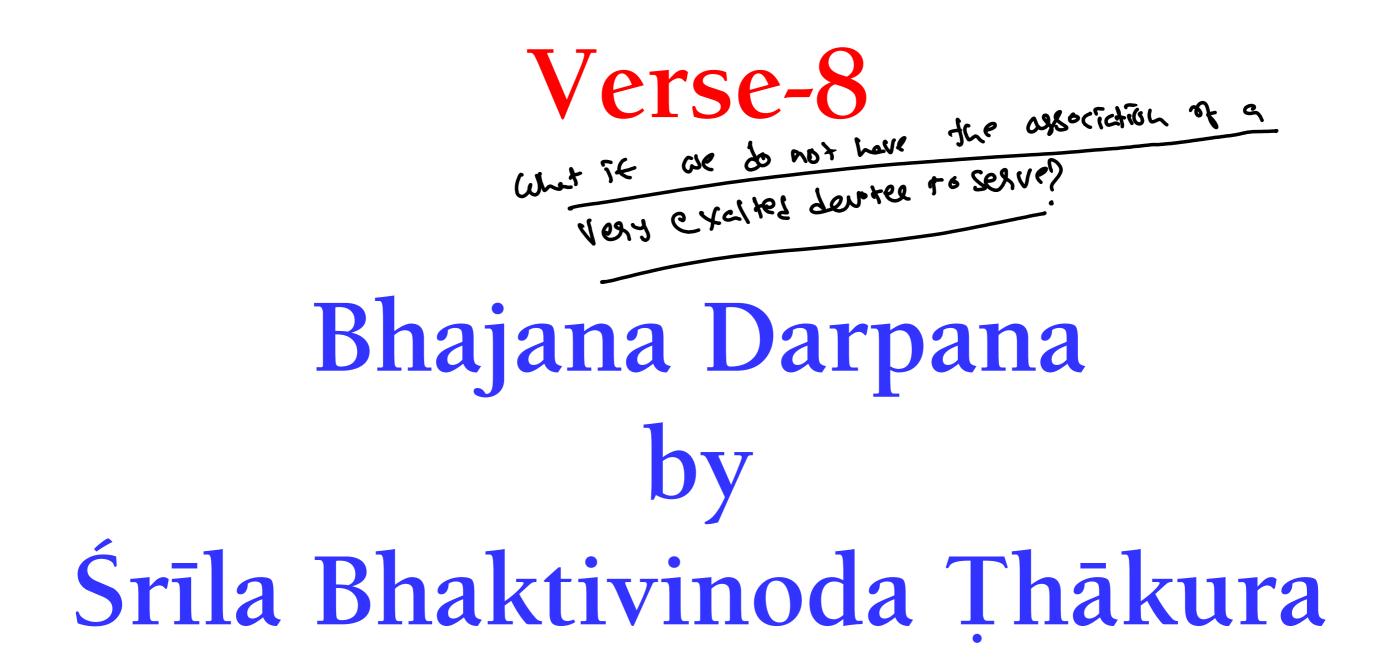
