Śrī Caitanya-Śikṣāmṛta

Nectarean Teachings of Lord Śrī Caitanya

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Practice of Rāgānuga-Bhakti

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8) One Cannot Imagine a Siddha-Deha

• The dangers of imagining one's spiritual form (siddha-deha) cannot be overstated.

• Spiritual life is a matter of revelation, something that comes gradually through prolonged, unceasing effort.

• <u>Such effort must be made in line with the</u> authorized disciplic succession.

• If bhāva has not awakened in a devotee, neither has awareness of his or her spiritual form.

• Imagining a spiritual form can never invoke love for Kṛṣṇa; rather, because such an artificial attempt is offensive to devotion, it further covers a person's dormant prema.

• Here is a nice example to elucidate this point..

• Once, a pseudo-devotee took up residence near Gaura Kiśora Dāsa Bābājī, and to impress visiting pilgrims, loudly imitated the sounds of a person in ecstasy.

• Bābājī Mahārāja told the man, "Just as a barren woman cannot give birth by imitating the sounds of labour, you cannot bring forth pure love for Kṛṣṇa by imitating the sounds of ecstasy."

• In other words, no amount of imagination can cause the fruit of perfection to ripen.

• Only Kṛṣṇa's mercy can do that.

• Devotees must make themselves fit for Krsna's mercy by service and surrender if they wish to receive knowledge of their spiritual identity.

Practice of Rāgānuga-Bhakti

9) Beware of the Sahajiya
Misinterpretation of this
Verse

- Certain pseudo-Vaiṣṇavas interpret the verse under discussion to mean that a sādhaka should follow the activities of the Vraja-vāsīs externally as well as internally.
- For example, a man will dress as a gopī and feign the voice and mannerisms of a young girl, thinking his activities to be sādhana.

• Nothing more need be said of such a sham in the name of devotion.

• Other pseudo-Vaiṣṇavas remain in the dress of practitioners but neglect the sacred activities of sādhana-bhakti.

• <u>During Viśvanātha Cakravartī Țhākura's time, a disciple of Hemalatā Thākurāṇī, Rūpa Kavirāja, propagated this deviation.</u>

• He reasoned that since the gopīs did not accept spiritual masters, observe Ekādaśī, or worship either śālagrāmaśilā or Tulasīdevī, it was not necessary for sādhakas to do so.

• Viśvanātha Cakravartī Thākura denounced this divergence from the truth and drove Rūpa Kavirāja out of Vraja.

• Some time later Rūpa Kavirāja left his body, suffering from leprosy.

• Jīva Gosvāmī in his commentary has explained this with the words vraja-lokās tv atra kṛṣna-preṣṭha-janās tad-anugatāś ca tad-anusārataḥ: vraja-lokā means those dear to Kṛṣṇa (like Śrī Rādhā etc.) and persons following after them (like Śrī Rūpa etc.); one should follow in their footsteps.

Practice of Rāgānuga-Bhakti

10)Practical Application of the Internal and External Practice

• Externally, devotees in (spontaneous service) follow the teachings and examples of the sādhaka forms of the eternal residents of Vraja.

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• Gaudīya Vaisnavas follow the example of Rūpa Gosvāmī, the sādhaka form of Rūpa-mañjarī.

• Thus they are known as Rūpānugas.

• Caitanya-caritāmṛta describes Rūpa Gosvāmīs character, literary achievements, dedication to Lord Caitanya, and excavation of many of Kṛṣṇa's pastime places. [Śrī Caitanya-caritāmṛta, Madhya-līlā 19.115–134]

• Devotees should meditate on and emulate the traits and services of Rūpa Gosvāmī by understanding the heart of his mission and then trying to assist him in spreading Kṛṣṇa consciousness (Śrī-caitanya-mano 'bhīṣṭam sthāpitam yena bhū-tale). [Śrī Prema-bhakti-candrikā, Mangalācaraṇa 2]

• Members of ISKCON accept that Śrīla Prabhupāda is also an eternal resident of Vṛndāvana, and his example is even more relevant to us.

• To be a member of ISKCON means to be absorbed in Prabhupāda's personal qualities, compassion, preaching spirit, unparalleled achievements, and literary masterpieces.

• Śrīla Prabhupāda's disciples have written many books to help devotees absorb their minds in Śrīla Prabhupāda, and Śrīla Prabhupāda himself left an ocean of instructions in his writings, lectures, conversations, and correspondence.

• His followers may hear these instructions to remain fully connected to him and in order to cultivate their desire to follow in his footsteps.

• In this way, ISKCON's members can practise remembering one of Lord Caitanya's confidential associates.

Practice of Rāgānuga-Bhakti

11)Clarification on the
Terminologies Sadhaka
Rupa and Siddha Rupa

• The term sādhaka in the verse under discussion needs to be clarified.

• It generally refers to devotees who are not yet completely mature but who are trying to achieve perfection through devotional service in practice.

• In this verse, however, the meaning of sādhaka-rūpa should be understood in another sense—in the context of Lord Caitanya's mission.

• Lord Caitanya and His associates like Rūpa Gosvāmī appear as practising Vaiṣṇavas in order to taste the bliss of service in separation.

