## Śrī Brhad-bhāgavatāmrta

## by Śrīla Sanātana Gosvāmī

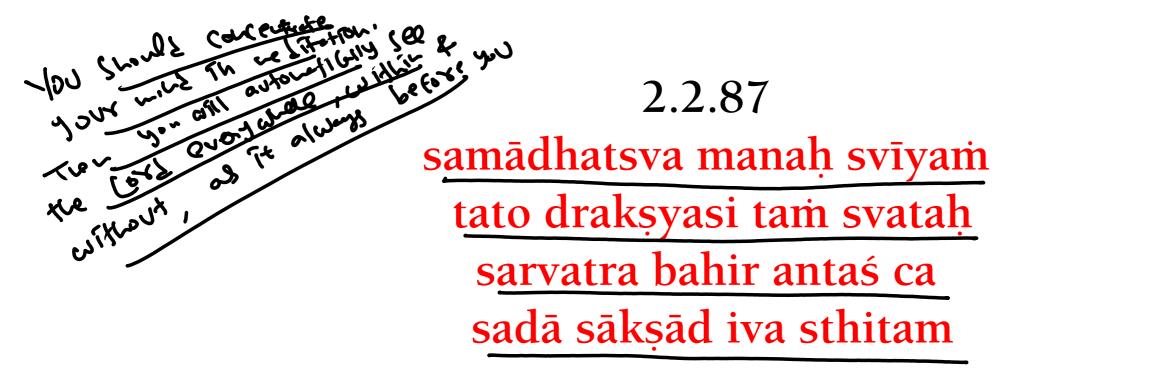
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## Śrī-goloka-māhātmya

## The Glories of Goloka



Jñāna: Knowledge



You should concentrate your mind in meditation (svīyam manah samādhatsva). Then you will automatically see the Lord (tato drakṣyasi tam svataḥ) everywhere (sarvatra), within and without (bahir antaś ca), as if always before you in person (sadā sākṣād iva sthitam). Gopa-kumāra might ask why he shouldn't go where he can directly see the Supreme Lord.

But Pippalāyana advises him instead to focus his attention within.

When one fully cultivates meditation and reaches the stage of samādhi, the form of the Lord will manifest itself on its own strength, without one's separate endeavor, just as a person's face appears in a clean mirror.

If Gopa-kumāra follows the recommended yoga process, he will see the Supreme within and without, or at least seemingly so  $(s\bar{a}k\bar{s}\bar{a}d\bar{a})$ , since in fact the Supreme cannot be viewed with the external eyes.  $J_{v}$ 

There is no use wandering around to find Him.