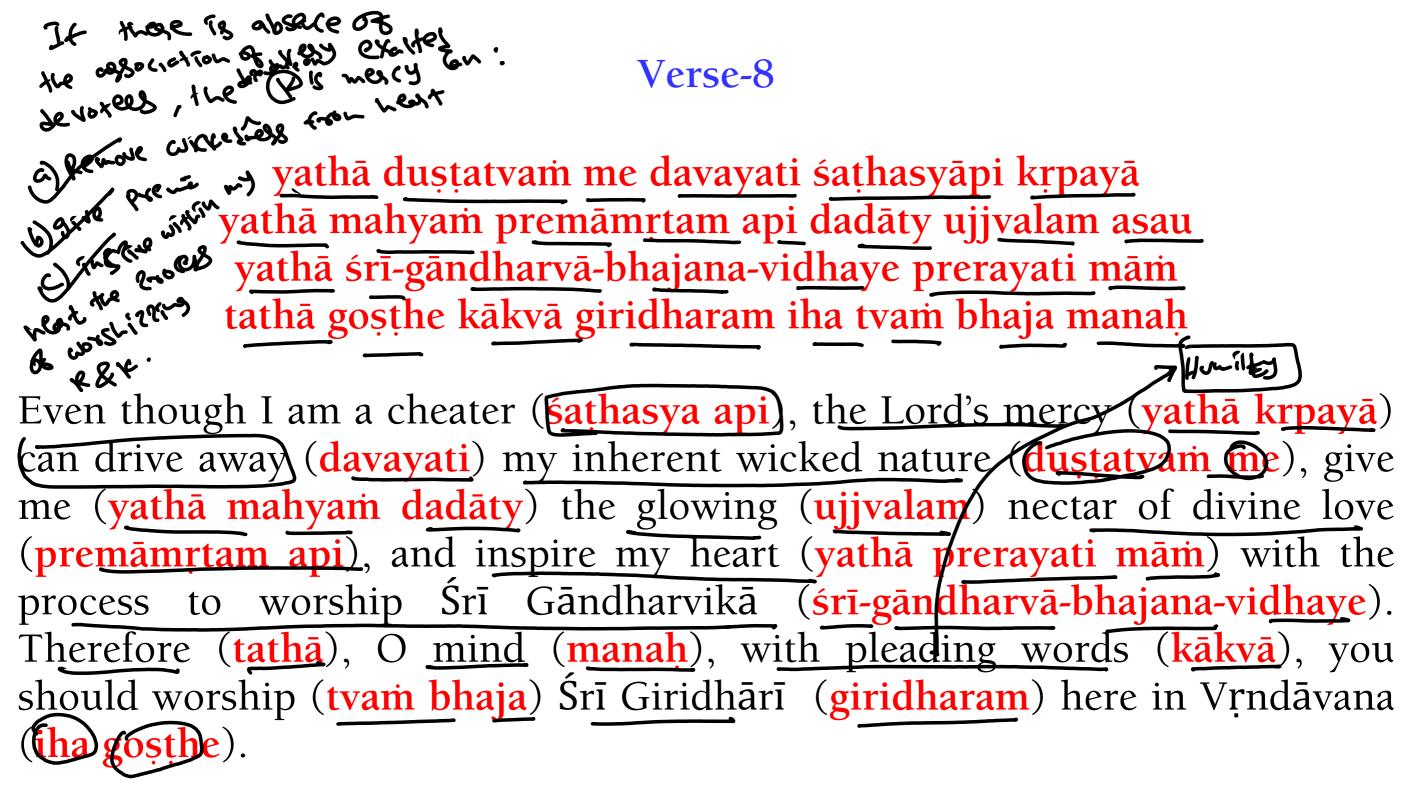
Śrī Manah-śikṣā

