## Chapter Twenty Nine

# Talks Between Nārada and King Prācīnabarhi

| 4.29.1 ||
prācīnabarhir uvāca
bhagavams te vaco 'smābhir
na samyag avagamyate
kavayas tad vijānanti
na vayam karma-mohitāḥ

Prācīnabarhi said: O great devotee (bhagavan)! I cannot completely understand (asmābhir na samyag avagamyate) your words (te vacah). The wise understand (kavayah tad vijānanti), but I cannot (na vayam), since I am bewildered by karma (karmamohitāḥ).

| 4.29.2 ||
nārada uvāca
puruṣam purañjanam vidyād
yad vyanakty ātmanaḥ puram
eka-dvi-tri-catuṣ-pādam
bahu-pādam apādakam

Nārada said: Know that Purañjana is the jīva (puruṣaṁ purañjanaṁ vidyād) who manifests his city or body (yad vyanakty ātmanaḥ puram) with one, two, three, or many legs, or without legs at all (eka-dvi-tri-catuṣ-pādaṁ bahu-pādaṁ apādakaṁ).

|| 4.29.3 ||
yo 'vijñātāhṛtas tasya
puruṣasya sakheśvaraḥ
yan na vijñāyate pumbhir
nāmabhir vā kriyā-guṇaiḥ

He who was described as unknown (yah avijñāta āhṛtah), the friend of the jīva (tasya puruṣasya sakhā), is the Supreme Lord (īśvaraḥ), since man does not recognize him (yad pumbhir na vijñāyate) by his names, his actions or his qualities (nāmabhir vā kriyā-guṇaiḥ).

| 4.29.4 ||
yadā jighṛkṣan puruṣaḥ
kārtsnyena prakṛter guṇān
nava-dvāraṁ dvi-hastāṅghri
tatrāmanuta sādhv iti

When the jīva desires to enjoy (yadā jighṛkṣan puruṣaḥ) the guṇas of prakṛti fully (kārtsnyena prakṛter guṇān), he thinks that (amanuta), among the different bodies (tatra), the one with nine openings (nava-dvāraṁ), two hands and two feet (dvi-hasta aṅghri) is most suitable (sādhv iti).

|| 4.29.5 ||

buddhim tu pramadām vidyān mamāham iti yat-kṛtam yām adhiṣṭhāya dehe 'smin pumān bhunkte 'kṣabhir guṇān

Know that the women is intelligence (actually ignorance) (pramadām tu buddhim vidyāt), which produces the concepts of I and mine (mama aham iti yat-kṛtam), taking shelter of which (yām adhiṣṭhāya), the jīva enjoys (pumān bhunkte) the guṇas (guṇān) with his senses (akṣabhir) in the body (asmin dehe).

### || 4.29.6 ||

sakhāya indriya-gaṇā jñānaṁ karma ca yat-kṛtam sakhyas tad-vṛttayaḥ prāṇaḥ pañca-vṛttir yathoragaḥ

The male friends are the senses (sakhāya indriya-gaṇā) by which knowledge and action is accomplished (jñānam karma ca yat-kṛtam). The female friends are the actions of the senses (sakhyas tad-vṛttayaḥ). The snake with five heads (yathā uragaḥ) is the life air (prāṇaḥ) with five different functions (pañca-vṛttih).

### || 4.29.7 ||

bṛhad-balam mano vidyād ubhayendriya-nāyakam pañcālāḥ pañca viṣayā yan-madhye nava-kham puram

One should know that (vidyād) the powerful mind (bṛhad-balam mano) is the leader of the ten senses (ubhaya indriya-nāyakam). The Pañcāla states are the five sense objects (pañcālāḥ pañca viṣayā) within which the city of nine gates is situated (yan-madhye nava-kham puram).

|| 4.29.8 ||
akṣiṇī nāsike karṇau
mukhaṁ śiśna-gudāv iti
dve dve dvārau bahir yāti
yas tad-indriya-saṁyutaḥ

The nine gates are the two eyes, two nostrils, two ears (akṣiṇī nāsike karṇau), mouth, penis and anus (mukhaṁ śiśna-gudāv iti). The jīva goes out (yah bahir yāti) along with the senses (tadindriya-saṁyutaḥ) through the doors (dve dve dvārau).

| 4.29.9 ||
akṣiṇī nāsike āsyam
iti pañca puraḥ kṛtāḥ
dakṣiṇā dakṣiṇaḥ karṇa
uttarā cottaraḥ smṛtaḥ
paścime ity adho dvārau
gudam śiśnam ihocyate

The two eyes, two nostrils and mouth (akṣiṇī nāsike āsyam) are the eastern gates (iti pañca puraḥ kṛtāḥ) and the two ears are the southern and northern gates (dakṣiṇā dakṣiṇaḥ karṇa uttarā ca uttaraḥ smṛtaḥ). The penis and anus are the western gates (paścime ity adho dvārau gudam śiśnam iha ucyate).

| 4.29.10 ||
khadyotāvirmukhī cātra
netre ekatra nirmite
rūpam vibhrājitam tābhyām
vicaṣṭe cakṣuṣeśvaraḥ

The two gates named Khadyotā and Āvirmukhī (khadyotā āvirmukhī ca) which have been mentioned are the two eyes (netre) constructed side by side (ekatra nirmite). The city called Vibhrājita is the sense object called form (rūpam vibhrājitam). The jīva sees by the eye sense organ (īśvaraḥ tābhyām cakṣuṣā vicaṣṭe).

| 4.29.11 ||
nalinī nālinī nāse
gandhaḥ saurabha ucyate
ghrāṇo 'vadhūto mukhyāsyaṁ
vipaṇo vāg rasavid rasaḥ

The gates called Nalinī and Nālinī are the two nostrils (nalinī nāse). The place called Saurabha is the sense object smell (gandhaḥ saurabha ucyate). Avadhūta refers to the sense organ called the nose (ghrāṇo avadhūtah). The gate called Mukhya is the mouth (mukhya āsyam). Vipaṇa is the voice (vipaṇah vāg). Rasajña is the sense organ called the tongue (rasavid rasaḥ).

| 4.29.12 ||
āpaṇo vyavahāro 'tra
citram andho bahūdanam
pitṛhūr dakṣiṇaḥ karṇa
uttaro devahūh smrtah

The place called Apaṇa is speaking (āpaṇo vyavahārah) and the place called Bahūdana is various types of food (citram andho bahūdanam). Pitṛhū is the right ear (pitṛhūr dakṣiṇaḥ karṇa) and Devahū is the left ear (uttaro devahūh smṛtaḥ).

| 4.29.13 ||
pravṛttaṁ ca nivṛttaṁ ca
śāstraṁ pañcāla-saṁjñitaṁ
pitṛ-yānaṁ deva-yānaṁ
śrotrāc chruta-dharād vrajet

With the sense organ called the ear (śruta-dharāt), the jīva hears scriptures encouraging enjoyment (pravṛttam śāstram) leading to Pitṛloka (pitṛ-yānam vrajet) (Dakṣaina-pañcāla) by the left ear (śrotrāt pañcāla-samjñitam), and he hears scriptures for liberation (nivṛttam śāstram deva-yānam) (Uttara-pāñcāla) by the right ear (śrotrāt).

| 4.29.14 ||
āsurī meḍhram arvāg-dvār
vyavāyo grāmiṇām ratiḥ
upastho durmadaḥ prokto
nirṛtir guda ucyate

Āsurī, the lower door, is the penis (āsurī meḍhram arvāg-dvār). Sex life is the place called Grāmaka (vyavāyo grāmiṇām ratiḥ). Durmada is the sense organ called the penis (upastho durmadaḥ proktah). The gate called Nirṛti is the anus (nirṛtir guda ucyate).

