



Namo Gobhyah

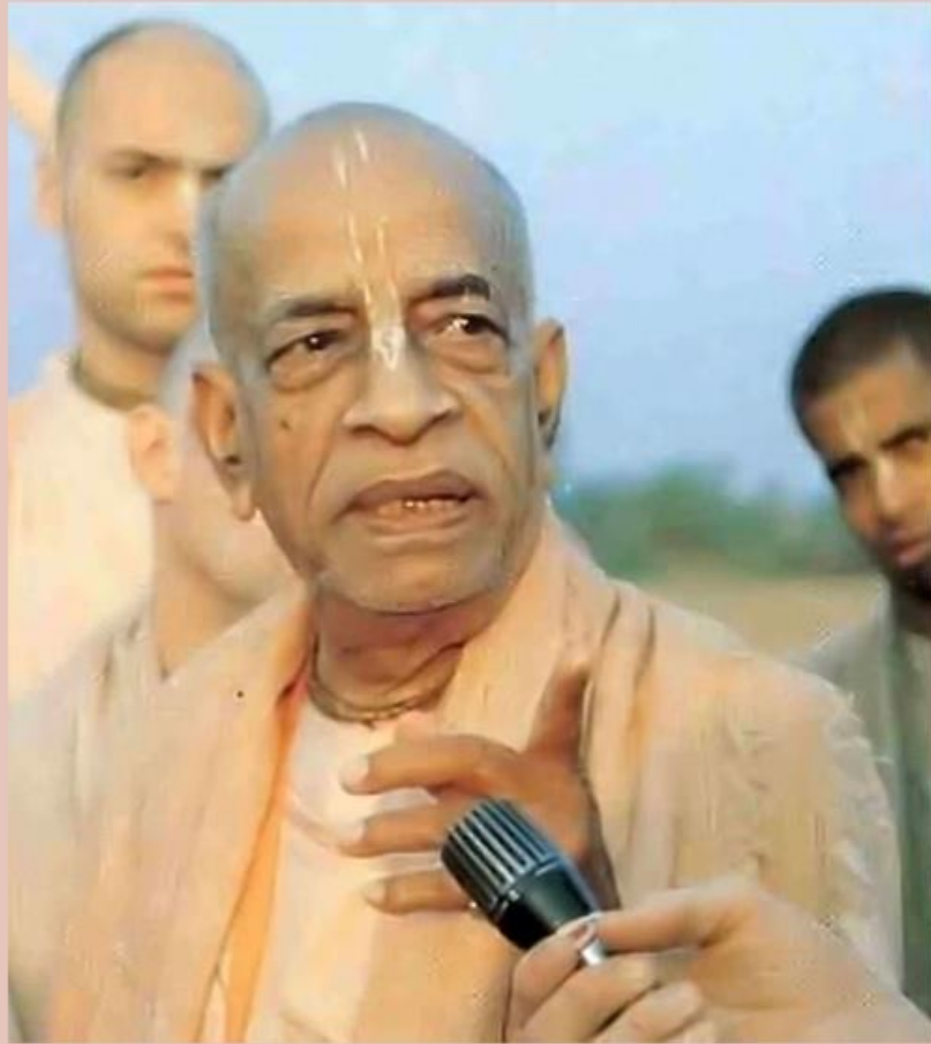


I always see the cows;
 Let the cows see me always;
 Our attention should be towards cows;
 Their attention should be towards us;
 We are for the cows and the cows are for us.

When Lord Brahma wanted to create the world, he first created the cows for the sake of the development of all beings; therefore the cows are the mothers of the whole world.



Srila Prabhupada on Cow Care



Only this cow's milk will help you. It is so nice. And it gives very nice brain, not pig's brain. So it is so important thing. Other..., why Krishna says go-raksya? He did not say that "pig-raksya." No. "Dog-raksya." No. Now they are interested in dog-raksya instead of cow-raksya. This is the civilization. They'll spend millions of dollars for dog, not for cow.

So this kind of civilization will not bring any peace and prosperity. You have to take Krishna's civilization if you want actually... That is human civilization.



Srila Prabhupada on Cow Care



By God's arrangement, anyone in any part of the world can live very peacefully if he has some land and a milk cow. There is no need for man to move from one place to another to earn a livelihood, for one can produce food grains locally and get milk from cows. That can solve all economic problems.

