

Verse-6

Notes on the Commentary
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graphic language - Bathing In the Urine of an ass

We get so carried by externals & think what
we are doing is spiritual life

Trying to wake us up.
Why be so humiliated? It's a disgusting
scene

Who in their right mind
will want to bathe in such a thing?

We want to cleanse our heart,

Rādhā and Kṛṣṇa are not going to come close

An ass is that it's a stupid animal Only
another such stupid animal will associate.

The “burning” is that one becomes so disheartened or poisoned by deceit that it more or less destroys any opportunity for one’s advancement in spiritual life

soul is burning in a fire of deceit and hypocrisy, a very unpalatable and uncomfortable situation, detrimental for spiritual life.

Bathing example for both positive and negative,

we should bathe in, “the ocean of love emanating from the lotus feet of Śrī ŚrīGāndharvikā-Giridhārī,” prema āmbhodhau.

**solution of how to become free from a
deceitful mentality and hypocritical attitude.**

By prayers to Śrīmatī

From Rūpa Gosvāmī
Stava-mālā.



Praying to Kṛṣṇa in a systematic
process of surrendering

praying, surrendering, meditating, and chanting are done
with humility, then deceit will be vanquished from the
heart



These prayers are to direct our minds from the
duplicity of materially contaminated devotional service towards
pure devotional service.

Prabhupāda has given us so many beautiful pastimes, so many nice
prayers and poems.

they are constant source of practice.

surrender with great hope
for service



*"You have a butter-soft heart which
melts constantly by the warmth of your compassion."*

whether qualified or unqualified one can
actually make a claim
for mercy

Mercy means you don't have to be
qualified; you just simply have to ask for it

The mood of begging is called humility

able to constantly chant

practice devotional service in a systematic and consistent fashion

our practice will always go up and down.

I will go to maṅgala-ārati and the morning program, but as soon as I leave then I revert to a different consciousness.

humility is acquired



by practicing the symptoms of
humility,

specifically by associating with those devotees
who are genuinely humble.

If we constantly chant than will we not give the opportunity
for something else to come in.

Humility

Constant engagement

Freedom from deceit

**Bhaktivinoda Ṭhākura "s
the mind must be engaged in thoughts which are essential for
advancement in devotional service, such as, "How can I perfect my
service?"**

Thinking about Kṛṣṇa,

thinking about spreading Kṛṣṇa consciousness,

remembering the Lord's pastimes,

chanting the holy name loudly

**As soon as you don't think about essential activities, we will
start thinking about non-essential activities.**

**Non-essential activities will allow all kinds of other things
to come back into the mind.**

fixing our mind and always be absorbed in thinking about Kṛṣṇa is Yoga



We can have thoughts which are very essential to the execution of the service,

when we are not so engaged in service then we can think about Kṛṣṇa directly

It's not just going to happen unless we make it happen.

Kṛṣṇa consciousness means—to always practice thinking about Kṛṣṇa.

in conclusion

BVT's
the heart must be purified by humility in order to drive deceit out,
and the heart must be saturated with humility in order to keep
deceit from coming back in.