

Chapter 1 part 7

Prayojana- the goal of life
(Bhava and Prema)

Prayojana- Prema

Symptoms of prema

yāñra citte kṛṣṇa-premā karaye udaya
tāñra vākya, kriyā, mudrā vijñeha nā
bujhaya

CC
Madhya
23.39

“Even the most learned man cannot understand the words,
activities and symptoms of a person situated in love of
Godhead”

Sometimes they weep , because of thoughts of the Lord .
Sometimes they laugh, become joyful or speak without regard
for society . They dance, sing, and concentrate their senses on
Krishna. Having attained the Lord and experiencing bliss , they
remain silent.

ŚB
11.3.32

We can not judge devotees at the stage of
bhava or prema because it is not possible to
understand them or their actions.

This statement is not valid for sadhakas.
But still we should not judge sadhakas
because bhakti process will purify them.

Therefore, don't
judge anyone!

The 5 types of prema and the superiority of madhurya rasa

1. śānta
2. dāsya
3. sakhya
4. vātsalya
5. mādhyura

Madhurya is supreme because it incorporates all the rasas.

santa --> santa
dasya--> santa+ dasya
sakhya ----> santa+dasya +sakhya
vatsalya ---> santa+ dasya + sakhya +vatsalya
Madhurya ---> santa + dasya + sakhya + vatsalya + madhurya

In the madhurya rasa the devotee experiences the maximum extent of Krsna's sweetness.

All sixty-four qualities of Krsna are present in the madhurya rasa of Vraja.

The devotee of Vraja also manifests the same infinite qualities of sweetness.

The topmost devotee is Srimati Radharani who controls Krishna by her transcendental qualities.

ananta guṇa śrī-rādhikāra, pañciśa — pradhāna
yei guṇera 'vaśa' haya kṛṣṇa bhagavān

CC Madhya
23.86

Those alone who are fortunate to be qualified for madhurya rasa can taste this rasa.

How can one become qualified to taste madhurya rasa?

By right association.

By being chaste to the teachings of Srila Rupa Goswami and Srila Raghunath Das Goswami.

By attachment to the parampara of Chaitanya Mahaprabhu.

Yukta-vairāgya: the way to Prema

How by Yukta vairagya one becomes qualified to reach the stage of prema?



Vairagya is definitely needed for devotional life because ātma-indriya-prīti is exact opposite of progress on the path of bhakti.



Sense gratification and self realisation go ill together. And opposite of sense gratification is vairagya.



There are two ways to avoid sense gratification.

śuṣka-vairāgya

Reject all objects of sense gratification.

makes the heart very hard

yukta-vairāgya

Utilise all objects for the pleasure of Krishna.

makes the heart soft

Chaitanya Mahaprabhu forbade dry renunciation and jnana.

The path of jñāna and śuṣka-vairāgya

The understanding of jñānis:

They are spirit (brahman) but due to the contact with material energy they have lost consciousness of this fact.

What do they do to become freed from the world?

The body, house, and food are all material.

Hence,
they smear ashes on their bodies,
wear kaupinas,
eat dry food,
and renounce wife and children.

By doing all these they become free from false ego but their true ego never gets awakened.

All they get is Brahman. They never are able to attain Lord.

Different levels of self realisation

Level 1 : aham brahmasmi : I am a spirit soul.

Level 2: jivera svarupa hoye Krsnera nitya das : I am an eternal servant of Krishna

Level 3 (Highest level): in what rasa and what svarupa I serve Krishna

Yukta-vairāgya

If someone place the Lord in the center of their life
while caring for body and house, while eating and sleeping,
then they gradually increase their devotion to the Lord through
their devotional practice;
finally and definitely, prema will be achieved.

Ways to engage in yukta vairagya with our families

1. Keep deities at the centre of house.
2. Serve the deities together - perform kirtana and aarti together
3. Celebrating vaishnava festivals
4. Going to temple, to dhaam together
5. Preparing nice delicacies for Lord and having prasad together
6. Krishna katha
7. Conduct house programmes- invite devotees.
8. Exercise together to keep the body fit for Krishna's service.
9. Keep the house clean for the pleasure of Lord and devotees.
10. Sing vaishnava songs.
11. Make krishna consciousness relishable for children through different activities.

Pastime of Chaitanya Mahaprabhu and Srila Raghunath das goswami

Don't be too eager to give up things. Start utilising them in Krishna's service first and then gradually one can give them up.

Don't be too eager for external renunciation. Start practicing renunciation internally first.

Practical definition of yukta-vairagya

1. carry on the household duties without attachment
2. worship the Lord with inner steadiness

By doing so, gradually the material world will fall away.