The house where Vedas are not chanted, where cows are not seen where children are not around it is like a graveyard -Vishnusmriti



Cow in Scriptures

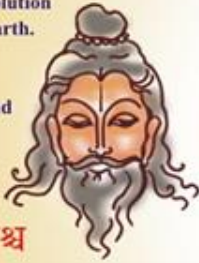
शङ्करकृत-सुरभि-धेनु स्तुतिः

सृष्टिस्थितिविनाशानां कर्त्र्ये मात्रे नमो नमः ।
 या त्वं रसमयैभविराप्याययसि भूतलम् ॥
 त्वया विश्वमिदं सर्वं बलस्तेहसमन्वितम् ।
 त्वं माता सर्वरुद्राणां वसूनां दुहिता तथा ॥
 - स्कन्दपुराणे

Praise of the Cow by Lord Shiva

O mother! I bow to you who is the mother who causes the creation, sustenance and dissolution of the world by nourishing the mother earth. You nourish the whole world with strength and friendship. You are the mother of all the Rudra-s and the daughter of all the Vasu-s.

- Skandapurana



ऋषयो गावश्च

गावः पवित्रम् परमं -व्यासः
 गावः स्वर्गस्य सोपानं -च्यवनः
 गावः प्रतिष्ठा भूतानां -वसिष्ठः
 गावः प्रदक्षिणीकार्याः -आपस्तम्बः

Sages and Cows

Cows are most sacred - Vyasa
 Cows are the ladder to heaven - Chyavana
 Cows are the best of all beings - Vasishtha
 Cows are to be circumambulated daily - Apastamba



कृष्णलीलासु गावः

यद्यङ्गनादर्शनीय कुमारलीलौ
 अन्तर्ब्रह्मं तदबलाः प्रगृहीतपुच्छैः ।
 वत्सैरितस्तत उभौ अनुकृष्यमाणौ
 प्रेक्षन्त्य उज्झितगृहा जहृषुः युवत्यः ॥
 - श्रीमद्भागवते

Cows in Krishna-Leela

The Cows in the 'Vraja' land that were most liked by Lord Krishna were held by their tails by the ladies of the land. These cows, moved here and there by their calves and proceeding towards the grazing lands were most beautiful to behold.

- Srimad Bhagavatam



रामलीलासु गावः

रामलक्ष्मणयो राजन् गोदानं कारयस्व ह ।
 सौमित्रे गोसहस्रमुपाकुरु ।

Cows in Rama-Leela

O King, arrange for the cows to be given away by Rama and Lakshmana
 O Lakshmana, take away the thousand cows



Worship Cows and Serve

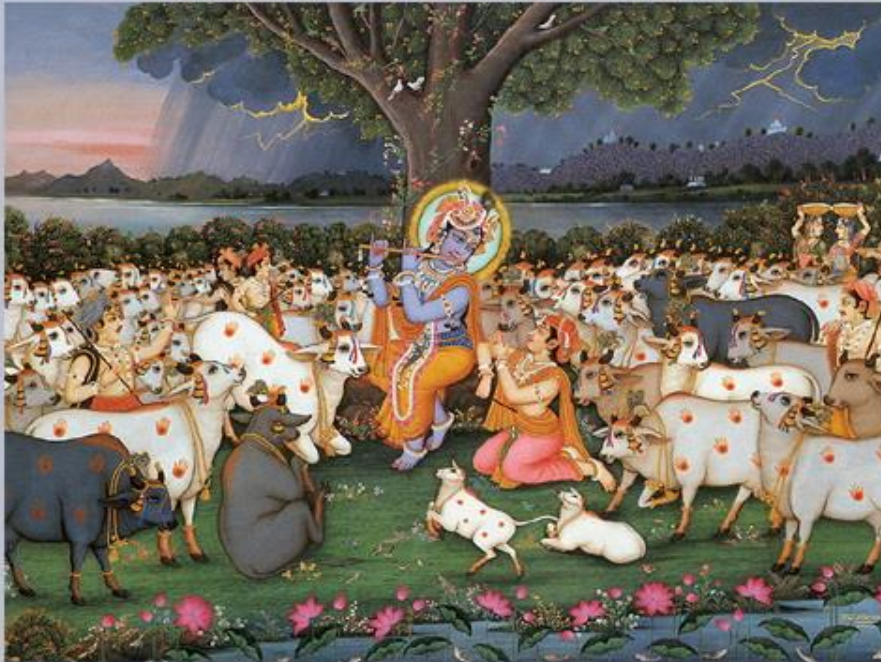


1. One should circumambulate the cow in Brahma muhurta – one will get the piety of bathing in Ganges and sins of the day will be nullified.
2. By feeding the cow – “All the desires of a person will be fulfilled just by offering a handful of grass to a cow.
3. Massaging the cow – Just by touching cows one is relieved from all sins. By whole heartedly serving cow's, one is blessed with unlimited opulences.
4. One should touch the limbs of cow as all the demigods reside in cow – The holy places live in the cow's legs. Lakshmidēvi resides in the cow's heart.
5. Performing arati for cow.

