

Śrīmad-Bhāgavatam

Canto Two

With the
Sārārtha-darśinī commentary

by

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Canto Two – Chapter Two

Meditating on the Puruṣa in the Heart

The Lord in the Heart

Section – V

**Krama Mukti – The path of
liberation for the attached yogi
(22-32)**

|| 2.2.31 ||

tenātmanātmanām upaiti śāntam
ānandam ānanda-mayo 'vasāne
etām gatiṁ bhāgavatīm gato yaḥ
sa vai punar neha viṣajjate 'ṅga

O King (aṅga)! He merges (upaiti) his svarūpa (ātmanā) along with pradhāna (tena) into the blissful, unchanging form of Mahā-viṣṇu (ānandam śāntam ātmānam). With that termination, he remains blissful (ānandamayo avasāne). He who has attained this goal (etām gatiṁ bhāgavatīm gato yaḥ) does not return to the material world (sa vai punar na iha viṣajjate).

Along with pradhāna (tena), in his svarūpa (atmanā), he attains the
supreme brahman, the ādi-puruṣa (ātmānam), full of bliss, who is
beyond the layer of prakṛti.

This is the abode of Kāraṇārṇavaśāyī-viṣṇu.

Finally he becomes bliss (ānandamayāḥ avasāne).

This means that he merges into the Lord. He does not return to the
material world.