### || 4.29.15 ||

vaiśasam narakam pāyur lubdhako 'ndhau tu me śṛṇu hasta-pādau pumāms tābhyām yukto yāti karoti ca

Vaiśaṣa, the sense object of the anus, means hell (vaiśasam narakam). Lubdhaka is the anus sense organ (lubdhakah pāyuh tu me śṛṇu). The two blind men (andhau) are the hands and feet (hasta-pādau), by which men (tābhyām yukto pumān) perform action and move about (yāti karoti ca).

## Section I – 4.29.1-24 Narada explains the various characters in the allegorical story

Verse	Story Line
1	Pracinabarhisat to Narada:
	I cannot understand this story. Please explain.
2-3	Narada to Pracinabarhisat:
	Puranjana is the soul. City is the body. Unknown friend is the Supreme Lord
4	When the jīva desires to enjoy the guṇas of prakṛti fully, he thinks that, among the different
	bodies, the one with nine gates, two hands and two feet is most suitable (human body).
5-6	Wife is the intelligence. Her male friends are the senses, and female friends are the actions of
	the senses. The five hooded snake is the prana
7	Powerful mind is the leader of the ten senses. The Pañcāla states are the five sense objects.
8-9	The nine gates are the two eyes, two nostrils, mouth (eastern gates), two ears (northern and
	southern gates), penis and anus (western gates).
10-15	Puranjana is the jiva who goes through these nine gates which are the gross sense organs. The
	friends who accompany him through the gates are the subtle sense organs. The different cities
	to which they go together to enjoy are the various sense objects.
	For Example: The two gates named Khadyotā and Āvirmukhī which have been mentioned are
	the two eyes. The city called Vibhrājita is the sense object called form. The friend Dyuman
	who accompanies Puranjana is the subtle eye Caksu.

| 4.29.16 | antaḥ-puraṁ ca hṛdayaṁ viṣūcir mana ucyate tatra mohaṁ prasādaṁ vā harṣaṁ prāpnoti tad-guṇaiḥ

The inner chamber refers to the heart (antaḥ-puraṁ ca hṛdayaṁ). His servant Viṣūci is the mind (viṣūcih mana ucyate). The jīva experiences (tatra prāpnoti) illusion, satisfaction, and joy (mohaṁ prasādaṁ vā harṣaṁ) though its natures of tamas, sattva and rajas (tad-guṇaiḥ).

| 4.29.17 ||
yathā yathā vikriyate
guṇākto vikaroti vā
tathā tathopadraṣṭātmā
tad-vṛttīr anukāryate

Whatever changes the intelligence undergoes during sleep (yathā yathā vikriyate) or however it transforms the senses during waking state (vikaroti vā), the jīva, contaminated by the qualities of the intelligence (guṇākto upadraṣṭātmā), imitates the intelligence's actions (tathā tathā tad-vṛttīr anukāryate).

|| 4.29.18-20 ||
deho rathas tv indriyāśvaḥ
samvatsara-rayo 'gatiḥ
dvi-karma-cakras tri-guṇadhvajaḥ pañcāsu-bandhuraḥ

mano-raśmir buddhi-sūto hṛn-nīḍo dvandva-kūbaraḥ pañcendriyārtha-prakṣepaḥ sapta-dhātu-varūthakaḥ

ākūtir vikramo bāhyo mṛga-tṛṣṇāṁ pradhāvati ekādaśendriya-camūḥ pañca-sūnā-vinoda-kṛt

The chariot is the body (deho rathah). The horses are the senses (indriya aśvaḥ). Its speed is the force of time (saṁvatsara-rayo agatiḥ). The two wheels are sin and piety (dvi-karma-cakrah). The three flags are the guṇas (tri-guṇa-dhvajaḥ). The five connecting rods are the five life airs (pañca āsu-bandhuraḥ). The bridle is the mind (mano-raśmih). The driver is the intelligence (buddhi-sūto). The seat is the heart (hṛd-nīḍo). The two poles attached to the yoke are happiness and distress (dvandva-kūbaraḥ). The five weapons are the five sense objects (pañca indriya-artha prakṣepaḥ). The seven coverings are the seven dhātus (sapta-dhātu-varūthakaḥ). The five exploits are the actions of the action senses (ākūtir vikramo bāhyo). The eleven commanders are the eleven senses (ekādaśa indriya-camūḥ). Going hunting on the chariot (mṛga-tṛṣṇām pradhāvati) means seeking material pleasure through the five senses (pañca-sūnā-vinoda-kṛt).

| 4.29.21 ||
samvatsaraś caṇḍavegaḥ
kālo yenopalakṣitaḥ
tasyāhānīha gandharvā
gandharvyo rātrayaḥ smṛtāḥ
haranty āyuḥ parikrāntyā
ṣaṣṭy-uttara-śata-trayam

Caṇḍavega is the year (saṃvatsarah caṇḍavegaḥ) by which time is perceived (yena kālah upalakṣitaḥ). The Gandharvas are the days (ahāni iha gandharvā) and the female Gandharvas are the nights (gandharvyo rātrayaḥ smṛtāḥ). By the rotation (tasya parikrāntyā) of 360 days and nights (ṣaṣṭy-uttara-śata-trayam) the life span decreases (haranty āyuḥ).

|| 4.29.22 || kāla-kanyā jarā sākṣāl lokas tām nābhinandati svasāram jagṛhe mṛtyuḥ kṣayāya yavaneśvaraḥ

The daughter of Time is Old Age (kāla-kanyā jarā). People do not want to meet her (lokah tān na abhinandati). The King of the Yavana's is death (mṛtyuḥ yavaneśvaraḥ). He accepted her as a sister (svasāram jagṛhe) for destroying the world (kṣayāya).

|| 4.29.23-25 || ādhayo vyādhayas tasya sainikā yavanāś carāḥ bhūtopasargāśu-rayaḥ prajvāro dvi-vidho jvaraḥ

evam bahu-vidhair duḥkhair daiva-bhūtātma-sambhavaiḥ kliśyamānaḥ śatam varṣam dehe dehī tamo-vṛtaḥ

prāṇendriya-mano-dharmān ātmany adhyasya nirguṇaḥ śete kāma-lavān dhyāyan mamāham iti karma-kṛt

The soldiers of the King of the Yavanas (sainikā yavanāś carāḥ) are mental and physical diseases (ādhayah vyādhayah tasya). He experiences difficulties in the body due to the elements (bhūta upasarga āśu-rayaḥ). Prajvāra is fever of two types (prajvāro dvi-vidho jvaraḥ). Thus the jīva, covered by ignorance (evaṁ tamo-vṛtaḥ dehī), dwells in the body for a hundred years (dehe śataṁ varṣaṁ), suffering (kliśyamānaḥ) from various pains (bahu-vidhair duḥkhair) due to body, mind and higher causes (daiva-bhūta-ātma-sambhavaiḥ). Imposing (adhyasya) the qualities of the life air, senses and mind (prāṇa-indriya-mano-dharmān) on his soul (ātmany), though he is actually without material qualities (nirguṇaḥ), he performs actions, meditating on me and mine (mama aham iti dhyāyan karma-kṛt), and lies down on particles of enjoyment (śete kāma-lavān).

