

Śrī Caitanya-Śikṣāmṛta

Nectarean Teachings of Lord Śrī  
Caitanya

by

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Thākura

# Chapter – 1

## Part – 6

### Sadhana Bhakti

# Door to Devotional Service – The first 20 Angas

(The Do's)

- ① Time liberating
- ② Life style correcting
- ③ Attitude correcting.

→ ③ ②

1. guru-pādāśraya – Taking shelter of a guru

③ ②

2. kṛṣṇa-dīkṣādi-śikṣaṇam – Taking Dikṣa and acquiring  
knowledge from him

③

3. viśrambheṇa guroḥ sevā – Service to guru with respect

# Door to Devotional Service – The first 20 Angas

(The Do's)

4. <sup>③②①</sup> sādhu-vartma anuvartanam – Following the rules of the scriptures as approved by the acaryas
5. <sup>③②①</sup> sad-dharma-prcchā – Inquiry about the real duties of life
6. <sup>②①</sup> bhogādi-tyāgaḥ kṛṣṇasya hetave – Renunciation of enjoyment to gain Kṛṣṇa's mercy

# Door to Devotional Service – The first 20 Angas (The Do's)

③②

7. nivāso dvārakā ādau vā gaṅgāder api sannidhau – Residing in Dvārakā or other holy places, or near the Gaṅgā

①②③

8. vyāvahāreṣu sarveṣu yāvad-arthānuvartitā – Accepting only what is necessary in dealing with the body

# Door to Devotional Service – The first 20 Angas (The Do's)

②③

9. hari-vāsara-sammāno – Observing the Ekādaśī vrata

③

10. dhātry-aśvatthādi-gauravam – giving respect to the āmalakī,  
aśvattha and other items

# Door to Devotional Service – The first 20 Angas (The Do's)

eṣām atra daśāṅgānām  
bhavet prārambha-rupatā

Preliminary bhakti (atra prārambha-rupatā) should consist of  
these ten angas (eṣām daśa aṅgānām bhavet).

# Door to Devotional Service – The first 20 Angas

(The Dont's)

①②③

11. saṅga-tyāgo vidūreṇa bhagavad-vimukhair janaiḥ – Giving up  
the association of those opposed to the Lord

①③

12. Śiṣyādy an-anubandhitvam – not being attached to making  
disciples

①②③

13. maḥā ārambhādy-anudyamaḥ – not being enthusiastic for huge  
undertakings



## Door to Devotional Service – The first 20 Angas

(The Dont's)

①③

14. bahu-grantha-kalābhyāsa-vyākhyā-vāda-vivarjanam – avoiding the study of useless books in order to earn a living or to defeat others in useless arguments

① ③

15. vyāvahāre 'py akārpaṇyam – not feeling miserable in any material circumstances

② ③

16. śokādy-avaśa-vartitā – not being subject to lamentation or other extreme emotions

# Door to Devotional Service – The first 20 Angas (The Dont's)

③

17. anya-devān avajñā – not showing disrespect to devatās

② ③

18. bhūta anudvega-dāyitā – not giving disturbance to other living beings

# Door to Devotional Service – The first 20 Angas (The Dont's)

②③

19. sevā-nāma aparādhānām udbhava abhāva-kāritā – not  
committing of sevā-aparādha or nāma-aparādha

①③

20. kṛṣṇa-tad-bhakta-vidveṣa-vinindādy-asahisnutā – not  
tolerating the criticism of Kṛṣṇa and His devotees by those who  
hate them

# Door to Devotional Service – The first 20 Angas (The Dont's)

vyatirekatayāmīṣām  
daśānām syād anuṣṭhitīḥ

These ten aṅgas should be observed (amīṣām daśānām anuṣṭhitīḥ  
syād) by avoidance (vyatirekatayā).

## Door to Devotional Service – The first 20 Angas (The Dont's)

- These twenty aṅgas serve as the door for entering bhakti.
- The first three aṅgas — taking shelter of the feet of guru, receiving teachings after initiation, and serving the guru with respect — are said to be the principal ones.

## List of the other 44 Angas

1. ✓ marking the body with the Vaiṣṇava symbols
2. ✓ marking the body with the syllables of the Lord's names
3. ✓ wearing the garlands, flowers and sandalwood offered to the deity
4. ✓ dancing before the deity
5. ✓ offering respects on the ground

## List of the other 44 Angas

6. rising up to see the Lord
7. following behind the Lord's procession
8. going to the Lord's residence
9. circumambulating the Lord or His dhāma
10. performing arcana

## List of the other 44 Angas

11. performing menial service to the deity

12. singing for the deity

13. singing in a group

14. performing japa

15. offering words or sentiments



## List of the other 44 Angas

16. reciting prayers

17. tasting food offered to the Lord

18. tasting the foot water of the Lord

19. smelling the incense and flowers offered to the Lord

20. touching the deity