# Śrī Bṛhad-bhāgavatāmṛta

# by Śrīla Sanātana Gosvāmī

### Volume - 2

Śrī-goloka-māhātmya

The Glories of Goloka

### Part 5

## Prema- Love of God

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#### **Text 218**

tad dhi tat-tad-vraja-krīḍādhyāna-gāna-pradhānayā bhaktyā sampadyate presthanāma-saṅkīrtanojjvalam

One develops that love (tad hi sampadyate) by practicing the devotional service (bhaktyā) whose main ways are (pradhānayā) meditation on and singing about (dhyāna-gāna) the many Vraja pastimes of the Lord (tat-tad-vraja-krīdā). That service becomes brilliant (ujjvalam) by sankīrtana of the Lord's most beloved holy names (preṣṭha-nāma-sankīrtana).

Vaidhī-sādhana-bhakti, which consists of nine basic devotional practices, beginning with hearing, chanting, and remembering, prepares a devotee's heart for the awakening of prema, love of God.

Dhyāna and gāna—the general methods of remembering and chanting about the Supreme Lord and His pastimes—transform, in the advanced stages of sādhana, into preṣṭhanāma-saṅkīrtana, ecstatic absorption in the nectarean names of one's worshipable Lord.

This sankīrtana is the most essential means for achieving prema.

By nāma-saṅkīrtana one easily realizes the full glories of Kṛṣṇa and His pleasure potency.

Text 219
tad-eka-rasa-lokasya
saṅge 'bhivyaktatāṁ svataḥ

prayāsyad api tad vastu gopanīyam prayatnatah

In the company (sange) of people (lokasya) whose only taste is for devotional service in pure love (ad-eka-raya), that love (tad vastu) appears (abhivyaktatām) of its own accord (svataḥ). Yet one must try hard to keep it concealed (prayāsyad api gopanīyam prayatnataḥ).

The quickest way to achieve prema is to stay in the company of those who know its value.

The association of first-class pure Vaiṣṇavas has the power to evoke prema in an aspirant's heart.

But when love for Kṛṣṇa begins to mature, a devotee must be careful not to make a public show of his ecstasy.

There is a saying, gopayet mātṛ-jāra-vat: "One should keep prema hidden, as one would conceal that one's mother has a paramour."

A devotee actually experiencing prema would never divulge his inner ecstasies just to establish a reputation for himself among Vaiṣṇavas.

Still, as indicated here by the word svatah ("of its own accord"), the situation of an ecstatic devotee is like that of an ordinary person separated from a loved one long enough for time to have covered the pain yet not so long that meeting friends of his beloved won't suddenly plunge him again into agony.

The word prāyasyat is in a future tense, which implies that the injunction to keep prema hidden applies only before prema has fully appeared.

Once fully developed, prema cannot be checked from showing itself whenever it wants.

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Text 220

tad vai tasya priya-krīḍāvana-bhūmau sadā rahaḥ nivasams tanuyād evam sampadyetācirād dhruvam

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When one resides (nivasan) always (sadā) in seclusion (rahah) in the land (bhūmau) of the Lord's favorite pastime forests (tasya priya-krīdā-vana), surely (dhruvam) such love (tad vai) will soon develop (acirād sampadyeta) and mature (tanuyād).

Sādhana-bhakti performed in Krsna's holy dhāma is especially conducive to the awakening of prema.

That loving devotional service (tat) is far different (dūrataḥ sthitam) from disciplines such as karma, jñāna, and yoga (karma-jñāna-yogādi-sādhanād). At every stage (sarvatra) it is decorated (bhūṣitam) by indifference to them (nairapekṣyeṇa), and its root is dainya, utter humility (dainya-mūlakam).

The question here is whether prescribed duties and other methods of purification should be continued along with devotional service.

Should one keep on with karma (the following of varṇāśrama regulations) or jṇāna (the cultivating of discrimination between spirit and matter)?

What about the eightfold practice of yoga and meditation in samādhi?

And what about renunciation, chanting mantras, and other disciplines?

Here Nārada answers that although these disciplines, starting with karma, may all assist in the sādhana of love of God, only in the very early stages of devotional practice are they of much use.

Once sādhana-bhakti has yielded its fruit—rāgānuga-bhakti, spontaneous devotion—and especially once prema has appeared, the fruit of rāgānuga-bhakti, there is no longer any place in a devotee's life for those other practices.

The fact is that prema is not achievable by other methods, such as karma and jñāna.

Devotees should therefore disregard those methods and simply busy themselves with the devotional service of hearing, chanting, remembering, and so on.

This point has already been discussed in detail at the end of the Second Chapter of this part of Bṛhad-bhāgavatāmṛta, in the context of the glories of bhakti. Great authorities have said:

kāyena dūre vrajinam tyajantī japantam antaḥ-karaṇe hasantī samādhi-yoge ca bahir bhavantī sandṛśyate kāpi mukunda-bhaktiḥ

"Devotional service to Lord Mukunda (mukunda-bhaktiḥ) can be seen personified (sandṛśyate) as it runs far away (dūre tyajantī) from those who perform fruitive rituals (kāyena vrajinam), and laughs (hasantī) at those who chant silent mantras (japantam) in their minds (antaḥkaraṇe), and avoids those (bahir bhavantī) who practice meditational yoga (samādhi-yoge ca)."

Bhakti-yoga in all its phases of practice and achievement, in this life and the next, is always decorated with the ornament of indifference to material desires.

This holds true whether bhakti is performed internally with the subtle body or externally with one's physical body and senses and the body's external possessions. When one allows secondary means and goals to become prominent, one deviates from bhakti.

The most essential support—and a candidate for pure bhakti must always take help from it—is utter humility.

Wise men (budhaih) define dainya (dainyam iṣyate) as the state (tad) in which (yena) one always thinks oneself (sadā) āṭmani buddhiḥ) exceptionally incapable (aṣādhāraṇa) (aṣakta) and low (adhama-buddhiḥ), even when endowed with all excellences (sarva utkarṣa anvite api).

Nārada's own definition of dainya distinguishes his use of the word from other possible meanings, such as "poverty," "becoming selfless by not accepting charity," and "being free from egotism."

Someone might say that the quality of thinking oneself very fallen may also be seen in persons who are simply lazy or those who abandon auspicious work or indulge in sinful acts.

Therefore Nārada specifies that one who actually has dainya is endowed with all good qualities; for instance, such a person observes positive and negative regulations, he is free of false ego, and he has a healthy fear of material life.

Furthermore, though Nārada doesn't say so, transcendental dainya is a state of extreme agitation that can lead to tears and other ecstatic outbreaks.

Text 223 matyā ca sthairyam eti tat cyksing stam yatnena bhajed vidvāms tad-viruddhāmi

An intelligent person (vidvān) should carefully cultivate (yatnena bhajed) speech (tām vācā), behavior (īhayā), and thinking (matyā ca) that fix him (yayā sthairyam eti) in utter humility (dainyam), and anything that stands in the way of it (tad-viruddhāni) he should avoid (varjayet).