

Sri Caitanya-Siksāmita
Nectarean Teachings of Lord Sri Caitanya
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Chapter - 3
Vaidhi Bhakti
Part - 2
The Rules for Cultivating Bhakti

**Following the rules of bhakti to attract the heart to the lotus feet of Krsna
while simultaneously maintaining the body through the rules of
varnasrama
is called bhakti-yoga. (Secondary rules)**

The cultivation of the Bhakti is essential in this process.

There are five types of cultivation:
with
1. body
2. mind
3. soul
4. matter
5. society

With Body

7 types:
1. hearing
2. chanting
3. smelling
4. seeing
5. touching
6. tasting
7. moving limbs

64 items is divided in these thematic way

hearing

Only hear SB -
those that present non-devotional conclusions should be avoided.

Understanding scriptures takes place
through a six-fold process:

1. upakrama
2. upasamhara
3. abhyasa
4. apurvata
5. phala
6. arthavada
7. upapatti

The conclusion is devotion to Krsna

Listen to those songs that cultivate devotion not for satisfying the
senses.

Prayers and instrumental music should be heard while offering service to
the Lord.

Chanting

Extremely powerful method

There are five types of chanting:

1. recitation of scripture
2. recitation of the Lord's names and pastimes
3. recitation of verses
4. submissive offerings
5. japa

Submissive offerings are of three types:

1. prayer
2. admission of lowliness
3. longing.

Smelling

smelling flowers, tulasi, sandalwood, incense, garlands, and camphor that have been offered to the Lord.

Seeing

Cultivation of sight is performed by seeing the Deity, the devotees, the holy places, the temple, dramatic performances and pictures depicting the Lord.

Touching

Satisfaction can be gained also by touching and embracing the devotees.


Tasting

Tasting food offered to the Lord and devotees
charanamrit

**Moving the
limbs**

Dancing, paying respects, rising in respect, following after the Deity or devotee, going to the temple, parikrama, serving guru and Vaisnava, worshipping the Lord, bathing in holy water, putting on Vaisnava markings and putting the Lord's name on the body.

By mixing all those activities with devotion to the Lord, they are able to cultivate their relationship with the



Mental cultivation

The activities of the mind are

- 1. memory**
- 2. thought**
- 3. conscience**
- 4. emotion**
- 5. inquiry**
- 6. gathering of knowledge**

By these functions, five types of devotional cultivation take place:

- 1. remembrance**
- 2. meditation**
- 3. surrender**
- 4. servitude**
- 5. inquiry**

Memory is of two types:

- 1. remembering the names of the Lord**
- 2. remembrance of mantras of the Lord.**

remembrance :

the appearance of the Lord's name, mantra, form, qualities and pastimes occurs to a slight degree,

meditation:

the form, qualities and pastimes of the Lord are clearly conceived.

Surrendering to the Lord while giving up all other interests - saranapatti

Servitude refers to understanding that one is the servant of the lord

Inquiry arises for Lord, a person surrenders to a guru, takes initiation and then takes instruction on how to worship the Lord.

Soul

Cultivation of bhakti using the soul is of six types:

1. friendship
2. surrender
3. making full efforts for the Lord
4. acceptance only of material necessities
5. rejecting personal pleasure
6. following the path of the previous devotees

The soul in vaidhi bhakta is conditioned.
The pure soul is free of false ego

Vaidhi bhaktas - cultivate feelings involving the soul.

The devotees think of the Lord as a dear friend. seed of sakhya rasa,

Offer everything to the Lord

Understand that their wives, children, houses, animals, wealth, possessions, bodies and minds are all meant for the service of the Lord.

Accept only what is necessary as the Lord's

willing to sacrifice their enjoyment for the Lord,