## Section I – 4.29.1-24 Narada explains the various characters in the allegorical story

15	The two blind men are the hands and feet, by which men perform action and move about.
16	The inner chamber refers to the heart. His servant Viṣūci is the mind. The jīva experiences
	illusion, satisfaction, and joy though its natures of tamas, sattva and rajas.
17	Puranjana imitating the actions of the queen (mentioned at the end of 25th chapter) refers to
	the Jiva, who is contaminated by the intelligence, imitating the instructions of the intelligence
18-20	Explanation of the chariot described in chapter 26: The chariot is the body. The horses are
	the senses. Its speed is the force of time. The two wheels are sin and piety. The three flags are
	the guṇas. The five connecting rods are the five life airs. The reins are the mind. The driver
	is the intelligence. The seat is the heart. The two poles attached to the yoke are happiness and
	distress. The five weapons are the five sense objects. The seven coverings are the seven
	dhātus. The five exploits are the actions of the action senses. The eleven commanders are the
	eleven senses. Going hunting on the chariot means seeking material pleasure through the five
	senses.
21-22	Caṇḍavega is the year. The Gandharvas are the days and the female Gandharvas are the
	nights. Kala-kanya is old age and Yavana raja is the fear of death. He accepted her as a sister
	for destroying the world.
23-24	The Yavana soldiers are mental and physical diseases. Prajvara is death fever.

|| 4.29.26-27 ||
yadātmānam avijnāya
bhagavantam param gurum
puruṣas tu viṣajjeta
guṇeṣu prakṛteḥ sva-dṛk

guṇābhimānī sa tadā karmāṇi kurute 'vaśaḥ śuklam kṛṣṇam lohitam vā yathā-karmābhijāyate

When the jīva (yadā ātmānam), self seer (sva-dṛk), forgetting the Supreme Lord (bhagavantam avijnāya), the supreme guru (param gurum), identifies with the guṇas (guṇa abhimānī) and becomes attached to the guṇas (prakṛteḥ guṇeṣu viṣajjeta), he helplessly performs actions (avaśaḥ karmāṇi kurute) in sattva, rajas or tamas (śuklam kṛṣṇam lohitam vā), and takes birth according to his actions (yathā-karma abhijāyate).

| 4.29.28 ||
śuklāt prakāśa-bhūyiṣṭhāl
lokān āpnoti karhicit
duḥkhodarkān kriyāyāsāṁs
tamaḥ-śokotkaṭān kvacit

By actions in sattva (śuklāt) he attains planets illuminated by knowledge (prakāśa-bhūyiṣṭhāt lokān āpnoti). Sometimes (karhicit) he attains planets whose final result is suffering (duḥkha udarkān), and filled with efforts for action (kriyāāyāsān). Sometimes he attains planets filled with ignorance and lamentation (tamah-śoka utkatān kvacit).

|| 4.29.29 ||

kvacit pumān kvacic ca strī kvacin nobhayam andha-dhīḥ devo manuṣyas tiryag vā yathā-karma-guṇam bhavaḥ

This foolish jīva (andha-dhīḥ) is sometimes a man and sometimes he is a woman (kvacit pumān kvacic ca strī). Sometimes he is eunuch (kvacit na ubhayam). Sometimes he is a devatā, a human or an animal (devah manuṣyah tiryag vā). His birth takes place according to the guṇas and his actions (yathā-karma-guṇaṁ bhayah).

|| 4.29.30-31 || kṣut-parīto yathā dīnaḥ sārameyo gṛham gṛham caran vindati yad-diṣṭam daṇḍam odanam eva vā

tathā kāmāśayo jīva uccāvaca-pathā bhraman upary adho vā madhye vā yāti diṣṭaṁ priyāpriyam

Just as a wretched dog (yathā dīnaḥ sārameyah), afflicted with hunger (kṣut-parītah), wandering from house to house (gṛhaṁ gṛham caran), by fate (yad-diṣṭaṁ) sometimes gets the stick (vindati daṇḍam) and sometimes gets food (odanam eva vā), the jīva, full of desires (tathā kāmāśayo jīva), wandering on high or low roads (ucca avaca-pathā bhraman), by fate attains (diṣṭaṁ yāti) enjoyable or disagreeable bodies (priya apriyam) in the higher, middle or lower planets (upary adho vā madhye vā).

But humans are not dogs. They can always perform some Vedic Prayascitta to overcome the sufferings.

| 4.29.32 ||
duḥkheṣv ekatareṇāpi
daiva-bhūtātma-hetuṣu
jīvasya na vyavacchedaḥ
syāc cet tat-tat-pratikriyā

Even if there is a remedy (vyavacchedaḥ syāt cet), there is no cessation (na tat-tat-pratikriyā) of even one of the jīva's miseries (ekatareṇa api jīvasya duḥkheṣu) caused by fate, other beings, his body and mind (daiva-bhūta-ātma-hetuṣu).

|| 4.29.33 ||
yathā hi puruṣo bhāram
śirasā gurum udvahan
taṁ skandhena sa ādhatte
tathā sarvāḥ pratikriyāḥ

All the remedies (tathā sarvāḥ pratikriyāḥ) are similar to a man (yathā hi puruṣah) who, carrying a heavy burden on his head (śirasā gurum bhāram udvahan), places it on his shoulder (tam skandhena ādhatte).

## Section II – 4.29.25-51 Narada tells about the futility of Karma-Kanda mentality and glorifies Bhakti

Verse	Story Line
25	Actually the soul is sac-cit-ananda. It need not suffer material pangs. But, because of
	identifying with mind, senses and prana he undergoes suffering like hunger and thirst
	(qualities of prana), lust and greed (qualities of mind), and heat, cold, blindness etc.
	(qualities of the senses). Thus identifying, he performs activities for sense gratification
26-27	In such a state the jiva forgets the Supreme Lord and identifies with the guṇas, and becomes
	attached to the gunas. Thus he helplessly performs actions, being pushed by the modes, and
	takes birth according to his actions.
28-29	By actions in sattva he goes to higher planets. By actions in rajas he remains in middle
	planets and by actions in tamas he goes to lower planets
29	Sometimes he gets a male body, sometimes a female body, a devata body or an animal body
	according to his gunas and actions. (This is why Puranjana became a woman in his next
	life).
30-31	Thus, by force of fate, he sometimes gets a favourable body and sometimes an unfavourable
	body, just as a wretched dog sometimes gets food and sometimes gets the stick
32-33	But humans are not dogs. They can always perform some Vedic Prayascitta to overcome
	the sufferings No. Actually, such Prayascittas do not destroy any sufferings. Such
	Prayascittas are similar to a man who, carrying a heavy burden on his head, places it on his
	shoulder.

### But why wouldn't the Prayascitta destroy the sufferings?

| 4.29.34 | naikāntataḥ pratīkāraḥ karmaṇāṁ karma kevalam dvayaṁ hy avidyopasṛtaṁ svapne svapna ivānagha

O sinless King (anagha)! There is no remedy (na ekāntataḥ pratīkāraḥ) for action by more action (karmaṇāṁ karma kevalam). Both the sinful act and the remedial measure take shelter of ignorance (dvayaṁ hy avidyā upasṛtaṁ). It is like the suffering in a dream while one sleeps (svapne svapna iva).