Cow urine, milk, dung, ghee, curd and gocharna are the six auspicious products - Vishnusmiti



Learn from Lord Krishna



The whole world must learn from Lord Krishna how to live happily without scarcity simply by producing food grains (annad bhavanti bhutani) and giving protection to the cows (go-raksya)

SB 9.15.25

"Do not go to bed at night without praising cows. Do not get up in the morning without remembering the cow. Offer respect to the cow daily, in the morning. By doing so, a human being achieves strength and nourishment."

70% people of India depend on agriculture. 98% of them depend on cattle based agriculture.



Gomata - Embodiment of all demigods



All the demigods live in the bodies of cows. All the holy places live in the legs of the cow's. Lakshmi Devi resides in cow's heart. A person who puts tilaka on his forehead with the mud that has touched cow's hoof at once attains the result of bathing in a holy place. He attains victory at every step. A place where cow stays is considered to be sanctified and a person who dies there certainly attains liberation.

(Brahma vaivarta purana 21.91-93)

"Chant the name of the cow daily and never insult her. If one sees a bad dream, one should immediately remember the cow." - Gavopanashid



The limbs of the Cow and associated deities according to Brahtparasarasmṛti



- ◆ Root of horn - Brahmā
- ◆ Centre of horn - Viṣṇu
- ◆ Tip of horn - Śiva
- ◆ Whole body - All holy places, all gods
- ◆ Forehead - Mother Goddess
- ◆ Centre of nose - Kārtikēya
- ◆ Ears - Kambala, Aśvatara Serpentes
- ◆ Eyes - Sun and Moon
- ◆ Teeth - The eight Vasus
- ◆ Tongue - Varuṇa
- ◆ Dung - Yamuna
- ◆ Urine - Ganges

Cow brings prosperity and strength. God blesses those who take care of cows – rig veda



Various religious texts that deals with greatness of the Cow



Brahmāṇḍa Purāṇa

Veda, Rāmāyaṇa, Mahābhārata

Bṛhat Parāśara Smṛiti

Agni Purāṇa

Skanda Purāṇa

Padma Purāṇa

Bhaviṣya Purāṇa

Viṣṇu Dharmottara Purāṇa

Sage Chyavana and the Fishermen



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- ◆ Sage Chyavana was unexpectedly caught in the net of fishermen.
- ◆ The fishermen reported this incident to King Nahusha.
- ◆ Chyavana asked Nahusha to compensate the fishermen with wealth equal to him.

Sage Cyavana's respect for cows



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*gāvaḥ svargasya sopānaṁ gāvaḥ svarge'pi pūjitāḥ |
gāvaḥ kāmadoho devyo nānyatkiñcitparam smṛtam ||*

The Cows are the stairways to heaven. They are worshiped even in heaven. They are wish-fulfilling deities. There is nothing greater than the Cow.



King Dilipa's devotion towards the celestial Cow, Nandini

The story of Dilipa is immortalized by Kalidasa in his epic, Raghuvamsa.

