Śrī Bṛhad-bhāgavatāmṛta

by Śrīla Sanātana Gosvāmī

Volume-2

Śrī-goloka-māhātmya

The Glories of Goloka

Chapter-3

Bhajana: Worship

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ekasminn indriye prādurbhūtam nāmāmrtam rasaiḥ āplāvayati sarvāṇīndriyāṇi madhurair nijaiḥ

2.3.162

When the nectar of the Lord's name (nāmāmṛtaṃ) appears (prādurbhūtaṃ) in just one sense (ekasminn indriye), all the senses (sarvāṇi indriyāṇi) are flooded (āplāvayati) with their own sweet tastes (nijaiḥ madhuraih rasaiḥ).

In this way, every enjoyment possible is derived from nāma-sankīrtana.

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mukhyo vāg-indriye tasyodayaḥ sva-para-harṣa-daḥ tat prabhor dhyānato 'pi syān nāma-saṅkīrtanaṁ varam

Appearing (udayaḥ) mainly (mukhyo) in the sense of speech (vāg-indriye), the Lord's name (saya) gives pleasure (harsa-daḥ) to the chanter and to others (sva-para). So (tat) even greater than meditation on the Lord (prabhor dhyānatah api varam) is His nāma-sankīrtana (nāma-sankīrtanam syād).

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2.3.164

nāma-saṅkīrtanam proktam kṛṣṇasya prema-sampadi baliṣṭham sādhanam śreṣṭham paramākarṣa-mantra-vat

The sankīrtana of Kṛṣṇa's names (kṛṣṇasya nāma-saṅkīrtanaṁ) is praised (proktaṁ) as the best (śreṣṭhaṁ) and most powerful means to attain (baliṣṭhaṁ sādhanaṁ) the treasure of kṛṣṇa-prema (prema-sampadi). It is like a potent mantra that can attract precious objects from a distance (parama ākarṣa-mantra-vat).

If one wants the ultimate success in spiritual life, one must take shelter of nāma-saṅkīrtana, as the Vaikuṇṭha-dūtas proclaim exuberantly in this verse.

Śrīmad-Bhāgavatam (11.2.39–40) describes how nāma-saṅkīrtana nourishes the devotee:

śṛṇvan su-bhadrāṇi rathāṅga-pāṇer janmāni karmāṇi ca yāni loke gītāni nāmāni tad-arthakāni gāyan vilajjo vicared asaṅgaḥ

Hearing (śṛṇvan) the most auspicious birth and activities (su-bhadrāṇi janmāni karmāṇi ca) of Kṛṣṇa (rathāṅga-pāṇeh) which are sung by all people (yāni loke gītāni) and singing (gāyan) his names which describe those activities (tad-arthakāni nāmāni) while having no attachment to anything else (asangaḥ), a person should without shame wander in the world (vilajjo vicared).

evam-vratah sva-priya-nāma-kīrtyā jātānurāgo druta-citta uccaiḥ hasaty atho roditi rauti gāyaty unmāda-van nṛtyati loka-bāhyaḥ

Regulated with such devotion (evam-vrataḥ), chanting the name of his dear Kṛṣṇa (sva-priya-nāma-kīrtyā), he develops prema (jātānurāgo). His heart melts (druta-citta) and he laughs loudly (uccaiḥ hasaty), weeps, wails and sings (atho roditi rauti gāyaty). He dances like a madman (unmāda-van nṛṭyati) without regard for the public (loka-bāhyaḥ).

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tad eva manyate bhakteh phalam tad-rasikair janaih bhagavat-prema-sampattau sadaivāvyabhicārataḥ

Because nāma-saṅkīrtana invariably leads (sadā eva avyabhicārataḥ) to the treasure of pure love for the Lord (bhagavat-prema-sampattau), true connoisseurs of devotional service (tad-rasikair janaiḥ) consider (manyate) nāma-saṅkīrtana (tad eva) the very fruit of bhakti (bhakteḥ phalaṁ).

According to many pure devotees, nāma-saṅkīrtana is not only the best means of devotional service but the final perfection itself.

Of course, prema is the final goal of bhakti, but nāma-sankīrtana so quickly and infallibly leads to prema that the two are considered virtually identical.

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Prema .

Wherever prema is seen to have developed, one can presume that nāma-sankīrtana must have been performed.

Nāma-saṅkīrtana is the necessary and sufficient cause of prema.

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According to some knowers of rasa (kaiścid rasa-jñair), the real sign (sad-lakṣaṇaṁ) of a person full of prema (kṛṣṇe premabharasya) is this (uta kathyate tat): As he performs saṅkīrtana (saṅkīrtanaṁ) of the name he worships (nijeṣṭa-nāma), the full force of spiritual agony (sphuṭa ārtyā) erupts in him (hi sphurati) by the weight of his own love (premṇo bhareṇa eva).

Other expert Vaiṣṇavas consider saṅkīrtana and prema to be altogether the same.

They are mutually the cause of one another and therefore nondifferent.

2.3.167

Live the latter to the mammam tu sankīrtanam ārti-bhārān

a control to the megham vinā prāvṛṣi cātakānām

megham vinā prāvṛṣi cātakānām

rātrau viyogāt sva-pate rathāngī
vargasya cākrośana-vat pratīhi

Like the distressed crying (ākrośana-vat) of the cātaka birds (cātakānām) on a cloudless day (megham vinā) of the rainy season (prāvṛṣi), or the lamenting (ākrośana-vat) of a flock of cakravākī birds (rathāngī-vargasya) when parted from their husbands (viyogāt) at night (rātrau), the sankīrtana of the Lord's names (nāmnām tu sankīrtanam) arises (pratīhi) when one is burdened by too much pain (ārti-bhārān).

(Nāma-saṅkīrtana) in fact appears only when prema has been enhanced in a special way.

Prema enriched with transcendental hankering (results in sankīrtana.)

To help us understand, the Vaikuntha-dūtas mention, by way of analogy, the cātaka and cakravākī birds.

The plaintive call of the cātakas, sounding like priya priya ("my dear one, my dear one!"), resounds on cloudless days of the rainy season.

And the lament of the cakravākīs fills the sky when their husbands are absent at night.

In such a way, nāma-saṅkīrtana arises when one feels separation from the Lord in pure love of God.

The true way of doing bhagavan-nāma-sankīrtana is to call out to one's beloved Lord in agony, expressing one's feelings in various sweet songs to attract Him.

As the philosophical maxim states, siddhasya laksanam yat syāt/ sādhanam sādhakasya tat: "The practitioner and the means of practice should be in accord with their goal."