But, aren't happiness and distress qualities of the body? Where is the suffering for the jīva who is dissociated from the body? What is the use of trying to destroy suffering that does not exist?

|| 4.29.35 || arthe hy avidyamāne 'pi samsṛtir na nivartate manasā liṅga-rūpeṇa svapne vicarato yathā

Though suffering does not really exist (arthe hy avidyamāne api), samsāra will never cease (samsṛtir na nivartate), as long as the conception of suffering continues (implied), just as the suffering in a dream will never cease for the jīva wandering about with the covering of the mind (manasā linga-rūpeṇa svapne vicarato yathā), as long as he identifies with the dream (implied).

#### How then can one destroy this samsara?

|| 4.29.36-37 || athātmano 'rtha-bhūtasya yato 'nartha-paramparā samsṛtis tad-vyavacchedo bhaktyā paramayā gurau

vāsudeve bhagavati bhakti-yogaḥ samāhitaḥ sadhrīcīnena vairāgyaṁ jñānaṁ ca janayiṣyati

For the jīva who is actually a spiritual entity (atha ātmano artha-bhūtasya), from whose ignorance arises the unending succession of miseries (yatah anartha-paramparā) birth after birth (samsṛtih), that misery ceases (tadvyavacchedah) by pure bhakti to the guru (bhaktyā paramayā gurau). The stage of prema-bhakti (bhakti-yogaḥ) completely dedicated to Vāsudeva (vāsudeve bhagavati samāhitaḥ) produces (janayiṣyati) complete jñāna and vairāgya (sadhrīcīnena jñānam ca vairāgyam).

#### Who can attain this Prema?

| 4.29.38 | so 'cirād eva rājarṣe syād acyuta-kathāśrayaḥ śṛṇvataḥ śraddadhānasya nityadā syād adhīyataḥ

O saintly King (rāja rṣe)! One who hears (śṛṇvataḥ) and studies (adhīyataḥ) regularly (nityadā) with faith (śraddadhānasya) very soon attains (sah acirād eva syād) bhakti-yoga in the form of shelter of topics of the Lord (acyuta-kathāśrayaḥ) to attain prema (implied).

### What is an ideal atmosphere to cultivate that Prema? What happens in such an association?

|| 4.29.39-40 ||
yatra bhāgavatā rājan
sādhavo viśadāśayāḥ
bhagavad-guṇānukathanaśravaṇa-vyagra-cetasaḥ

tasmin mahan-mukharitā madhubhic-caritrapīyūṣa-śeṣa-saritaḥ paritaḥ sravanti tā ye pibanty avitṛṣo nṛpa gāḍha-karṇais tān na spṛśanty aśana-tṛḍ-bhaya-śoka-mohāḥ

Where there are devotees (yatra bhāgavatā) with pure hearts and proper conduct (sādhavo viśada āśayāḥ), who are eager to hear (śravaṇa-vyagra-cetasaḥ) discussions of the qualities of the Lord (bhagavad-guṇa-anukathana), profuse streams of nectar (pīyūṣa-śeṣa-saritaḥ) of the pastimes of the Lord (madhubhit-caritra) emanating from the mouths of the saintly devotees (mahat-mukharitā), the mahāprasāda of the devotees, flow everywhere (paritaḥ sravanti). Those who drink (ye pibanty) that nectar (tā) with firm ears (gāḍha-karṇaih), with constant thirst (avitṛṣo), O King (nṛpa), will not be touched (na spṛśanty) by hunger, thirst, fear, lamentation and illusion (aśana-tṛḍ-bhaya-śoka-mohāḥ).

Verse	Story Line
25	Actually the soul is sac-cit-ananda. It need not suffer material pangs. But, because of
	identifying with mind, senses and prana he undergoes suffering like hunger and thirst
	(qualities of prana), lust and greed (qualities of mind), and heat, cold, blindness etc.
	(qualities of the senses). Thus identifying, he performs activities for sense gratification
26-27	In such a state the jiva forgets the Supreme Lord and identifies with the guṇas, and becomes
	attached to the gunas. Thus he helplessly performs actions, being pushed by the modes, and
	takes birth according to his actions.
28-29	By actions in sattva he goes to higher planets. By actions in rajas he remains in middle
	planets and by actions in tamas he goes to lower planets
29	Sometimes he gets a male body, sometimes a female body, a devata body or an animal body
	according to his gunas and actions. (This is why Puranjana became a woman in his next
	life).
30-31	Thus, by force of fate, he sometimes gets a favourable body and sometimes an unfavourable
	body, just as a wretched dog sometimes gets food and sometimes gets the stick
32-33	But humans are not dogs. They can always perform some Vedic Prayascitta to overcome
	the sufferings No. Actually, such Prayascittas do not destroy any sufferings. Such
	Prayascittas are similar to a man who, carrying a heavy burden on his head, places it on his
	shoulder.

But why wouldn't the Prayascitta destroy the sufferings? – This is because both the sinful 34 act and the Prayascitta take shelter of ignorance, since both are caused by tamas and rajas. But, isn't happiness and distress qualities of the body? Where is the suffering for the jīva 35 who is dissociated from the body? What is the use of trying to destroy suffering that does not exist? – True. But, as long as the jiva identifies with the body, his suffering is real, just as the suffering in a dream will never cease for the jīva as long as he identifies with the dream. Therefore, the only solution to get out of suffering is to destroy samsara altogether. How then can one destroy this samsara? – This is possible only through bhakti to Guru and 36-37 Krishna. When this bhakti matures into Prema, then it gives rise to complete knowledge and renunciation which are symptoms of a person who has destroyed samsara 38 Who can attain this Prema? - One who hears and studies Krsna-Katha daily with full faith What is an ideal atmosphere to cultivate that Prema? – One should be in the association of 39-40 devotees with pure hearts and proper conduct and who are eager to hear discussions of the qualities of the Lord. What happens in such an association? - In such a place, automatically lot of Krsna-Katha discussion happens. Those who drink that nectar with firm ears and with constant thirst will not be touched by hunger, thirst, fear, lamentation and illusion (These are the qualities of those who are suffering from samsara).

| 4.29.41 || etair upadruto nityam jīva-lokaḥ svabhāvajaiḥ na karoti harer nūnam kathāmṛta-nidhau ratim

Those who (jīva-lokaḥ) are constantly disturbed (upadrutah nityaṁ) by habitual hunger, thirst, fear, lamentation and illusion (svabhāvajaiḥ etaih) can never develop attraction (na karoti nūnaṁ ratim) for the ocean of nectar of topics concerning the Lord (harer kathāmrta-nidhau).

But, don't the scriptures glorify the path of jñāna by telling that "the knower of ātmā surpasses lamentation"? What is the use of bhakti for the jñānīs?

|| 4.29.42-44 ||
prajāpati-patiḥ sākṣād
bhagavān giriśo manuḥ
dakṣādayaḥ prajādhyakṣā
naiṣṭhikāḥ sanakādayaḥ

marīcir atry-aṅgirasau pulastyaḥ pulahaḥ kratuḥ bhṛgur vasiṣṭha ity ete mad-antā brahma-vādinaḥ

adyāpi vācas-patayas tapo-vidyā-samādhibhiḥ paśyanto 'pi na paśyanti paśyantaṁ parameśvaram

Omniscient Brahmā, the father of all progenitors (bhagavān prajāpati-patiḥ sākṣād), Śiva, Manu (giriśo manuḥ), Dakṣa and the other rulers of humankind (dakṣa ādayaḥ prajā adhyakṣā), the four Kumāras (naiṣṭhikāḥ sanakādayaḥ), Marīci, Atri, Aṅgirā (marīcir atry-aṅgirasau), Pulastya, Pulaha, Kratu (pulastyaḥ pulahaḥ kratuḥ), Bhṛgu, Vasiṣṭha (bhṛgur vasiṣṭha ity ete), and I as well (madantā), though we know the Vedas (brahma-vādinaḥ) and skilful at speaking (vācas-patayah) and though even today (adyāpi) we reflect upon the Supreme Lord (paśyantah api) by austerity, knowledge and concentration (tapo-vidyā-samādhibhiḥ), cannot see the Lord (na paśyanti) who sees everything (paśyantam).