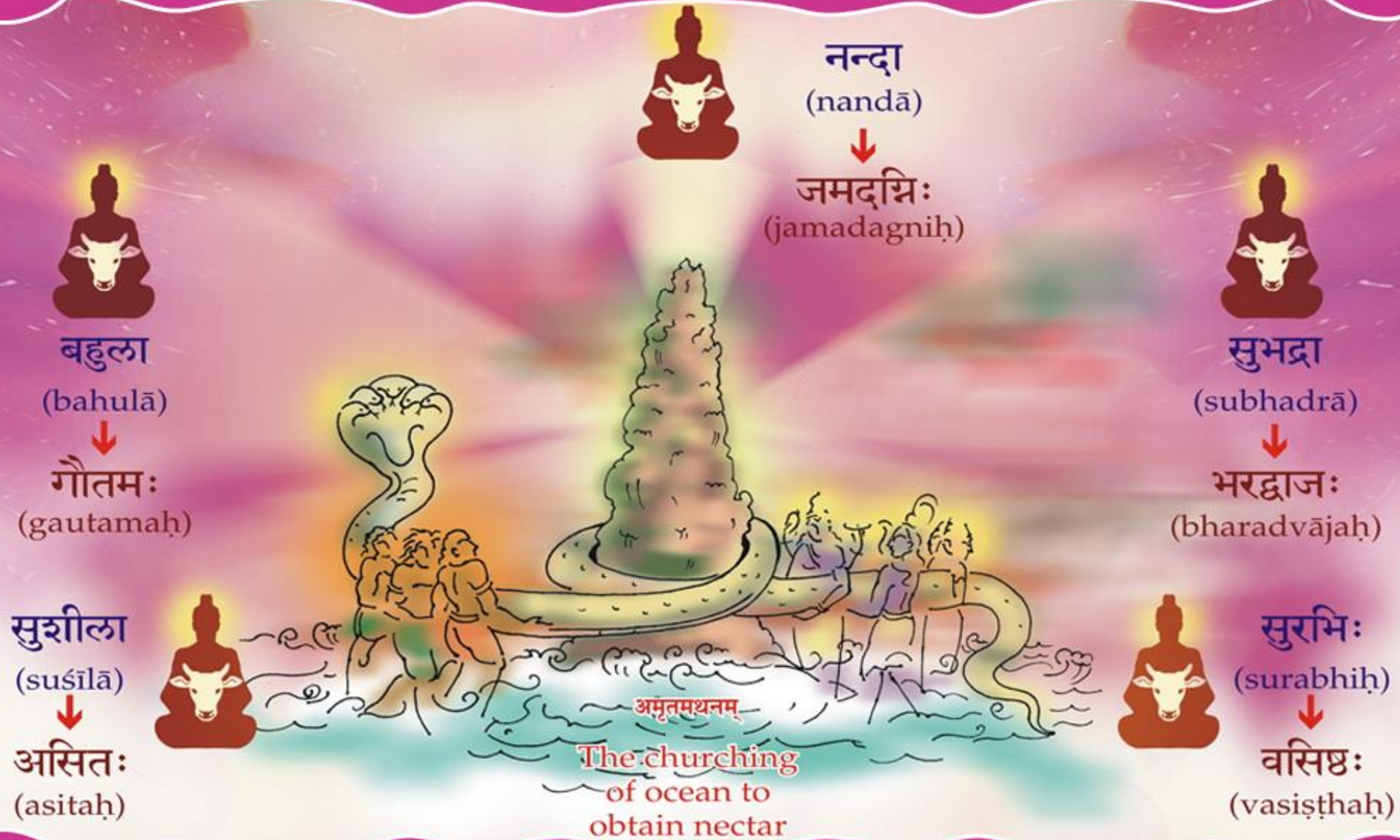
The King served the divine cow, Nandini, as per the orders of Sage Vasishtha in order to obtain progeny. The cow, in order to test the King's devotion, created an illusion of being attacked by a lion.

The King passed the test, when he offered his own body in exchange for the cow. The cow, pleased by this gesture withdrew the illusion and granted his desired boon.

This episode highlights the greatness of the cow.



**The five celestial cows and sages associated with them,
These five cows were obtained while churning the ocean to obtain nectar**





How the cow becomes 'The nourisher'





