Verse-11 Bhajana Darpana by Srila Bhaktivinoda Thäkura

samaà çré-rüpeëa smara-vivaça-rädhä-giribhåtor vraje säkñät-sevä-labhana-vidhaye tad-gaëa-yujoù tad-ijyäkhyä-dhyäna-çravaëa-nati-païcämåtam idaà dhayan nityä govardhanam anudinaà tvaà bhaja manaù

O mind, you should every day drink the five nectars-

- Worship the deity form of Lord (ijaya)
- 2. Glories Study devotional literature (äkhyä)
- Meditation Name, form, qualities and pastimes (dhyana)
- 4. Listening to divine pastimes (Sravana)
- Offering obeisances (nati)

Worship Govardhana according to the rules.

Follow the instructions of Śrī Rūpa

Obtain the direct service of Śrī Śrī Rādhā-Giridhārī, in the company of their associates in Vraja

What is the most confidential, deeply esoteric and exalted science of devotional service a sādhaka, can perform to the divine couple?

RDG's

Tad-gaṇa-yujoḥ: With confidential and eternal associates Lord Śrī Kṛṣṇa and Śrīmatī Rādhārānī are always surrounded by their friends

Smara-vilāsa-parāyaṇa: Absorbed in attractive amorous pastimes Become deeply absorbed in and attached to Rādhā-Kṛṣṇa's amorous śṛṅgāra-rasa (After the stage of Nista – under the guidance of Guru)

Vraje sākṣāt sevā lābha: Achieving direct service in vrajadhāma

Whatever service is rendered in the stage of sādhana-bhakti is a simulation of direct service.

One first attains service to the Lord from a distance....

The services are endless, and unlimited maidservants are each engaged in their specific respective service.

The direct service of Rādhā and Kṛṣṇa is possible only when the living entity achieves an eternal, perfected, original spiritual form.

In the direct service of amorous love,

- ·One experiences the highest purest bliss
- ·That bliss never diminishes,
- ·Nor does it ever get quenched,
- ·One has no selfish desire
- ·Only motivated by direct service.
- ·Not even an iota of suffering can touch one's heart
- •The misery that arises out of separation is just a transmutation of this ultimate bliss

Śrī-rūpeṇa-samam: Aligned with the teachings of Śrī Rūpa Gosvāmī Being aligned with the teachings of Śrī Rūpa [Bhakti-rasāmṛta-sindhuḥ 1.2.90-3]

5 potent items of DS - If one come in contact with these 5 things and even if he doesn't have faith and don't commit offences, he will attain Bhava immediately.

ljyā: Worship of the Lord's Murti

- ·Honouring the special day like Ekādaśī
- ·Wearing garlands or necklaces, tilaka
- ·Taking the vow of accepting remnants of food offered to the Lord and water that has washed the feet of the murti.
- ·Serving tulasī

Ākhyā: Glorification

- ·Studying devotional literatures
- ·Hearing and chanting the names and pastimes of Lord Hari.

Dhyāna: Meditation Dhyāna is a special category of smaraņa

JG in Bhakti-sandarbha, Anuccheda 278
explains
Meditation on the Lord (smaraṇa) progresses
in the following order:
Holy names (nāma),
His form (rūpa),
His divine qualities (guṇa),
His associates (parikara),
One's service in connection to Him (sevā),
pastimes (līlā).

Smaraṇa can be categorized into five stages:

- 1. Smaraṇa -To meditate on whatever spiritual topics come easily to the mind.
- 2. Dhāraṇā To thoroughly fix the mind on the Lord.
- 3. Dhyāna To make a focused attempt to meditate on specific forms, pastimes, etc.
- 4. Dhruvānusmṛti Meditation on the Lord that occurs spontaneously as a constant flow of nectar.
- Samādhi When only the Lord exists in one's consciousness.

Śravaṇa: Hearing Listening to saintly people glorify the playful pastimes of the Lord. The cultural system of hearing purāṇas

Nati: Offering Obeisances
One should offer prostrated obeisances before

- 1. The Lord's mūrti
- 2. Any object or place that awakens one's remembrance of the Lord