If the jnanis cannot understand the Lord, then what to speak of those involved in Karma-Kanda like you?

| 4.29.45 ||
śabda-brahmaṇi duṣpāre
caranta uru-vistare
mantra-liṅgair vyavacchinnaṁ
bhajanto na viduḥ param

Those who study the Vedas (duṣpāre śabda-brahmaṇi carantah), vast in meaning and words (uru-vistare), and who worship (bhajantah) the devatās distinguished by typical markings and mantras (mantra-lingair vyavacchinnam), do not know the Supreme Lord (na viduḥ param).

# How then can one give up the absorption to the Karma-Kanda activities?

|| 4.29.46 ||
yadā yasyānugṛhṇāti
bhagavān ātma-bhāvitaḥ
sa jahāti matim loke
vede ca pariniṣṭhitām

When the Lord (yadā bhagavān) shows mercy to the devotee (ātma-bhāvitaḥ yasya anugṛhṇāti), the devotee gives up (sah jahāti) thinking (pariniṣṭhitām matim) of karma-kāṇḍa and material affairs (loke vede ca).

# Therefore give up this Karma-Kanda which does not give any substantial results

| 4.29.47 ||
tasmāt karmasu barhiṣmann
ajñānād artha-kāśiṣu
mārtha-dṛṣṭiṁ kṛthāḥ śrotrasparśiṣv aspṛṣṭa-vastuṣu

O King Prācīnabarhiṣat (barhiṣmann)! Therefore (tasmāt), out of ignorance (ajñānād), never make your ultimate goal of life (mā artha-dṛṣṭim kṛthāḥ) prescribed karmas (karmasu), which appear to be legitimate goals (artha-kāśiṣu), which are pleasing to hear about (śrotra-sparśiṣu), but which do not produce substantial results (aspṛṣṭa-vastuṣu).

If this is the truth, then why do my priests make me do all these sacrifices?

| 4.29.48 | svam lokam na vidus te vai yatra devo janārdanaḥ āhur dhūmra-dhiyo vedam sakarmakam atad-vidaḥ

Foolish people (atad-vidaḥ) do not know the Lord's planet (svam lokam na viduh) where the Lord resides (yatra devo janārdanaḥ). Not knowing the Vedas (dhūmra-dhiyah), they speak of the Vedas (vedam āhuh) in terms of prescribed karmas alone (sakarmakam vai).

Therefore give up this Karma-Kanda and understand what is real activity and real knowledge.

| 4.29.49 ||
āstīrya darbhaiḥ prāg-agraiḥ
kārtsnyena kṣiti-maṇḍalam
stabdho bṛhad-vadhān mānī
karma nāvaiṣi yat param
tat karma hari-toṣaṁ yat
sā vidyā tan-matir yayā

Covering the whole earth (kārtsnyena āstīrya kṣiti-maṇḍalam) with kuśa grass (darbhaiḥ), with tips facing east (prāg-agraiḥ), thinking yourself a great sacrificer because of sacrificing animals (bṛhad-vadhān mānī), and misbehaving (stabdhah), you do not know the supreme activity (na avaiṣi param karma). That activity which is pleasing the Lord (yat karma haritoṣam) is the real activity (tat param karma). That knowledge by which one concentrates on the Lord is knowledge (sā vidyā yayā tad-matih).

#### But why so much emphasis on pleasing the Lord?

| 4.29.50 | harir deha-bhṛtām ātmā svayam prakṛtir īśvaraḥ tat-pāda-mūlam śaraṇam yataḥ kṣemo nṛṇām iha

The Supreme Lord is the soul of all beings (harir deha-bhṛtām ātmā). He is the mother and the father of the universe (svayam prakṛtir īśvaraḥ). His feet are the shelter of all beings (tat-pāda-mūlam śaraṇam). From those feet arise all auspiciousness (yataḥ kṣemo nṛṇām iha).

Therefore, the truly Learned Person is.....

| 4.29.51 ||
sa vai priyatamaś cātmā
yato na bhayam aṇv api
iti veda sa vai vidvān
yo vidvān sa gurur hariḥ

The Lord is most beloved (sa vai priyatamah), though the jīva is also dear (ātmā ca), because from worshipping the Lord there is not the least fear or suffering (yato na bhayam aṇv api). He who knows the two ātmās is learned (iti veda sa vai vidvān). Such a learned person should be considered your guru (yo vidvān sa guruh) and should be worshipped like the Lord (hariḥ).

Verse	Story Line
25	Actually the soul is sac-cit-ananda. It need not suffer material pangs. But, because of
	identifying with mind, senses and prana he undergoes suffering like hunger and thirst
	(qualities of prana), lust and greed (qualities of mind), and heat, cold, blindness etc.
	(qualities of the senses). Thus identifying, he performs activities for sense gratification
26-27	In such a state the jiva forgets the Supreme Lord and identifies with the guṇas, and becomes
	attached to the gunas. Thus he helplessly performs actions, being pushed by the modes, and
	takes birth according to his actions.
28-29	By actions in sattva he goes to higher planets. By actions in rajas he remains in middle
	planets and by actions in tamas he goes to lower planets
29	Sometimes he gets a male body, sometimes a female body, a devata body or an animal body
	according to his gunas and actions. (This is why Puranjana became a woman in his next
	life).
30-31	Thus, by force of fate, he sometimes gets a favourable body and sometimes an unfavourable
	body, just as a wretched dog sometimes gets food and sometimes gets the stick
32-33	But humans are not dogs. They can always perform some Vedic Prayascitta to overcome
	the sufferings No. Actually, such Prayascittas do not destroy any sufferings. Such
	Prayascittas are similar to a man who, carrying a heavy burden on his head, places it on his
	shoulder.

But why wouldn't the Prayascitta destroy the sufferings? – This is because both the sinful 34 act and the Prayascitta take shelter of ignorance, since both are caused by tamas and rajas. But, isn't happiness and distress qualities of the body? Where is the suffering for the jīva 35 who is dissociated from the body? What is the use of trying to destroy suffering that does not exist? – True. But, as long as the jiva identifies with the body, his suffering is real, just as the suffering in a dream will never cease for the jīva as long as he identifies with the dream. Therefore, the only solution to get out of suffering is to destroy samsara altogether. How then can one destroy this samsara? – This is possible only through bhakti to Guru and 36-37 Krishna. When this bhakti matures into Prema, then it gives rise to complete knowledge and renunciation which are symptoms of a person who has destroyed samsara 38 Who can attain this Prema? - One who hears and studies Krsna-Katha daily with full faith What is an ideal atmosphere to cultivate that Prema? – One should be in the association of 39-40 devotees with pure hearts and proper conduct and who are eager to hear discussions of the qualities of the Lord. What happens in such an association? - In such a place, automatically lot of Krsna-Katha discussion happens. Those who drink that nectar with firm ears and with constant thirst will not be touched by hunger, thirst, fear, lamentation and illusion (These are the qualities of those who are suffering from samsara).

