

## **Six Qualities that Enhance Bhakti**

### **9. Dhairya - Patience**

#### **5 causes of success in an activity**

- 1. Adhistanam - body / place**
- 2. Karta - self identification**
- 3. Karnam - senses/ subtle senses**
- 4. Chesta - endeavour**
- 5. Daivam - Karma**

Ability to tolerate is directly proportionate to advancement

Devotee going to Dr is not challenging the faith but going to Astrologer is challenging the faith and saying that Krsna is not in control of my life.

Dhairya means to Resist the Six Urges

Self-control

Patience means the ability to tolerate the urge, the ability to wait.

Due to lack of this quality, men become restless.

Those who are impatient cannot do any work.

A practitioner controls first himself and then the whole world.

## Vāco Vegaà

vāco vegaà manasaù krodha-vegaà  
jihvā-vegāṃ udaropastha-vegāṃ  
etān vegān yo viñaheta dhérau  
sarvām apémāā pāthivéā sa çīñyāt

### - The Urge to Speak

The urges of speech, mind, anger, belly, tongue, and genitals.

If speech is not regulated, then enmity arises from talking about others.

The practitioners of devotional service should not speak unnecessarily.

Besides topics regarding Kāñēa, all other topics are unnecessary.

## 4 types of anarthas

### 1.Asat trsna

Thrust for material enjoyment.

Sol: NOI -2

### 2.Tattva vibhrma

Confusion or illusion about the conclusions of sastras

Sol: Chastity to Guru, sadhu and sastra

### 3.Hridaya daurbalya

Weakness of heart - envy , pride, fault finding, deceit

Sol: NOI -4

### 4.Aparada -

Offences

Sol: NOI - 1

## Tolerance or Humility -

Action - appreciation of goal of life,  
by understanding it is favorable to my goal.  
Till one get the virtue one can make an endeavor.  
One has strong attachment to purpose.

Virtue - subduing of Mode of passion and ignorance.  
Once one develops the virtue, he will not get the  
urge.

## Manasa Vegaà

### The Urge of the Mind

It is the duty of a sober person to tolerate the urge of the mind.

Risis have propounded astanga-yoga and räja-yoga.

Lord's prescription is that one should regulate the mind from the inferior tastes by giving it a higher taste.

### Spontaneous DS

Yukta vairagya

Dovetailing (Engaging in likable devotional service)

Succumbing stage - killing boredom