Splendid Instructions to the Mind

by Śrī Raghunātha dāsa Gosvāmī





Ślokārtha: Meaning of the Verse

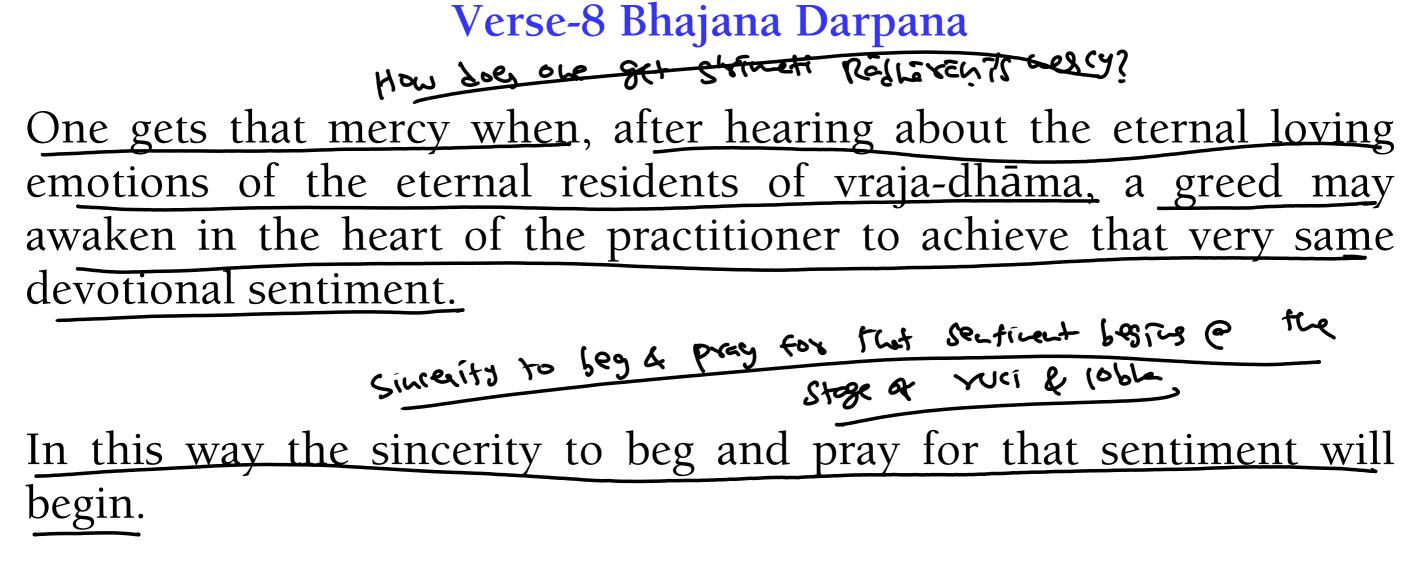
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Śrī-Gāndharvā bhajana: Worship of Śrī Gāndharvikā

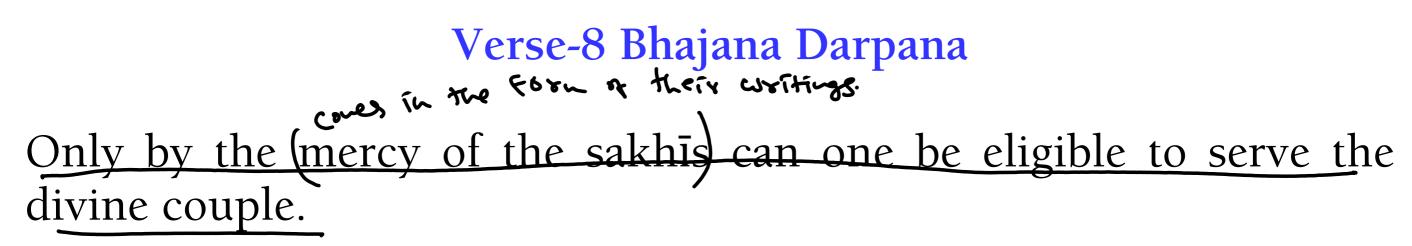
Verse-8 Bhajana Darpana

The infinitesimal living being in its limited capacity to experience bliss may sometimes experience brahmānanda (the bliss of realizing B<u>rahman) or ātmānanda (the bliss of knowing oneself to be a</u> spiritual soul).

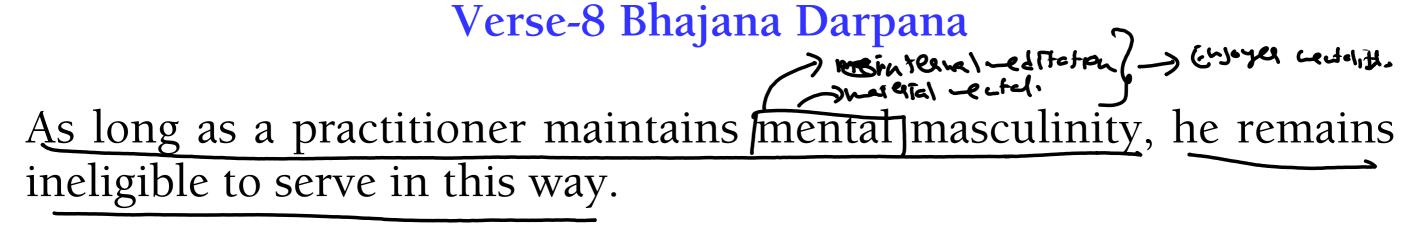
However, without the mercy of the internal pleasure potency (hlādinī-śakti) one can never experience the transcendental ecstasy of paramānanda (the supreme bliss of loving service).