• Moreover, the sādhaka forms of Lord Caitanya's associates in this world are projections of their eternal identities in the Śvetadvīpa portion of Goloka.

• In other words, both the sādhaka-rūpas and the siddha-rūpas of Lord Caitanya's eternal companions are perfected forms that represent two different moods of devotion, one of aspiration for perfection, the other of engagement in perfection.

• Both are perfect. The term siddha-rūpa, when used, for example, to refer to Rūpa-mañjarī, does not imply that Rūpa Gosvāmīs sādhaka form is imperfect and temporary.

• The eternal companions of Lord Caitanya are fully mature in devotion, and their forms are perfect and eternal, as are those of their counterparts in Vraja.

gaurāngera sangi-gaņe, nitya-siddha kari' māne, se yāya vrajendra-suta pāśa śrī-gauḍa-maṇḍala-bhūmi, yebā jāne cintāmaṇi tāra haya vraja-bhūme vāsa

Practice of Rāgānuga-Bhakti

12)Raganuga Practitioners

practice the same limbs as
the Vaidhi Sadhakas

śravaṇotkīrtanādīni
vaidha-bhakty-uditāni tu
yāny aṅgāni ca tāny atra
vijñeyāni manīṣibhiḥ

The discriminating practitioners (vijñeyāni manīṣibhiḥ) should accept the aṅgas (tāny tu aṅgāni) which were mentioned in vaidhi-bhakti. (yāny vaidha-bhakty-uditāni) such as hearing and chanting (śravaṇa utkīrtana ādīni) as the aṅgas of rāgānuga-bhakti (atra). (BRS)

• Along with hearing and chanting, items such as surrendering to the lotus feet of guru should be understood as favorable.

• Without those favorable items how can one accomplish following after the eternal inhabitants of Vraja?

• After considering with intelligence, one should select activities conducive to one's own sentiments for Kṛṣṇa, and not those activities which are contrary to one's sentiments.

Practice of Rāgānuga-Bhakti

13) Raganuga Sadhaka's Approach to Hearing

- They do not give up hearing, but spend more time hearing the particular topics that nourish their serving mood.
 - <u>Devotees attracted to the loving exchanges</u> between Kṛṣṇa and the cowherd boys read books describing the gopas.
 - Devotees following the goddesses of Vraja read about the gopīs' special love, services, and moods.

• At the same time, devotees rejoice in hearing Krsna's pastimes with all the Vraja-vāsīs, despite their own aspirations to become followers of a particular associate of the Lord.

• For instance, followers of the gopīs eagerly take shelter of the gopas, as Rūpa Gosvāmī does of Subala:

subala ballava-varya-kumārayor dayita-narma-sakhas tvam asi vraje iti tayoḥ purato vidhuram janam kṣaṇam amum kṛpayādya nivedaya

"O Subala, you are the intimate friend of the son and daughter of the best of the gopas in Vraja. Please be merciful and introduce this unhappy person to your two friends." (Utkalikā-vallarī 24)

Practice of Rāgānuga-Bhakti

14) Raganuga Sadhaka's
Approach to Deity Worship

Raganuga Sadhaka's Approach to Deity Worship

• Though prescribed in the scriptures, they naturally give up activities of deity worship such as worshipping Rukmini, meditation of Dvārakā, performing (nudrās) and (nyāsas).

• Their mood in worship changes along with their increasing absorption in vraja-bhakti.

Raganuga Sadhaka's Approach to Deity Worship

• Instead of thinking of how to dress the deities of Rādhā and Kṛṣṇa according to the rules of arcana, they dress Them while thinking about how the Vraja-vāsīs do it.

• This does not mean that they concoct new modes of dress for Rādhā and Kṛṣṇa, however.

Practice of Rāgānuga-Bhakti

15) It is alright for the Raganuga
Sadhakas to omit some limbs
which may be contrary to
their Sentiments

It is alright for the Raganuga Sadhakas to omit some limbs which may be contrary to their Sentiments

• The scriptures also say that, on the path of bhakti, there is no fault in omitting some of the procedures (procedures such as meditation on Rukmiṇī).

It is alright for the Raganuga Sadhakas to omit some limbs which may be contrary to their Sentiments

yān āsthāya naro rājan na pramādyeta karhicit dhāvan nimīlya vā netre na skhalen na pated iha

O King (rājan), one who accepts this process of devotional service to the Supreme Personality of Godhead (yān āsthāya narah) will never blunder on his path (na pramādyeta karhicit) in this world (iha). Even while running with eyes closed (dhāvan nimīlya vā netre), he will never trip or fall (na skhalen na pated iha). (SB 11.2.35)

It is alright for the Raganuga Sadhakas to omit some limbs which may be contrary to their Sentiments

na hy aṅgopakrame dhvaṁso mad-dharmasyoddhavāṇv api mayā vyavasitaḥ samyaṅ nirguṇatvād anāśiṣaḥ

My dear Uddhava (anga uddhava), because I have personally established it (mayā vyavasitaḥ samyak), this process of devotional service unto Me (mad-dharmasya) is transcendental and free from any material motivation (nirguṇatvād anāśiṣaḥ). Certainly a devotee never suffers even the slightest loss (na hy aṇu api dhvamso) by adopting this process (mad-dharmasya upakrame). (SB 11.29.20)