

Sri Chaitanya Sikshamrita

Chapter - 2 Secondary Rules

Part - 1 Classification of Secondary Rules

Relevance of jnana and karma

For gunibhuta bhaktas (karma yogis,
jnana yogis)

Karma and jnana are the primary means

Bhakti is the secondary means

For Pradhanibhuta bhaktas (karma
mishra bhaktas, jnana mishra bhaktas)

Bhakti is the primary means

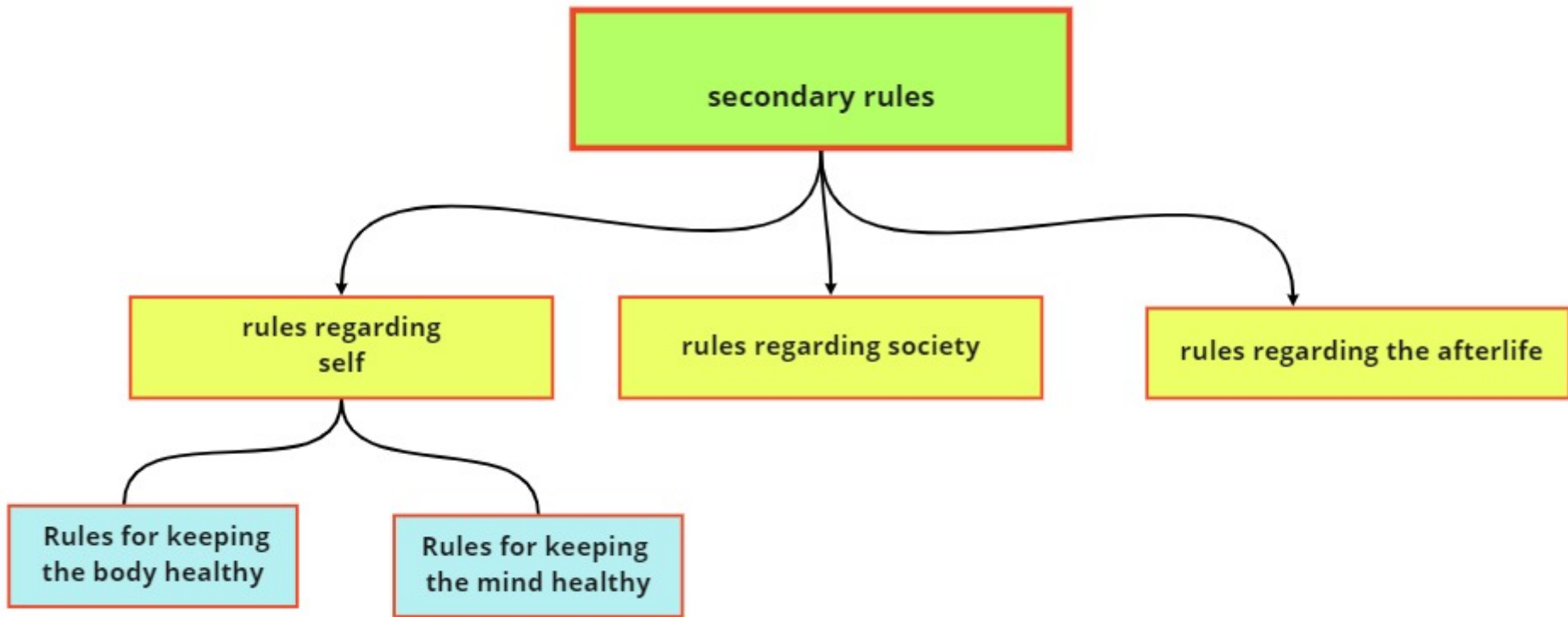
karma and jnana are secondary means

For shuddha bhaktas (practitioners of
pure devotional service)

Bhakti is the primary and the only means.

some portions of karma and jnana can be
accepted in the mood of ānukūlyasya
saṅkalpaḥ prātikūlyasya varjanam

In as much as karma and jnana can make
the body, mind and environment
favorable for bhakti, they can be
accepted.



Rules regarding self

Rules for keeping the body healthy

regulated drinking
regulated eating
regulated sleeping
exercise
prescriptions for cure of sickness ,etc

Yoga is not possible for one who eats too much or who does not eat , for one who sleeps too much, or does not sleep, O Arjuna.

**Bg.
6.16**

If one has regulated eating, regulated walking/recreation, regulated use of organs in both material and spiritual activities, regulated sleep and regulated waking , his yoga destroys all suffering.

**Bg.
6.17**

**Purpose of
following
bodily rules :**

Gross body can be properly maintained in Krishna's service.

Rules for keeping the mind healthy

Power of realization , concentration, visualization, contemplation and judgment will become weak if one does not follow mental rules.

1. We have proper power to realise Krishna.

2. We have the proper ability to concentrate on the subject matters connected to Krishna.

3. We have the proper mental strength to contemplate, analyse and judge what is favorable for our bhakti and what is not.