Various Qualities of the Cow

Every part of the cow oozes Sattva Guna, the quality of goodness

Both its dung and urine have excellent medicinal qualities

The cow is the manifest form of Yagna, sacrifice and the Gods associated with it

The cow protects its protectors. It has premonition of disasters

The cow's milk is filled with Sattva guna and is nutritious

The cow fulfils the wishes of its worshippers

It is a symbol of love and sacrifice





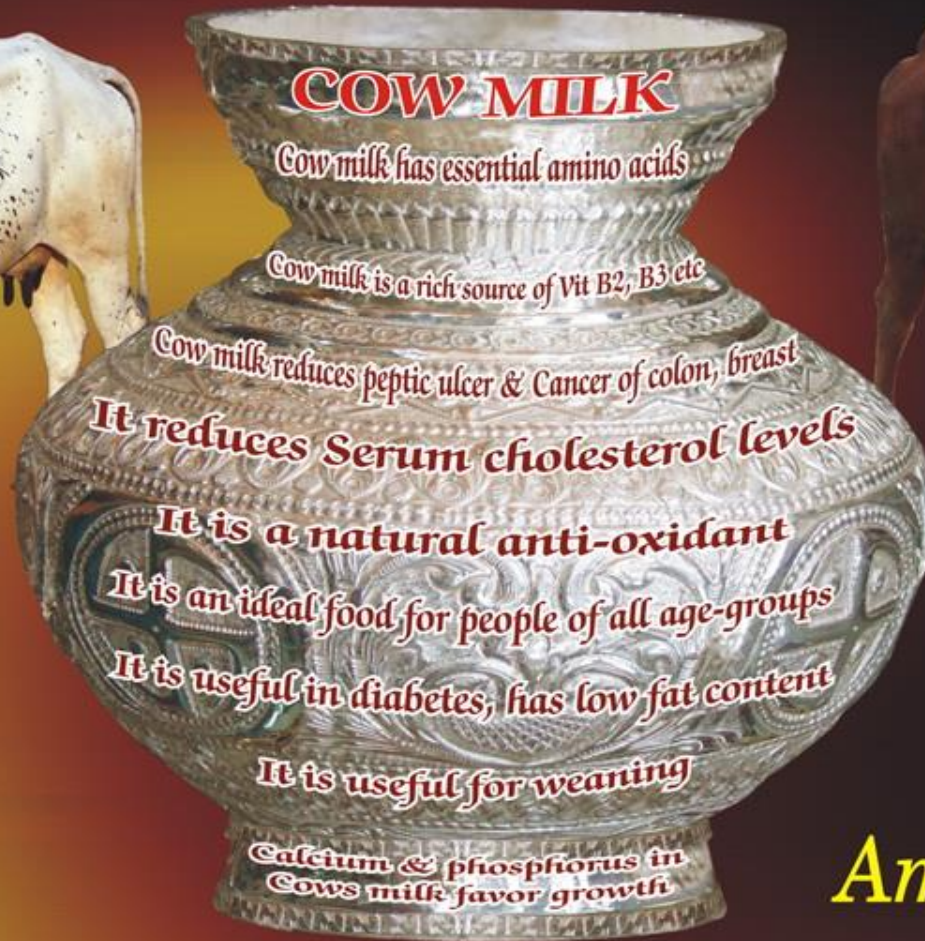
Cultural importance of cows



- * In Indian tradition the bride enters her husband's house (after marriage), for the first time, in the 'Godhuli lagna' meaning, the time when cows return home after grazing.
- * During 'Griha Pravesham' or house warming ceremony of a newly built house, the cow is made to enter the house first.
- * In India the lady of the house is supposed to worship the cow every morning .
- * At day break people feed rice, jiggery, banana etc. to the cows.
- * Cow is worshipped everywhere in India, especially in the month of kartika.
- * Only cow's milk is offered to God's.
- * Many Indians consume cow's urine, as part of Panchagavya.
- * In vedic tradition, cowdung is used to clean the floor.
- * The dried and powdered cowdung is used as sacred ash.



Why Cow's milk is compared to ambrosia



Amṛta Kalaśa



Cow's Milk - The Miracle Food

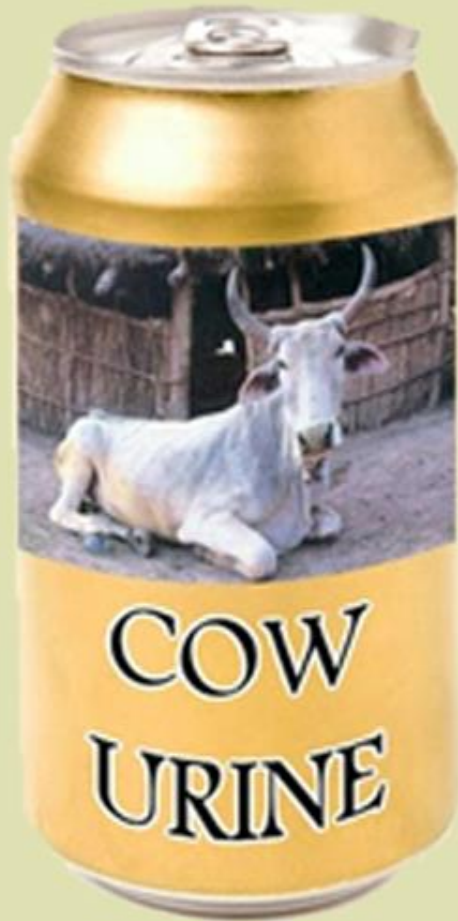
(Adapted from the World's Healthiest Foods report-2004)

