



ŚRĪ  
MANAḤ-ŚIKṢĀ

*Splendid Instructions to the Mind*

by Raghunātha Dāsa Gosvāmī

With the commentaries  
*Bhajana-darpaṇa* and *Manah-śikṣā Bhāṣā*  
by Śrīla Bhaktivinoda Ṭhākura

Including commentaries of contemporary Vaiṣṇavas

Śrī Manah-śikṣā

Splendid Instructions to the  
Mind

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INVOCATION

BY

ŚRĪLA BHAKTIVINODA  
ṬHĀKURA

**BHAJANA-DARPAṆA**

# INVOCATION

śrī-śrī-guru-caraṇebhyaḥ namaḥ  
śrī-śrī-kṛṣṇa-caitanya-candrāya namaḥ  
śrī-śrī-rādhā-kṛṣṇābhyām namaḥ

- To compose this commentary on Manaḥ-śikṣā, I fall at the lotus feet of Śrīla Raghunātha Dāsa Gosvāmī.
- He is worshipable by the whole world because he displayed how to cut all worldly ties by taking full shelter of Śrī Caitanya Mahāprabhu.

# INVOCATION

- By the instruction of Śrī Caitanya Mahāprabhu, Śrī Svarūpa Dāmodara Gosvāmī taught Raghunātha Dāsa Gosvāmī all the secrets and mystery of the worship of the name of the Lord, hari-nāma-bhajana.
- These twelve ślokaś of Manaḥ-śikṣā are the wealth and life of all Gauḍīya Vaiṣṇavas because Śrīla Raghunātha Dāsa Gosvāmī, by addressing and instructing his own mind, is teaching everyone these same secrets.
- He reveals what people should or shouldn't do when, after the accumulation of devotional good fortune, they gain faith (śraddhā) in devotional service for Śrī Kṛṣṇa.

MANAḤ-ŚIKṢĀ BHĀṢĀ

## INVOCATION

śrī-śrī-guru-caraṇebhyo namaḥ

śrī-kṛṣṇa-caitanya-candrāya namaḥ

śrī-raghunātha-dāsa-gosvāmī-caraṇebhyo namaḥ

I offer my respects to the lotus feet of śrī-guru, the moon-like Śrī Kṛṣṇa Caitanya, and Śrī Raghunātha Dāsa Gosvāmī.



# INVOCATION

|| 1 ||

vraja-dhāma nitya-dhana, rādhā-kṛṣṇa dui jana,  
līlā-āveśe eka-tanu haiyā  
dhāma-saha gauḍa-deśe, prakāṭa hailā ese,  
nija nitya-pāriṣada lai yā

The eternal treasure of Vraja, Śrī Śrī Rādhā and Kṛṣṇa, absorbed in their play, melded into one body and manifested in Bengal, along with their timeless abode and their entourage of eternal associates.

# INVOCATION

॥ 2 ॥

**mana! tumi satya bali' jāna  
navadvīpe gaurahari, nāma-saṅkīrtana kari',  
premāmṛta gauḍe kaila dāna**

O heart, know it to be true! By performing congregational chanting of the holy name (nāma-saṅkīrtana) in Navadvīpa, Gaurahari gave the immortal ambrosia of sacred love to Bengal.

# INVOCATION

॥ 3 ॥

sannyāsera chala kari', nīlācale sei hari,  
śrī-kṛṣṇa-caitanya yatīśvara  
dāmodara, rāmananda, la'ye kari parānanda,  
gūḍha-tattva jānāya vistara

The same Hari became the best among wandering ascetics, Śrī Kṛṣṇa Caitanya, who lived in Nīlācala in the pretext of being a sannyāsī, enjoying unsurpassed bliss with Svarūpa Dāmodara and Rāmānanda Rāya, exploring deep and intimate mysteries [of Kṛṣṇa's love].

# INVOCATION

|| 4 ||

raghunāthe sei tattva, śikhāiyā paramārtha,  
pāṭhāila śrī-rūpera kāche  
śrī-dāsa-gosvāmī braje, rūpa-saha kṛṣṇa bhaje,  
manaḥ-śikṣā-śloka likhiyāche

Teaching these spiritual truths, Caitanya Mahāprabhu sent Raghunātha Dāsa Gosvāmī to Rūpa in Vraja. It was there that Raghunātha Dāsa Gosvāmī adored and worshiped Kṛṣṇa alongside Śrī Rūpa, and wrote this Manaḥ-śikṣā.

## INVOCATION

|| 5 ||

tāhñāra dāsera dāsa, haite yā'ra baḍa āśa,  
e bhaktivinoda akiṣcana  
manaḥ-śikṣā-bhāṣā gāya, yathā śuddha-bhakta pāya,  
dayā kari' karena śravaṇa

I, poor Bhaktivinoda, cherishing the intense desire to become the servant of their servants, sing these commentaries on Manaḥ-śikṣā wherever I find pure devotees. Please be merciful and listen!