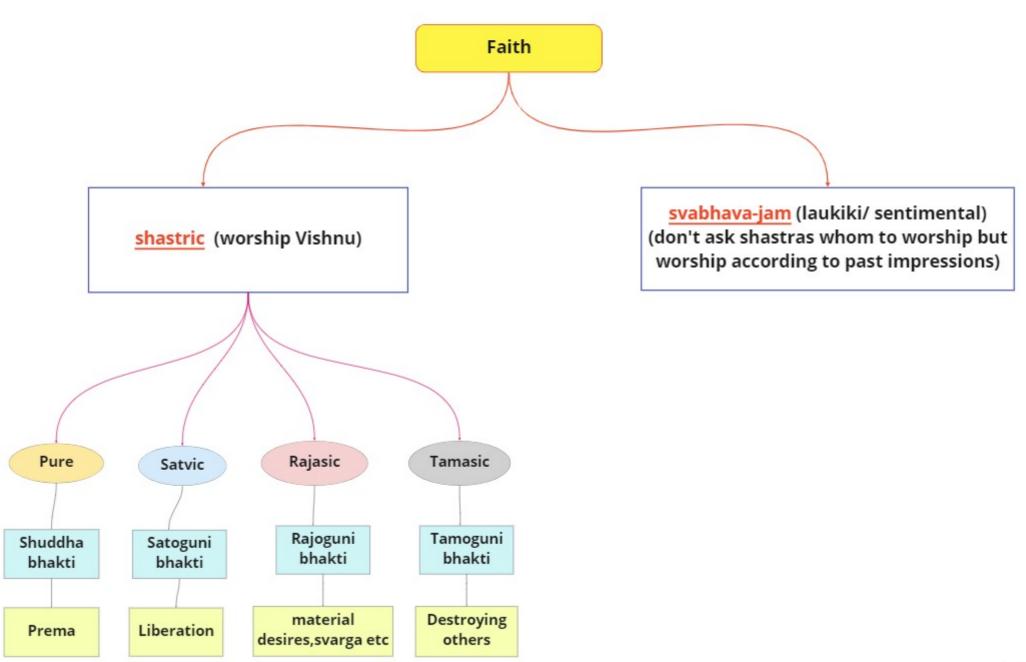
## Chapter 2 Part – 2 Punya karma, Meritorious Action



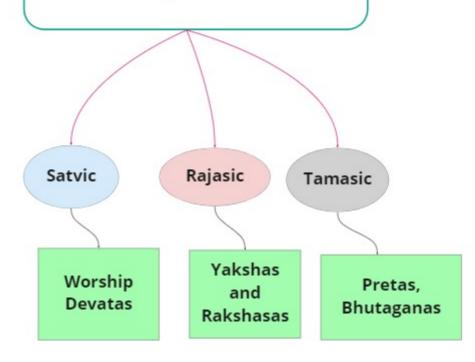
# svabhava-jam sraddha (don't ask shastras whom to worship)

Don't even ask shastras how to worship (whimsically worship)

Bg. 16.23

Bg. 17.5-6

Ask shastras - How to worship? Bg. 17.1-4



### One can ask shastras:

- 1. Whom to worship?
- 2. Why to worship?
- 3. How to worship?

- 1. Pure devotional practitioners ask all the 3 questions.
  - 2. Mixed devotees ask questions 1 and 3.
- 3. svabhava jam sraddha (don't ask shastras how to worship) ask no questions
- 4. svabhava jam sraddha (ask shastras how to worship)- ask question 3

kuryāt sarvāṇi karmāṇi mad-arthaṁ śanakaiḥ smaran mayy arpita-manaś-citto mad-dharmātma-mano-ratiḥ

ŚB 11.29.9

Always remembering me, one should perform all his duties for me as the cases arise. His consciousness should be fixed in persons whose minds are dedicated to me and his mind should be attracted to bhakti.

Instruction for pure devotional sadhakas

One should accept those actions favourable for devotion and reject those which are not favourable for devotion.

Don't try to give up all activities. Because one will be forced to act according to his vasanas. So accept rules according to one's adhikara and perform those activities. (Bg. 3.5)

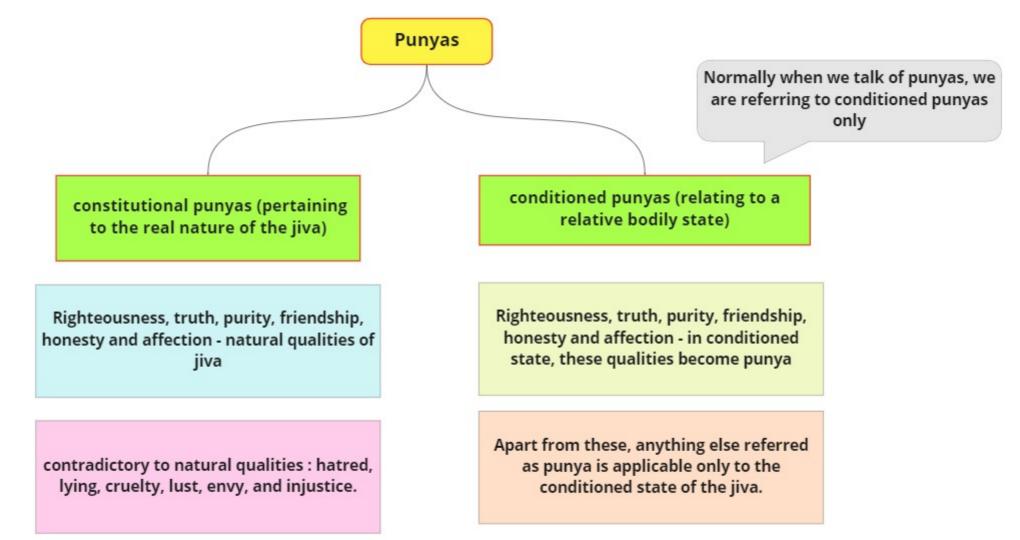
karma, akarma, vikarma - difficult to understand (Bg. 4.17)

Because it changes for everyone according to one's adhikara.

vikarma- forbidden action karma - generates punya akarma- no papa, no punya

karma, vikarma, akarma changes even for the persons with same adhikara.