	,
41	On the other hand, those who are constantly disturbed by habitual hunger, thirst, fear, lamentation and illusion can never develop attraction for the ocean of nectar of topics concerning the Lord.
42-44	But, don't the scriptures glorify the path of jñāna by telling that "the knower of ātmā surpasses lamentation"? What is the use of bhakti for the jñānīs? – Even great people like Brahma, the great sages and I only reflect upon the Supreme Lord by austerities and meditation, but cannot see and understand Him. What then to speak of the other inferior jnanis. He can be seen and understood only by bhakti.
45	If the jnanis cannot understand the Lord, then what to speak of those involved in Karma-Kanda like you?
46	How then can one give up the absorption to the Karma-Kanda activities? – This is possible only when the Lord showers His mercy upon that person. But for that, he has to be devoted to the Supreme Lord.
47	Therefore give up this Karma-Kanda which does not give any substantial results
48	Then why do my priests make me do these sacrifices? – This is because they don't know about Vaikuntha. That is why they speak only about the Karma-Kanda section of the vedas
49	Therefore give up this Karma-Kanda and knowledge concerning Karma-Kanda, and understand what is real activity and real knowledge. What is real activity and real knowledge? – Any activity that pleases the Lord is real activity. That knowledge by which one concentrates on the Lord is real knowledge.
50	But why so much emphasis on pleasing the Lord? – It is because He is the soul of all beings, the mother and father of all. His feet bestows all auspiciousness and is the shelter of all beings
51	A person who thus knows properly the constitutional position of the Lord and the jivatma is a truly

learned person, and he should be accepted as a spiritual master and worshipped like the Lord Himself.

Sensing that Pracinabarhi might decide to stay back till the Pracetas come back so that he could hand over the kingdom to them, Narada speaks another allegorical story of a deer to hasten Pracinabarhi's exit from his palace

| 4.29.52 ||
nārada uvāca
praśna evam hi sanchinno
bhavataḥ puruṣarṣabha
atra me vadato guhyam
niśāmaya suniścitam

Nārada said: O best of men (puruṣa rṣabha)! Thus your question has been answered (evaṁ bhavataḥ praśna sañchinnah). Please hear from me (atra vadato niśāmaya) a secret I have ascertained (guhyaṁ me suniścitam).

Search out that deer who, neglecting the tiger in front of him and the hunter behind him, is engrossed in eating the grass, enjoying with his mate and in enjoying the sweet singing of the bees

|| 4.29.53 ||

kṣudram caram sumanasām śaraṇe mithitvā raktam ṣaḍaṅghri-gaṇa-sāmasu lubdha-karṇam agre vṛkān asu-tṛpo 'vigaṇayya yāntam pṛṣṭhe mṛgam mṛgaya lubdhaka-bāṇa-bhinnam

Search out the deer (mṛgaṁ mṛgaya), who is grazing on grass (kṣudraṁ caraṁ), enjoying with his mate (mithitvā raktaṁ) in garden of flowers (sumanasāṁ śaraṇe), his ears attracted (lubdha-karṇaṁ) to the songs of swarms of bees (ṣaḍaṅghri-gaṇa-sāmasu), moving about (yāntaṁ) without considering (avigaṇayya) the hungry tigers (asu-tṛpo vṛkān) in front of him (agre), with a hunter behind him (pṛṣṭhe lubdhaka) ready to shoot him with his arrows (bāṇa-bhinnaṁ).

#### What???? Where will I search for such a Deer?

#### || 4.29.54 ||

sumanaḥ-sama-dharmaṇām strīṇām śaraṇa āśrame puṣpa-madhu-gandhavat kṣudratamam kāmya-karma-vipākajam kāma-sukha-lavam jaihvyaupasthyādi vicinvantam mithunī-bhūya tadabhiniveśita-manasam ṣaḍaṅghri-gaṇa-sāma-gītavad atimanohara-vanitādi-janālāpeṣv atitarām atipralobhita-karṇam agre vṛka-yūthavad ātmana āyur harato 'ho-rātrān tān kāla-lava-viśeṣān avigaṇayya gṛheṣu viharantam pṛṣṭhata eva parokṣam anupravṛtto lubdhakaḥ kṛtānto 'ntaḥ śareṇa yam iha parāvidhyati tam imam ātmānam aho rājan bhinna-hṛdayam draṣṭum arhasīti.

While you contemplate (vicinvantam) the drop of sense enjoyment (kāma-sukha-lavam) from the tongue and genital (jaihvya aupasthya ādi) arising as a result of kāmya-karmas (kāmya-karma-vipāka-jam), which is actually insignificant (kṣudratamam), like the sweet fragrance of flowers which fades away (puṣpa-madhu-gandhavat), in the āśrama or garden of women (strīṇām śaraṇa āśrame) who are beautiful like flowers (sumanaḥ-sama-dharmaṇām), with your mind absorbed in sex life (mithunī-bhūya tad-abhiniveśita-manasam) like the deer with his mate (implied), with your ears extremely greedy (atitarām atipralobhita-karṇam) for attractive gossip with women (atimanohara-vanitādi-jana ālāpeṣu), which similar to the songs of the bees (ṣaḍ-aṅghri-gaṇa-sāma-gītavad), while you play in houses (gṛheṣu viharantam) without considering each second of time (tān kāla-lava-viśeṣān avigaṇayya) or the days and the nights (aho-rātrān), which steal way your life (ātmana āyur haratah) like a pack of wolves (vṛka-yūthavad) hiding in front (agre) — death (kṛtāntah), like a unseen hunter lurking behind (parokṣam pṛṣṭhata anupravṛtto lubdhakaḥ iva), pursues you (parāvidhyati) with his arrow that pierces the heart (antaḥ śareṇa). O King (rājan)! You should understand (draṣṭum arhasi) that the deer (tam imam), pierced in the heart (bhinna-hṛdayam), is you (ātmānam).

Meditating on the actions of the deer, give up this materialistic Karma-Kanda and accept the simple cottage of the devotees

|| 4.29.55 ||

sa tvam vicakṣya mṛga-ceṣṭitam ātmano 'ntaś cittam niyaccha hṛdi karṇa-dhunīm ca citte jahy aṅganāśramam asattama-yūtha-gātham prīṇīhi haṃsa-śaraṇam virama krameṇa

Hearing and reflecting on the actions of the deer (karṇa-dhunīm vicakṣya mṛga-ceṣṭitam), fix your mind within yourself in the heart (tvam ātmano antah hṛdi cittam niyaccha), and understand the futility of the attractive results of karma (implied). Give up household life (jahy anganā-āśramam) and the topics discussed by materialists (asattama-yūtha-gātham). Accept the simple cottage of the devotees (prīṇīhi hamsa-śaraṇam). Gradually become detached (virama krameṇa).