Purpose of following mental rules :

**Rules regarding
society**

Rules for social stability

example : marriage

For the benefit of family life, such concepts as

1.mutual brotherhood

2.helping others in difficulty

3. earning a livelihood by honest means

4.speaking the truth

5. avoiding lying

are established.

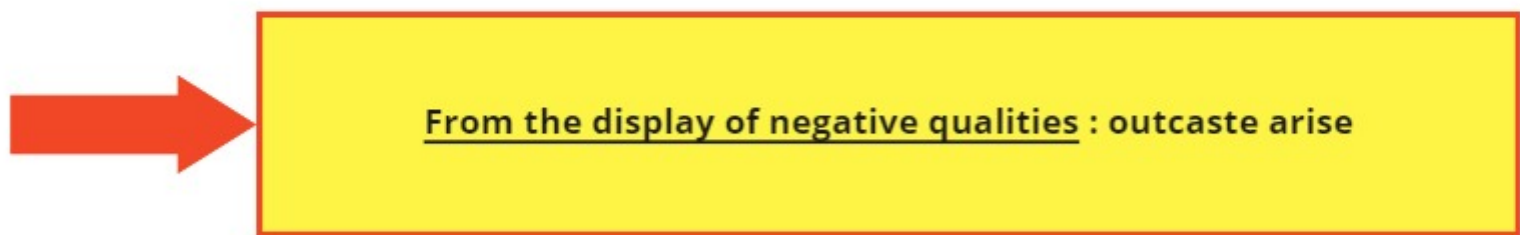
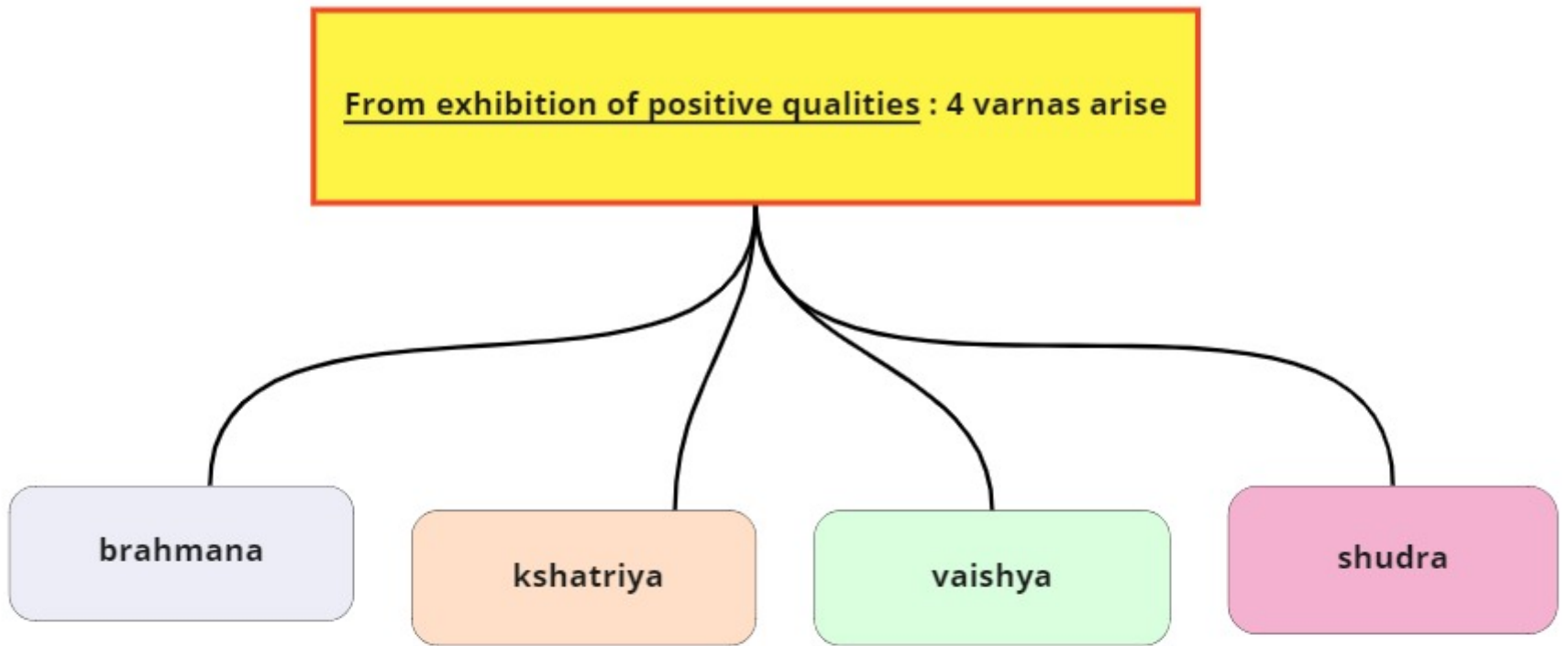
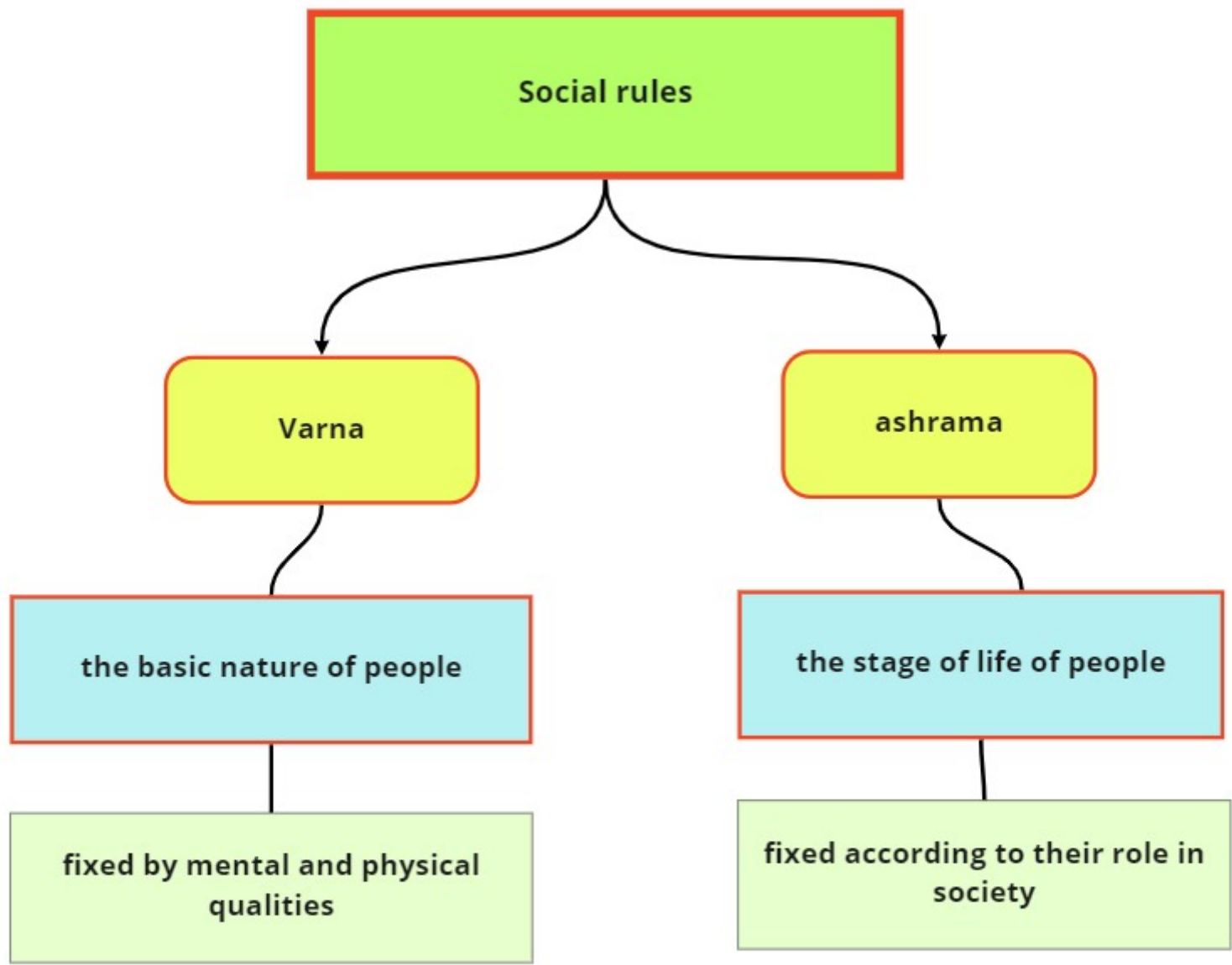
Symptom of advancement of civilization: greater degree of rules of social stability

Arya race was the most advanced in social organization.

Among the Aryas, the people of Bharata were the most advanced in knowledge, intelligence and social organization.

By reading the dharma sastras, we can understand how much the Aryan civilization of Bharata achieved in implementation of social rules.

All serious, thoughtful men must accept the vedic guidance for social regulation.



Dirtiness, dishonesty, thievery, faithlessness, useless quarrel, lust, anger and hankering constitute the nature of those in the lowest position outside the varṇāśrama system.

ŚB
11.17.20

Manifestation of a particular nature in an individual

The actions of previous lives are the ultimate cause of one's nature.

The nature of the family into which a child is born determines the child's qualities through hereditary factors.

Later by training and environment that nature will improve or degrade.

From birth until the appearance of a predominate nature in the individual,

environment and discipline

are the factors that nourish the seed.

The seed then sprouts, grows and finally manifests as a person's nature.

The samskaras or purificatory rites aim to fix the varna of a person after determining their nature.

As a general rule, a person of a sudra nature will produce offspring of sudra nature and someone of brahminical nature will produce brahminical offspring.



Fixing the varna is important so that a particular nature can be nourished and the child later can serve the society in a particular way acc. to his particular nature.