- * Vitamin A A cup of cow's milk provides 12.5% of the daily value
- * Vitamin-B vitamins for Energy and Cardiovascular Protection
- * Vitamin-B1 Maintain Your Memory with Thiamin
- * Vitamin-B12 Plays a pivotal role as a methyl donor in the basic cellular process of methylation.
- * Vitamin-D Ensures Calcium's Availability
- * Vitamin-K Good Help for Bone Health
- * Calcium-A Mineral for a Lot More than Strong Bones
- * Biotin- An Energy-Boosting B-Vitamin
- * A good source of high-quality protein
- * Protects Your Heart with Potassium and
- * Magnesium Promotes Healthy Thyroid Function
- * Cancer-Protective Selenium





How Cow Urine succeeds in curing diseases

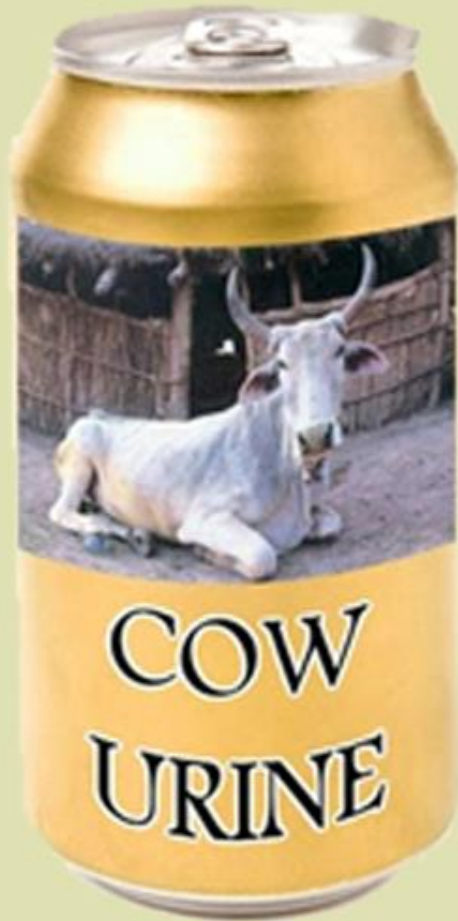


- * Cow urine being miraculous poison destroyer, destroys the disease caused by poison (Toxin).
- * Extremely dangerous chemicals are purified by cow urine.
- * Cow urine provides immunity power by increasing resistance power against diseases in human body.
- * It contributes to immunity power. It is not only non-poisonous but also destroys poison. It is anti toxin.

According to Ayurveda the cause of all diseases is the imbalance in three faults (tri-dosas) i.e. mucous, bile and air. Cow urine balances the tri-dosas, thus diseases are cured.



Cow Urine Patents



* The U.S. Patent Office (USPTO) grants thousands of patents every week, and yet, the U.S. Patent, 6410059, titled “ Pharmaceutical Compositions containing Cow urine Distillate and An Antibiotic”

* Cow urine was granted patent in China for protecting and/or repairing DNA from oxidative damages. The patent no. is 100475221.

“Sarve rogaah hi mandagnau” All diseases begin with mandagni (Low fire i.e. digestive capacity). If fire is strong, diseases won't occur. Cow urine keeps the fire strong.



The Uses of Ghee

Abhyaga (Body massage)



Soothing to the eyes



As a part of Purvakarma of Panchakarma

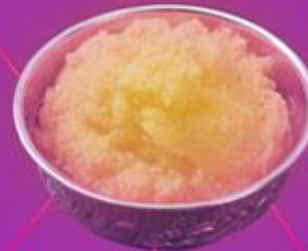


Carrier of drug to the tissues

Ghee + hot water in the morning improves bowel movement



Cooking



Source of Ojas



Prevents nose bleed if few drops are instilled

Cow ghee (clarified butter), when poured on burning cow dung cakes, produces copious amounts of oxygen and purifies the air. Studies have proven this and it has been suggested as a tool to fight air pollution.



Importance of Cow dung



Gobar gas can be used as a source of energy



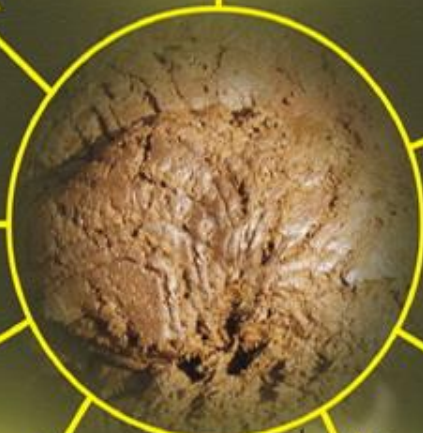
It is not a waste product but acts as a sieve to remove other wastes



Is a component of Pañcagavya



Can be used to wash utensils



Useful as manure



Destroys bad odor



Destroys bacteria and germs



Used in Yagnas, its smoke reduces pollution



Gomaye vasate Laksmi

On 4th May 1985, a news was published in India's national daily, The Hindu, in connection with Bhopal gas tragedy. The news was titled 'Vedic way to beat pollution'.