# Section III – 4.29.52-55 Narada speaks about the story of a deer to expedite Pracinabarhi's renunciation

Verse	Story Line	
Sensir	ng that Pracinabarhi might decide to stay back till the Pracetas come back so that	
he could hand over the kingdom to them, Narada speaks another allegorical story of a		
deer to hasten Pracinabarhi's exit from his palace		
52	Narada to Pracinabarhi:	
	Thus I have answered your question. Now, you please hear a secret from me.	
53	Search out that deer who, neglecting the tiger in front of him and the hunter behind	
	him, is engrossed in eating the grass, enjoying with his mate and in enjoying the	
	sweet singing of the bees	
54	Now what does that mean? - That deer is none other than you. Your desire to	
	enjoy the senses of tongue and genitals is like the deer enjoying grass and with his	
	mate. Your desire to enjoy the sweet gossip of women is like the deer enjoying the	
	sweet singing of the bees. But the tiger of time and the hunter of death are awaiting	
	you	
55	Meditating on the actions of the deer, give up this materialistic Karma-Kanda and	
	accept the simple cottage of the devotees	

| 4.29.56 ||
rājovāca
śrutam anvīkṣitam brahman
bhagavān yad abhāṣata
naitaj jānanty upādhyāyāḥ
kim na brūyur vidur yadi

The King said: O brāhmaṇa (brahman)! I have heard and considered (śrutam anvīkṣitam) what you have spoken (bhagavān yad abhāṣata). The teachers do not know this (na etat jānanty upādhyāyāḥ). If they knew (yadi viduh), why did they not tell me (kim na brūyuh)?

| 4.29.57 ||
samśayo 'tra tu me vipra
sañchinnas tat-kṛto mahān
ṛṣayo 'pi hi muhyanti
yatra nendriya-vṛttayaḥ

O brāhmaṇa (vipra)! You have destroyed my great doubt (me samśayah sañchinnah) created by these teachers (tat-kṛto) by your teachings (mahān). Even sages who have controlled the senses (indriya-vṛttayaḥ ṛṣayah api) are bewildered (muhyanti).

| 4.29.58 ||
karmāṇy ārabhate yena
pumān iha vihāya tam
amutrānyena dehena
juṣṭāni sa yad aśnute

Giving up the body (tam vihāya) by which he performs actions (yena karmāṇy ārabhate), a person (sah pumān) then enjoys the results (juṣṭāni aśnute) in a different body (anyena dehena) on another planet after death (amutra).

|| 4.29.59 ||
iti veda-vidām vādaḥ
śrūyate tatra tatra ha
karma yat kriyate proktam
parokṣam na prakāśate

This statement is heard from the knowers of the Vedas (iti vādaḥ veda-vidām śrūyate tatra tatra ha). Also, the action prescribed in the Vedas (karma yat proktam) that is performed (kriyate) disappears with the end of the act (parokṣam), and its future result also is absent (na prakāśate).

| 4.29.60 ||
nārada uvāca
yenaivārabhate karma
tenaivāmutra tat pumān
bhunkte hy avyavadhānena
lingena manasā svayam

Nārada said: One enjoys the results (pumān bhunkte) after death (amutra) by the same body (tena eva) which performed the actions while living (yena eva ārabhate karma)--through the subtle body with the mind as the principal sense organ (lingena manasā svayam), without obstruction of the gross body (avyavadhānena).

| 4.29.61 ||
śayānam imam utsṛjya
śvasantam puruṣo yathā
karmātmany āhitam bhunkte
tādṛśenetareṇa vā

Just as a sleeping person (yathā śayānam puruṣah) gives up his identity as a waking person (imam śvasantam utsṛjya) and experiences (bhunkte) actions in the mind (karma āhitam ātmany) through impressions while dreaming (implied), so the person after death enjoys on another planet (itareṇa) with a gross body similar to the dream body (tādṛśena).

| 4.29.62 ||
mamaite manasā yad yad
asāv aham iti bruvan
gṛhṇīyāt tat pumān rāddham
karma yena punar bhavaḥ

Saying (iti bruvan) "This is mine (mama ete) or I am this person (asāv aham)," the jīva identifies with his gross body and performs action (yad yad gṛḥṇīyāt). The jīva then receives the results of that action in his subtle body (pumān gṛḥṇīyāt tat rāddham). By that action performed with a certain identity (karma yena), the jīva then takes birth with another gross body (punar bhavaḥ).

|| 4.29.63 ||
yathānumīyate cittam
ubhayair indriyehitaiḥ
evam prāg-dehajam karma
lakṣyate citta-vṛttibhiḥ

Just as one can infer the citta (yathā anumīyate cittam) by the knowledge senses and action senses (ubhayair indriya īhitaiḥ), one can infer the actions in the previous gross body (evam prāg-dehajam karma lakṣyate) by the present functioning of citta (citta-vṛttibhiḥ).

| 4.29.64 ||
nānubhūtam kva cānena
dehenādṛṣṭam aśrutam
kadācid upalabhyeta
yad rūpam yādṛg ātmani

Sometimes (kadācid) one experiences (upalabhyeta) objects (yad rūpam) in the mind (ātmani) in the present body (anena dehena) which have not been experienced (na kva ca anubhūtam), seen or heard in this life (adṛṣṭam aśrutam), with particular forms and varieties (yādṛg).

| 4.29.65 || tenāsya tādṛśaṁ rājaੈİ liṅgino deha-sambhavam śraddhatsvānanubhūto 'rtho na manaḥ spraṣṭum arhati

O King (rājan)! Please believe (śraddhatsva) that these forms (tādṛśaṁ) arise from experiences in previous bodies of the jīva (asya liṅgino deha-sambhavam). It is not possible (na arhati) for anything (arthah) to appear in the mind (manaḥ spraṣṭum) which has not been previously experienced (ananubhūtah).

| 4.29.66 ||
mana eva manuṣyasya
pūrva-rūpāṇi śaṁsati
bhaviṣyataś ca bhadraṁ te
tathaiva na bhaviṣyataḥ

Good fortune to you (bhadram te)! The mind of man (manuṣyasya manah) indicates (śamsati) his past forms (pūrva-rūpāṇi) and his future forms (bhaviṣyatah ca) and indicates as well (tathā eva) whether he will not take another birth at all (na bhaviṣyataḥ).

| 4.29.67 | adṛṣṭam aśrutaṁ cātra kvacin manasi dṛśyate yathā tathānumantavyaṁ deśa-kāla-kriyāśrayam

Sometimes one sees in the mind (kvacid manasi dṛśyate) things that are impossible to see or hear in this life (adṛṣṭam aśrutam ca atra). These things should be understood (yathā tathā anumantavyam) to be experiences dependent on a place, time and action (deśa-kāla-kriyā āśrayam).

|| 4.29.68 ||
sarve kramānurodhena
manasīndriya-gocarāḥ
āyānti bahuśo yānti
sarve samanaso janāḥ

All jīvas are endowed with subtle bodies (sarve janāḥ samanasah). All experiences of the senses (sarve indriya-gocarāḥ) come and go (āyānti bahuśo yānti) in the mind (manasi) in a particular sequence (krama anurodhena).

| 4.29.69 ||
sattvaika-niṣṭhe manasi
bhagavat-pārśva-vartini
tamaś candramasīvedam
uparajyāvabhāsate

If one's mind is situated in śuddha-sattva (manasi sattva ekaniṣṭhe), by the side of the Lord (bhagavat-pārśva-vartini), sometimes one sees (avabhāsate) the whole universe directly (idam uparajya), just as Rāḥu occasionally approaches the moon (tamah candramasi iva).

| 4.29.70 ||
nāham mameti bhāvo 'yam
puruṣe vyavadhīyate
yāvad buddhi-mano-'kṣārthaguṇa-vyūho hy anādimān

The connection with the gross body expressed through me and mine (aham mama iti bhāvah) does not cease (na vyavadhīyate) for the jīva (ayam puruṣe) as long as (yāvad) the beginningless subtle body (anādimān guṇa-vyūhah) composed of intelligence, mind, senses and sense objects (buddhi-mano-akṣa-artha) continues to exist (implied).

| 4.29.71 || supti-mūrcchopatāpeṣu prāṇāyana-vighātataḥ nehate 'ham iti jñānaṁ mṛtyu-prajvārayor api

