

Śrī Brhad-bhāgavatāmṛta

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**Volume-2**

**Śrī-goloka-māhātmya**

**The Glories of Goloka**

# Chapter-2

Jñāna: Knowledge

You should concentrate  
your mind in meditation.  
Then you will automatically see  
the Lord everywhere, within &  
without, as if always before you

2.2.87

samādhatsva manah svīyaṁ  
tato draśyasi taṁ svataḥ  
sarvatra bahir antaś ca  
sadā sāksād iva sthitam

You should concentrate your mind in meditation (**svīyaṁ manah samādhatsva**). Then you will automatically see the Lord (**tato draśyasi taṁ svataḥ**) everywhere (**sarvatra**), within and without (**bahir antaś ca**), as if always before you in person (**sadā sāksād iva sthitam**).

Gopa-kumāra might ask why he shouldn't go where he can directly see the Supreme Lord.

But Pippalāyana advises him instead to focus his attention within.

When one fully cultivates meditation and reaches the stage of samādhi, the form of the Lord will manifest itself on its own strength, without one's separate endeavor, just as a person's face appears in a clean mirror.

If Gopa-kumāra follows the recommended yoga process, he will see the Supreme within and without, or at least seemingly so (sākṣād iva), since in fact the Supreme cannot be viewed with the external eyes.



There is no use wandering around to find Him.