On the fateful night of December 3, 1984, poisonous MIC gas leaked from Union Carbide plant in Bhopal, India, killing thousands and sickening many more. There were, however two families, Sohan Lal Khushwaha and M. L. Rathore, who lived in the worst affected area but came out unscathed. Later enquiries revealed that both the families were regularly performing yajna or fire sacrifice with cow dung and butter. No casualties were reported from any of the families despite living in the worst hit area. Therefore cow dung is never considered to be feces but a great purifier.

In 1984, gas leak in Bhopal killed more than 20,000 people.
Those living in houses with cow dung coated walls were not affected.



Method of preparing Pancha-Gavya and its uses

Collect large amount of cow-dung



Take a cotton cloth measuring 2 square feet



Spread wet cow-dung on it



Squeeze the cloth after six hours



Collect the liquid in a steel jar



Add 100 ml curd, 100 ml milk, 100 ml cow-urine and 100 ml ghee to 100 ml of this liquid.
Heat the mixture in a deep fry pan in low flame till only ghee remains. Cool and filter.
Pancha-Gavya is ready!



Prescribed dose :

1. 10 ml in the morning along with milk or water
2. 10 ml in the evening along with milk or water

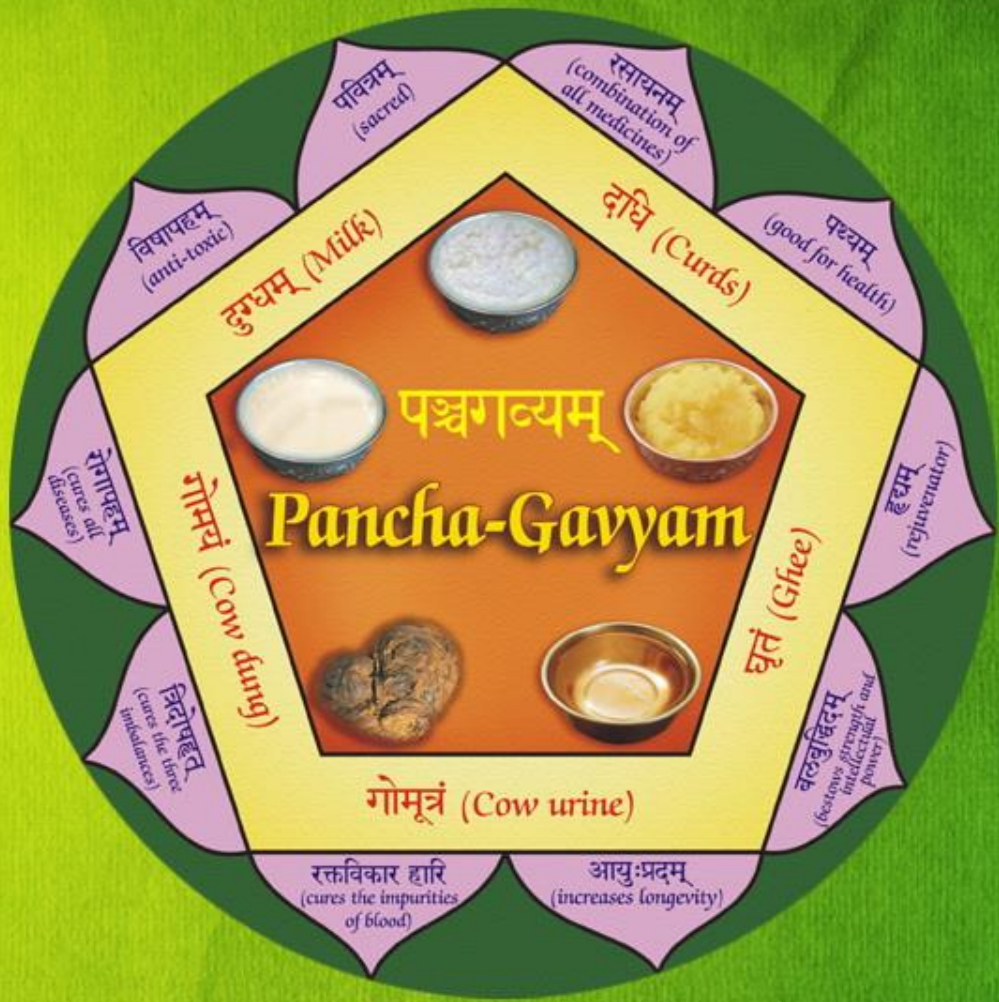
Use :