Only because of the stoppage (vighātataḥ) of movement of the senses (prāṇa ayana) in states of sleep, fainting and deep grief (supti-mūrccha-upatāpeṣu), and in the states of death and death fever (mṛtyu-prajvārayoh api), one has no self-awareness (na īhate aham iti jñānam). (But the subtle body does not cease to exist.)

| 4.29.72 ||
garbhe bālye 'py apauṣkalyād
ekādaśa-vidhaṁ tadā
liṅgaṁ na dṛśyate yūnaḥ
kuhvāṁ candramaso yathā

Because of seats of the senses are not fully developed (apauṣkalyād), the subtle body (liṅgaṁ), evident by eleven senses (ekādaśa-vidhaṁ) which are clearly visible in a stage of youth (yūnaḥ tadā dṛśyate), is not visible (na dṛśyate) in a child within the womb or in a new-born baby (garbhe bālye apy), just as the moon is not visible during the new moon phase (kuhvāṁ candramaso yathā).

|| 4.29.73 || arthe hy avidyamāne 'pi saṃsṛtir na nivartate dhyāyato viṣayān asya svapne 'narthāgamo yathā

Just as enjoyment of objects continues in a dream (yathā svapne anartha āgamah), thought the objects are not present (arthe hy avidyamāne api), samsāra does not cease (samsṛtir na nivartate) for a person attached to sense objects (dhyāyato viṣayān asya) though the subtle body stops functioning during deep sleep (implied).

| 4.29.74 ||
evam pañca-vidham lingam
tri-vṛt ṣoḍaśa vistṛtam
eṣa cetanayā yukto
jīva ity abhidhīyate

The form (eṣah lingam) which consists of the five prāṇas (pañca-vidham) and the three guṇas (tri-vṛt), which is furnished with the sixteen transformations (ten senses, five sense objects, and mind) (ṣoḍaśa vistṛtam), and which is endowed with consciousness (cetanayā yuktah) is called the subtle body (jīva ity abhidhīyate).

| 4.29.75 ||
anena puruṣo dehān
upādatte vimuñcati
harṣaṁ śokaṁ bhayaṁ duḥkhaṁ
sukhaṁ cānena vindati

By the subtle body (anena) the jīva accepts bodies (puruṣah dehān upādatte) and gives up bodies (vimuñcati), and experiences (vindati) joy, lamentation, fear, grief and happiness (harṣam śokam bhayam duḥkham sukham ca).

|| 4.29.76-77 ||
yathā tṛṇa-jalūkeyam
nāpayāty apayāti ca
na tyajen mriyamāṇo 'pi
prāg-dehābhimatim janaḥ

yāvad anyam na vindeta vyavadhānena karmaṇām mana eva manuṣyendra bhūtānām bhava-bhāvanam

Just as a caterpillar (yathā tṛṇa-jalūkā) does not give up one leaf (iyaṁ na apayāty) while moving to the next leaf (apayāti ca), the jīva (janaḥ) does not give up (na tyajet) his previous identity (prāg-deha abhimatiṁ) even while dying (mriyamāṇah api), until he accepts another body (yāvad anyaṁ na vindeta) by firmly holding his karmas (karmaṇām vyavadhānena). O King of men (manuṣyendra)! The mind of living beings (bhūtānāṁ manah) is the cause of repeated birth (bhava-bhāvanam).

| 4.29.78 ||
yadākṣaiś caritān dhyāyan
karmāṇy ācinute 'sakṛt
sati karmaṇy avidyāyāṁ
bandhaḥ karmaṇy anātmanaḥ

When one performs actions by the senses (yadā akṣaih karmāṇy ācinute) while thinking of objects of enjoyment (asakṛt caritān dhyāyan), bondage to action of the body occurs (bandhaḥ anātmanaḥ karmaṇy), since each of those actions have the seed of ignorance (sati karmaṇy avidyāyām).

| 4.29.79 ||
atas tad apavādārtham
bhaja sarvātmanā harim
paśyams tad-ātmakam viśvam
sthity-utpatty-apyayā yataḥ

Therefore, to counteract ignorance (atas tad apavādārtham), seeing the Supreme Lord as the whole universe (paśyan tadātmakam), worship the Lord (bhaja harim) who creates maintains and destroys the universe (viśvam sthity-utpattyapyayā) with all your heart (sarvātmanā).

|| 4.29.80 || maitreya uvāca bhāgavata-mukhyo bhagavān nārado haṁsayor gatim

pradarśya hy amum āmantrya siddha-lokam tato 'gamat

Maitreya said: The chief devotee (bhāgavata-mukhyah) Nārada (bhagavān nāradah), after showing the nature of the jīva and the Lord (haṁsayoh gatim pradarśya) to the King (amum) and taking permission from the King (tato āmantrya), departed for Siddhaloka (siddha-lokaṁ agamat).

| 4.29.81 ||
prācīnabarhī rājarṣiḥ
prajā-sargābhirakṣaṇe
ādiśya putrān agamat
tapase kapilāśramam

The saintly king Prācīnabarhi (prācīnabarhī rājarṣiḥ), after ordering his sons (ādiśya putrān) to protect the citizens (prajāsarga abhirakṣaṇe), went (agamat) to Kapila's hermitage to perform austerities (tapase kapila āśramam).

|| 4.29.82 ||
tatraikāgra-manā dhīro
govinda-caraṇāmbujam
vimukta-saṅgo 'nubhajan
bhaktyā tat-sāmyatām agāt

There, by fully concentrating his mind (tatra ekāgra-manā dhīrah) while being free of material contamination (vimukta-saṅgah) and continually worshipping the lotus feet of Govinda (govinda-caraṇāmbujam anubhajan), he attained sārūpya (tat-sāmyatām agāt) by his devotion (bhaktyā).

| 4.29.83 ||
etad adhyātma-pārokṣyaṁ
gītaṁ devarṣiṇānagha
yaḥ śrāvayed yaḥ śṛṇuyāt
sa liṅgena vimucyate

O sinless Vidura (anagha)! One who hears or makes others hear (yaḥ śrāvayed yaḥ śṛṇuyāt) this allegorical story of spiritual life (etad adhyātma-pārokṣyaṁ gītaṁ) sung by Nārada (devarṣiṇā) becomes freed from the subtle body (liṅgena vimucyate).

|| 4.29.84 ||

etan mukunda-yaśasā bhuvanam punānam devarṣi-varya-mukha-niḥsṛtam ātma-śaucam yaḥ kīrtyamānam adhigacchati pārameṣṭhyam nāsmin bhave bhramati mukta-samasta-bandhaḥ

One who studies (yaḥ kīrtyamānam) this story (etad) filled with the glories of Mukunda (mukunda-yaśasā) which is purifying for the whole world (bhuvanam punānam) and purifying for the soul (ātma-śaucam), which flowed from the mouth of Nārada (devarṣi-varya-mukha-niḥsṛtam) and is continually sung by Brahmā (yaḥ pārameṣṭhyam kīrtyamānam) becomes free from all bondage (mukta-samasta-bandhaḥ) and does not wander in the material world (na asmin bhave bhramati).

|| 4.29.85 ||

adhyātma-pārokṣyam idam mayādhigatam adbhutam evam striyāśramaḥ pumsaś chinno 'mutra ca samśayaḥ

I have studied (mayā adhigatam) this astounding spiritual allegory (idam adbhutam adhyātma-pārokṣyam). By doing this (evam), I am free (chinnah) from ahaṅkāra and doubts (striyāśramaḥ samśayaḥ) concerning how one experiences karma in the next life (pumsah amutra).