Ex : for people who have karma adhikara - the rules are different for brahmana, kshatriya, vaishya and shudras



# **Ten kinds of Punyas**

- 1. assistance to others
- 2. service to elders
- 3. charity
- 4. serving guests
- 5. cultivation of cleanliness
- 6. celebration of festivals
- 7. performance of vows
- 8. protection of animals
- 9. increase of population
- 10. proper conduct

Assistance to the needy

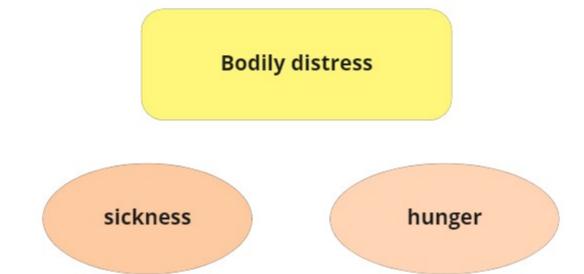
Assistance to the needy

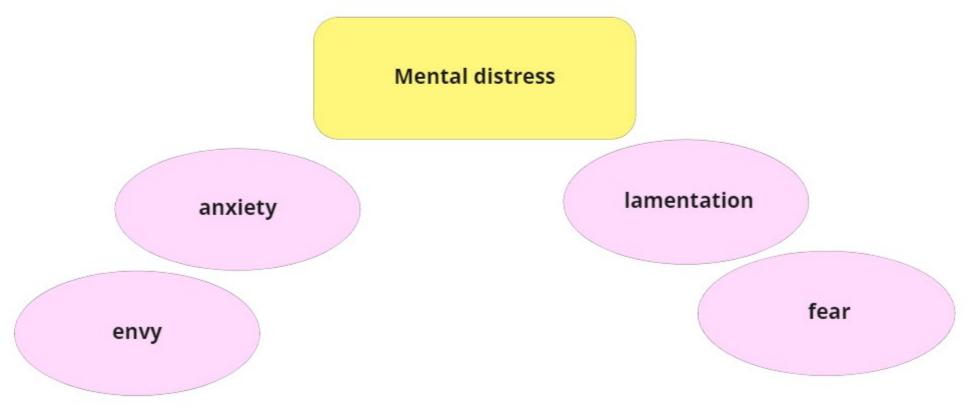
relieving others of distress

helping others make progress

# Relieving others of distress

One should try to remove other people's bodily, mental, social and spiritual difficulties.





social distress

inability to support the family

inability to give education to the children

lack of resources for cremation

inability to get their children married



One should definitely try to help and not see these things as material activities.

When we help as devotees, we give them the chance to develop some appreciation and gain ajnata sukriti (which will later give them sraddha)

Spiritual distress

lack of faith

desire for sinful acts

atheism

Helping others make progress

help people progress physically, mentally, socially and spiritually

by offering monetary, physical, and verbal assistance

and by engaging that person's relatives as well

### Should we donate to beggars?

### Yes, we should.

- 1. First option is to give prasad.
- 2. If no prasad, try to buy something and give to that person.
  - 3. If not possible to buy anything, then just give money.
- 4. If we don't have money to give, we should atleast feel for that person's suffering and atleast pray for him.

Devotees don't get karmically bound by giving money to anyone. Krishna is saargrahi and he sees our intention. So even if others misuse the money, we don't get any karma.

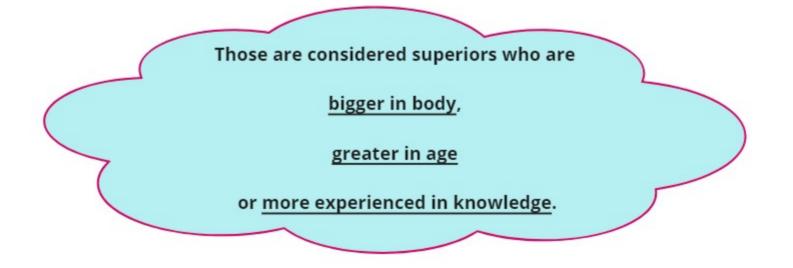
But if a devotee gives, it definitely help others gain ajnata sukriti.

When other people are suffering (even on bodily platform), it should melt our heart. We should feel for others and try to relieve others' distress as if it was our own.

# Protection of and service to Parents Teachers Other superiors or elders

A person should serve those who have protected him as a helpless child (parents).

A person should serve those who have given knowledge (teachers), especially those who have given spiritual knowledge and mantra (guru).



A person must follow the instructions of his superiors.

But one cannot follow incorrect orders of superiors.

But one should also not show hostility towards them, using disrespectful or harsh words

One should put a stop to their improper behavior or instructions by using sweet words, humility, and gentle reasoning at the proper time.