhāra duhkha, sei yāya nāśa viṣaya madāndha saba e marma nā jāne suta dhana kula-made vaiṣṇava nā cine

"All the rules and regulations are servants of Bhakti. One who has trouble accepting this is destroyed. One who is blinded by false pride can never understand this secret. Being proud of his children, wealth, and high birth, he fails to recognize a Vaisnava."

Sādhu-vṛtti - Following in the footsteps of the previous ācāryas حجه. مستريع معالية م

As stated in the Caitanya-bhāgavata (CB Madhya-khanda 17.19):

nagare haila kibā pāṣaṇḍi sambhāṣa ei vā kāraņe nahe prema parakāśa

"Did I speak with an atheist in town? Is that why love of God is not manifesting today?"

Sādhu-vrtti - Following in the footsteps of the previous ācāryas 55 · A-1014 Chatines is most essential; Śrīla Giving up relationships with nondevotees is most essential; Śrīla Advaita Prabhu gives the following statement in the Caitanyabhāgavata (CB Madhya-khaṇḍa 19.175):

> yadi mora putra haya, haya vā kinkara vaisnavāparādhī muñi nā dekhon gocara

"Even if he is My son or servant, I will never see the face of a person who offends Vaiṣṇavas." Sādhu-vṛtti - Following in the footsteps of the previous ācāryas 56. Never Pot Bhotti & Prous activities an two Same leven There is no comparison between bhakti and pious activities.

As explained in the Caitanya-bhāgavata (CB Madhya-khaņda 23.54):

prabhu bale,-tapah kari nā karaha bala viṣṇu-bhakti sarva-śreṣṭha jānaha kevala

The Lord said, "Don't think you have become powerful by performing austerities. Know for certain that devotion to Lord Visnu is the highest goal."

The hypocrites and cheaters sometimes advertise themselves as incarnations and thus increase their pride.

A devotee should cautiously avoid their company.

As stated in the Caitanya-bhāgavata (CB Ādi khaņda 14.82-83):

madhye madhye mātra kata pāpi-gaņa giyā loka nasta kare āpanāre laoyāiyā udara bharaņa lāgi' pāpiṣṭha sakale 'raghunātha' kari' āpanāre keha bale

"Sometimes a group of evil persons would try to mislead people in general from the spiritual path with wrong advice. These sinners simply cheat people in order to fill their bellies by claiming to be Lord Rāma."

Sādhu-vrtti - Following in the footsteps of the previous ācārya 58. Take carstant Shellers A MN 59. Live life without lutricity

Devotees should constantly take shelter of the holy names while passing their lives without duplicity or sin.

There is no greater religious principle than this.

The Caitanya-bhāgavata (CB Ādi khaṇḍa 14.139-140) gives the following conclusion:

ataeva kali-yuga nāma-yajña sāra āra kona dharma kaile nāhi haya pāra r<u>ātri dina nāma laya khāite śuite</u> tāhāra mahimā vede nāhi pāre dite

"Therefore, in Kali-yuga chanting the holy name is the essential religious principle; no other religious practice can help one cross the material ocean of nescience. Even the Vedas are unable to sufficiently glorify one who chants the Lord's holy name day and night in all situations."

Human beings should worship Krsna by considering the natural qualities and accepting the livelihoods of the previous and later mahājanas.

Pure devotional service is proportionately enhanced by following a proper occupation, otherwise it is never achieved.

What Srila Prabhupada says about Sādhu-vrtti - Following in the footsteps of the previous ācāryas

Srila Prabhupada Uvaca

Devotional service means transcendental activities.

On the transcendental platform there is no contamination by the three modes of material nature.

This is called viśuddha-sattva, the platform of pure goodness, or goodness free from contamination by the qualities of passion and ignorance.

Srila Prabhupada Uvaca

In this Kṛṣṇa consciousness movement we require everyone to rise early in the morning, by four A.M., and attend mangala-ārati, or morning worship, then read Srīmad-Bhāgavatam, perform kīrtana, and so forth.

Thus we hold continuous activities in devotional service twenty-four hours daily.

This is called sato vrtti, or following in the footsteps of the previous ācāryas who expertly filled every moment of time with Krsna conscious activities.