- Epilepsy
- Psychiatric Disorders
- Anemia
- Edema
- Severe Jaundice
- Viṣama-Jwara
- Mental Retardation

Panchagavya acts as a growth-promoter and immunity booster



Pancha-Gavyam and its effects



The consumption of the Pancha-Gavya (five products of cow) burns away all the sins that are in my body including the skin and bones, just as the fire burns away firewood.

Godana - Giving a Cow in charity



1. Donating a black cow, secures heaven.
2. Donating a white cow extends the family tree.
3. Donating a red cow makes one beautiful.
4. Donating a yellow cow produces wealth.
5. Donating a dark-hued cow produces progeny
6. Donating a dark-blue cow secures righteousness.
7. Donating a brown cow destroys sins.
8. Donating a variegated cow gives salvation.



Spiritual merits of cow protection



“One who donates medicines for cows will be freed from all sorts of diseases. One who protects a cow from fear shall be freed from all types of fear.”



Spending more time with cow with love and affection and utmost care, one is blessed with Yoga Siddhis. Ex: Vasista, Jamadagni



Govinda - Lord of Cow's

In Tirupati Dham, the place of Lord Govindji, who gives pleasure to the cows and to the senses is more inclined to the protection of the cows.

our prime responsibility is to protect and glorify cows.





The Goal

Protection of the Cow's leads to peace and prosperity all over the world.

Establishing cow protection will rid us of vast environmental, ecological, and sociological problems, and also help us to create a spiritual, peaceful environment for the future.



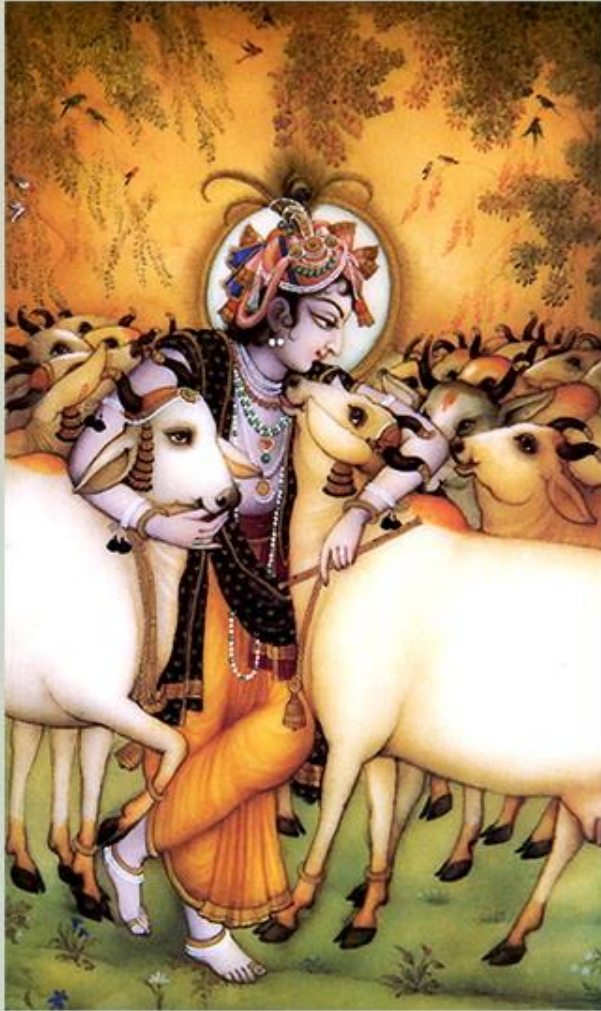
Help me



***Save me and I will save the world
with love
Signed - Gomatha***



Conclusion



Lord Krishna, the Supreme Personality of Godhead, is the prime protector of brahminical culture and the Cow. Without knowing and respecting these pleasing personalities, one cannot realize the science of God, and without this knowledge, any welfare activities or humanitarian propaganda cannot be successful.