Once that sincere desire has awakened, the devotee should take shelter of and serve one of Śrīmatī Rādhārāņī's girl friends (sakhīs or manjarīs).



By getting the mercy of a sakhī, one will gradually obtain the mercy of Śrī Rādhā. With the increase of (such mercy) hlādinī-śakti proportionally manifests in the heart, which makes the spiritual bliss of service to the divine couple eternally available to the soul.



There is no connection of one's worldly male and female body to this mood and service.

In its original form, the jīva has a spiritually feminine nature)

If a person superimposes concepts of material gender everything is destroyed.

Verse-8

ŚRĪLA BHAKTIVINODA THĀKURA'S

MANAH-ŚIKṢĀ BHĀṢĀ

SONG EIGHT

Verse-1

vraja-bhūmi ci<u>ntāma</u>ņi, (i<u>dānanda-ratna-khani</u>) yathā nitya ras<u>era vilāsa</u> jīve diba gūdha dhana, ci<u>niti</u> k**rṣṇ**a v**r**ndāvana, jadē āni karila prakāśa

The land of Vraja is a wish-fulfilling gem; indeed, i<u>t</u>'s a jewel mine of consciousness and bliss, where Srī Kṛṣṇa's eternal sweet playful pastimes manifest. Kṛṣṇa thought, "I<u>f I bring Vrndāvana and make</u> it manifest on earth, then I can give the greatest, most secret treasure to the souls there."

Verse-2

k**ṛṣṇ**a mora dayāra sāgara tumi mana, vraja-dhāma, bhrami' bhrami' avirāma, **dā**ka k**ṛṣṇ**e haiyā kātara

My Krsna is an ocean of mercy! O heart! Keep wandering in Vraja ceaselessly and cry out for Krsna in despair!

Verse-3

avidyā-vilāsa-vaše, chile tumi jaḍa-rase, duṣṭatā hṛdaye pāila sthāna haile tumi śaṭha-rāja, bhulile āpana kāja, hṛdaye varile abhimāna

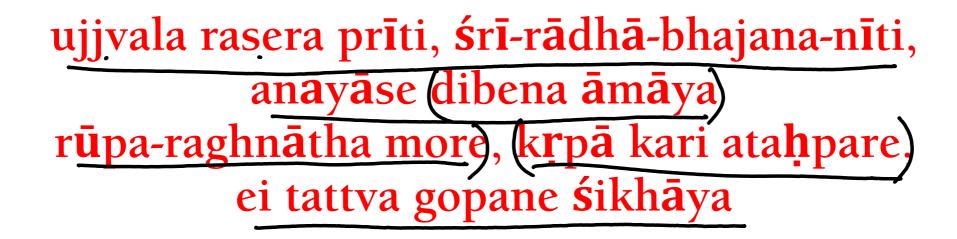
You were in the grip of illusory delights reveling in mundane romance, and evil found a place in your heart. You became a master cheater, forgetting your own duties, and began to foster ego in your heart.

Verse-4

e<u>be upadeśa śuna, gāiyā yugala-gu</u>ņa, go**șț**he go**șț**he karaha rodana dayā kari' giridhara, śuniyā kākuti svara, tabe do**ș**a karibe śodhana

Now listen to this instruction: sing the glories of the divine couple and cry, right here in the pastures of Vraja. When Giridhārī listens to such pitiful weeping, he will cleanse me of all my faults.

Verse-5



He will give me) (hat bright and shining sweetness of love), (easily showing me the ways of worshiping Śrī Rādhā. When Rūpa and Raghunātha have mercy on me, they will teach me all these mysteries in secret.